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Pharmacological, psychological and non-invasive brain stimulation interventions for preventing depression after stroke

Allida, Sabine, Cox, Katherine Laura, Hsieh, Cheng-Fang, House, Allan and Hackett, Maree

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Pharmacological, psychological and non-invasive brain stimulation interventions for preventing depression after stroke (Review)

Allida S, Cox KL, Hsieh CF, House A, Hackett ML

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Pharmacological, psychological and non-invasive brain stimulation interventions for preventing depression after stroke (Review)

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[Intervention Review]

Pharmacological, psychological and non-invasive brain stimulation interventions for preventing depression after stroke

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ABSTRACT

Background

Depression is an important consequence of stroke that influences recovery yet often is not detected, or is inadequately treated. This is an update and expansion of a Cochrane Review first published in 2004 and previously updated in 2008.

Objectives

The primary objective is to test the hypothesis that pharmacological, psychological therapy, non-invasive brain stimulation, or combinations of these interventions reduce the incidence of diagnosable depression after stroke. Secondary objectives are to test the hypothesis that pharmacological, psychological therapy, non-invasive brain stimulation or combinations of these interventions reduce levels of depressive symptoms and dependency, and improve physical functioning after stroke. We also aim to determine the safety of, and adherence to, the interventions.

Search methods

We searched the Specialised Register of Cochrane Stroke and the Cochrane Depression Anxiety and Neurosis (last searched August 2018). In addition, we searched the following databases; Cochrane Central Register of Controlled Trials, CENTRAL (the Cochrane Library, 2018, Issue 8), MEDLINE (1966 to August 2018), Embase (1980 to August 2018), PsycINFO (1967 to August 2018), CINAHL (1982 to August 2018) and three Web of Science indexes (2002 to August 2018). We also searched reference lists, clinical trial registers (World Health Organization International Clinical Trials Registry Platform (WHO ICTRP); to August 2018 and ClinicalTrials.gov; to August 2018), conference proceedings; we also contacted study authors.

Selection criteria

Randomised controlled trials (RCTs) comparing: 1) pharmacological interventions with placebo; 2) one of various forms of psychological therapy with usual care and/or attention control; 3) one of various forms of non-invasive brain stimulation with sham stimulation or usual care; 4) a pharmacological intervention and one of various forms of psychological therapy with a pharmacological intervention and usual care and/or attention control; 5) non-invasive brain stimulation and pharmacological intervention with a pharmacological intervention and sham stimulation or usual care; 6) pharmacological intervention and one of various forms of psychological therapy with placebo and psychological therapy; 7) pharmacological intervention and non-invasive brain stimulation with placebo plus non-invasive brain

stimulation; 8) non-invasive brain stimulation and one of various forms of psychological therapy versus non-invasive brain stimulation plus usual care and/or attention control; and 9) non-invasive brain stimulation and one of various forms of psychological therapy versus sham brain stimulation or usual care plus psychological therapy, with the intention of preventing depression after stroke.

Data collection and analysis

Review authors independently selected studies, assessed risk of bias, and extracted data from all included studies. We calculated mean difference (MD) or standardised mean difference (SMD) for continuous data and risk ratio (RR) for dichotomous data with 95% confidence intervals (CIs). We assessed heterogeneity using the I^2 statistic and assessed the certainty of evidence using GRADE.

Main results

We included 19 RCTs (21 interventions), with 1771 participants in the review. Data were available for 12 pharmacological trials (14 interventions) and seven psychological trials. There were no trials of non-invasive brain stimulation compared with sham stimulation or usual care, a combination of pharmacological intervention and one of various forms of psychological therapy with placebo and psychological therapy, or a combination of non-invasive brain stimulation and a pharmacological intervention with a pharmacological intervention and sham stimulation or usual care to prevent depression after stroke. Treatment effects were observed on the primary outcome of meeting the study criteria for depression at the end of treatment: there is very low-certainty evidence from eight trials (nine interventions) that pharmacological interventions decrease the number of people meeting the study criteria for depression (RR 0.50, 95% CI 0.37 to 0.68; 734 participants) compared to placebo. There is very low-certainty evidence from two trials that psychological interventions reduce the proportion of people meeting the study criteria for depression (RR 0.68, 95% CI 0.49 to 0.94, 607 participants) compared to usual care and/or attention control.

Eight trials (nine interventions) found no difference in death and other adverse events between pharmacological intervention and placebo groups (RR 1.25, 95% CI 0.32 to 4.91; 496 participants) based on very low-certainty evidence. Five trials found no difference in psychological intervention and usual care and/or attention control groups for death and other adverse events (RR 1.18, 95% CI 0.73 to 1.91; 975 participants) based on very low-certainty evidence.

Authors' conclusions

The available evidence suggests that pharmacological interventions and psychological therapy may prevent depression and improve mood after stroke. However, there is very low certainty in these conclusions because of the very low-certainty evidence. More trials are required before reliable recommendations can be made about the routine use of such treatments after stroke.

PLAIN LANGUAGE SUMMARY

Interventions for preventing depression after stroke

Review question

Do pharmacological, psychological, non-invasive brain stimulation or a combination of these interventions prevent depression and improve outcomes after stroke?

Background

The role of interventions for preventing depression after stroke is unclear. Depression is a common and important complication of stroke that is often missed or poorly managed. Little is known about whether prevention strategies started early after stroke will reduce the risk of depression and improve recovery for those not depressed at assessment.

Search date

We identified trials using searches conducted on 13 August 2018.

Study characteristics

We included trials which reported on the use of pharmacological and psychological interventions to prevent depression after stroke. Average age of participants ranged from 55 to 73 years. Trials were from Asia (3), Europe (8), North America (5), and Australia (3).

Key results

We included 19 trials (12 pharmacological and seven psychological) involving 1771 participants. Outcome information was available for nine pharmacological and two psychological trials, which suggested that these treatments might reduce the risk of developing depression. A smaller number of studies (eight pharmacological and five psychological studies) found no increase in death or adverse events.

Certainty of evidence

We rated the certainty of evidence as very low due to limitations in study design.

Conclusion

Our ability to generalise these findings to all stroke survivors is limited due to the small proportion of survivors who were eligible to participate in these clinical trials. More well-designed clinical trials are needed that test practical interventions for preventing depression across all stroke survivors.

SUMMARY OF FINDINGS

Summary of findings 1. Pharmacological interventions (antidepressants) compared to placebo for preventing depression after stroke

Pharmacological interventions (antidepressants) compared to placebo for preventing depression after stroke

Patient or population: people with stroke

Setting: hospital and community

Intervention: pharmacological interventions (antidepressants)

Comparison: placebo

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	No of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with placebo	Risk with pharmacological interventions (antidepressants)				
Depression: meeting study criteria for depression at end treatment (Analysis 1.1)	Study population 250 per 1000	125 per 1000 (92.5 to 170)	RR 0.50 (0.37 to 0.68)	734 (9 RCTs)	⊕⊕⊕⊕ Very low ^{a,b}	
Scoring above cut-off points for a depressive disorder at end of treatment (Analysis 1.2)	-	-	-	(0 RCTs)	-	No data available.
Depression: mean scores at end of treatment (Analysis 1.4)		MD 0.59 higher (1.46 lower to 2.63 higher)	-	100 (4 RCTs)	⊕⊕⊕⊕ Very low ^{a,c}	HDRS (high score = more depressed)
Cognition: mean scores at end of treatment (Analysis 1.6)		MD 0.42 lower (2.60 lower to 1.76 higher)	-	48 (2 RCTs)	⊕⊕⊕⊕ Very low ^{a,c}	MMSE (low score = cognitive impairment)
Activities of daily living: mean scores at end of treatment (Analysis 1.8)		MD 3.86 lower (9.48 lower to 1.77 higher)	-	116 (3 RCTs)	⊕⊕⊕⊕ Very low ^{a,c}	Barthel Index (high score = more dependent)
Disability: mean scores at end of treatment (Analysis 1.10)		-	-	204 (4 studies)	-	No totals. Hemispheric Stroke Scale Total Score (high score = more neurological deficit)

Johns Hopkins Functioning Inventory (high score = less function)

Adverse events: death - at end of treatment Analysis 1.12	Study population		RR 1.25 (0.32 to 4.91)	496 (9 RCTs)	⊕⊕⊕⊕ Very low ^{a,c}
	0 per 1000	0 per 1000 (0 to 0)			

***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: confidence interval; **HDRS:** Hamilton Depression Rating Scale; **MMSE:** Mini Mental State Examination; **MD:** mean difference; **RCT:** randomised controlled trial; **RR:** risk ratio

GRADE Working Group grades of evidence

High certainty: we are very confident that the true effect lies close to that of the estimate of the effect.

Moderate certainty: we are moderately confident in the effect estimate; the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

Low certainty: our confidence in the effect estimate is limited; the true effect may be substantially different from the estimate of the effect.

Very low certainty: we have very little confidence in the effect estimate; the true effect is likely to be substantially different from the estimate of effect.

^aWe downgraded the certainty of evidence as the studies were rated as unclear or high risk in multiple risk of bias domains.

^bWe downgraded the certainty of evidence because the confidence intervals were wide.

^cWe downgraded the certainty of evidence because the confidence intervals were very wide.

Summary of findings 2. Psychological therapy compared to usual care and/or attention control for preventing depression after stroke

Psychological therapy compared to usual care and/or attention control for preventing depression after stroke

Patient or population: people with stroke

Setting: hospital and community

Intervention: psychological therapy

Comparison: usual care and/or attention control

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	No of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with usual care and/or attention control	Risk with psychological therapy				
Depression: meeting study criteria for depression at end of treatment (Analysis 2.1)	Study population		RR 0.68 (0.49 to 0.94)	607 (2 RCTs)	⊕⊕⊕⊕ Very low ^{a,b}	
	296 per 1000	201 per 1000				

	(145 to 278)				
Scoring above cut-off points for a depressive disorder at end of treatment (Analysis 2.2)	-	-	(0 RCTs)	-	No data available
Depression: mean scores at end of treatment (Analysis 2.3)	-	-	132 (2 studies)	-	No totals HDRS (high score = more depressed) MADRS (high score = more depressed)
Psychological distress: mean scores at end of treatment (Analysis 2.6)	-	-	450 (1 RCT)		No totals GHQ-28 (high score = greater psychological distress)
General Health: mean scores at end of treatment (Analysis 2.8)	MD 4.60 higher (21.25 lower to 30.45 higher)	-	240 (1 study)	-	No totals Nottingham Health Profile (high score = better health)
Social activities: mean scores at end of treatment (Analysis 2.10)	MD 0.39 lower (3.81 lower to 3.03 higher)	-	690 (2 RCTs)	⊕⊕⊕⊕ Very low ^{a,c,d}	Frenchay Activities Index (high score = better level of activity)
Activities of daily living: mean scores at end of treatment (Analysis 2.12)	-	-	879 (4 studies)	-	No totals Barthel Index (high score = more dependent) Nottingham Extended Activities of daily living (high score = more independent)
Adverse events: death - at end of treatment (Analysis 2.16)	Study population		RR 1.18 (0.73 to 1.91)	975 (5 RCTs)	⊕⊕⊕⊕ Very low ^{a,c}
	42 per 1000	49 per 1000 (30 to 79)			

***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: confidence interval; **GHQ-28:** 28-item General Health Questionnaire; **HDRS:** Hamilton Depression Rating Scale; **MADRS:** Montgomery Aserg Depression Rating Scale; **MD:** mean difference; **RCT:** randomised controlled trial; **RR:** risk ratio

GRADE Working Group grades of evidence

High certainty: we are very confident that the true effect lies close to that of the estimate of the effect.

Moderate certainty: we are moderately confident in the effect estimate; the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

Low certainty: our confidence in the effect estimate is limited; the true effect may be substantially different from the estimate of the effect.

Very low certainty: we have very little confidence in the effect estimate; the true effect is likely to be substantially different from the estimate of effect.

^aWe downgraded the certainty of evidence as the studies were rated high risk in multiple risk of bias domains.

^bWe downgraded the certainty of evidence because the confidence intervals were wide.

^cWe downgraded the certainty of evidence because the confidence intervals were very wide.

^dWe downgraded the certainty of evidence because of substantial heterogeneity observed ($I = 80\%$).

BACKGROUND

Description of the condition

Depressive and anxiety disorders are important sequelae of stroke, occurring in up to half of people in the first year after onset, although estimates differ between studies due to varying definitions, populations, exclusion criteria, and the timing of assessments (Ayerbe 2013; Hackett 2014). Although there is much controversy surrounding stroke-associated depression as a specific type of depressive syndrome, the condition may impede rehabilitation (Parikh 1990; Sinyor 1986), by impairing physical and cognitive function (Robinson 1986), and contributing to stress on carers (Anderson 1995). Furthermore, depression following stroke may also be associated with an increased risk of death (House 2001; Morris 1993), including death by suicide (Stenager 1998). Depressive illness among older people, in general, is associated with greater morbidity and dependency, higher use of drugs and alcohol, increased use of healthcare resources, and poor compliance with treatment of co-morbid conditions (Katona 1995).

Description of the intervention

We considered three broad interventions in this review.

- Pharmacological interventions designed to prevent depression: there are several classes of relevant pharmacological agents including selective serotonin reuptake inhibitors (SSRIs) (e.g. le fluvoxamine, fluoxetine, sertraline, citalopram, and paroxetine), serotonin-norepinephrine reuptake inhibitors (SNRIs) (e.g. venlafaxine, milnacipran, sibutramine), monoamine oxidase inhibitors (MAOIs) (e.g. moclobemide), tricyclic antidepressants (TCAs) (e.g. nortriptyline, imipramine, and clomipramine), and other antidepressant medications including psychostimulants (e.g. methylphenidate), mood stabilisers (e.g. lithium), or benzodiazepines.
- One of various forms of psychological intervention (talking therapy) designed to prevent depression: as there are many potential therapies we included any psychological intervention that involved direct person-professional interaction. The content of the interaction could vary from counselling to specific psychotherapy provided it was directed at helping people develop their social problem-solving skills and adjustment to the emotional impact of stroke. All interventions had to have a psychological component - talking, listening, support, advice; be based on a theory of talking therapy; be structured and time-tabled as a talking therapy; and be delivered by somebody with some explicitly stated training and supervision in therapies. The person-professional interaction could take place in person, via telephone or other media. We did not include web-based interventions even if mediated by a health professional. We did not include interventions based upon self-management or supported self-management.
- Non-invasive brain stimulation designed to prevent depression: electroconvulsive therapy (ECT) involves the brief passage of an electrical current through the brain via electrodes applied to the scalp to induce a generalised seizure (i.e. a fit or convulsion). The seizure comprises two components: a central element, the ictus involving depolarisation (i.e. discharge of neurotransmitter chemicals) of brain cells, and a peripheral element of convulsive, jerking movements of the body, although this is now modified due to use of a short-acting anaesthetic and muscle relaxant, as part of what is called modified ECT. Modified ECT replaced

the initial crude equipment and techniques of unmodified ECT from the mid-1950s. The seizure is detected by electrodes placed on the scalp to monitor brain electrical activity (i.e. EEG). The ECT electrodes can be placed on both sides of the head (bilateral placement), or on one side, usually the right side of the head (unilateral placement). The passage of an electrical current through the skull to the brain is necessary to trigger a seizure. In this update, we expanded the review to include other non-invasive brain stimulation techniques such as 1) transcranial magnetic stimulation or repetitive transcranial magnetic stimulation (TMS or rTMS, where a magnetic 'coil' is placed near the head of the person receiving the treatment without making physical contact); 2) transcranial direct current stimulation (tDCS, where a constant, low current is delivered directly to the brain area of interest via small electrodes); 3) cranial electrotherapy stimulation (CES, where a small, pulsed electric current is applied across a person's head), and 4) magnetic seizure therapy (MST), a type of convulsive therapy that involves replacing the electrical stimulation used in ECT with a rapidly alternating strong magnetic stimulation.

We further considered these combinations of the three broad interventions.

- Pharmacological intervention and one of various forms of psychological therapy with a pharmacological intervention and usual care and/or attention control.
- Pharmacological intervention and one of various forms of psychological therapy with placebo and psychological therapy.
- Pharmacological intervention and non-invasive brain stimulation with a pharmacological intervention and sham stimulation or usual care.
- Pharmacological intervention and non-invasive brain stimulation with placebo plus non-invasive brain stimulation.
- Non-invasive brain stimulation and one of various forms of psychological therapy versus non-invasive brain stimulation plus usual care and/or attention control.
- Non-invasive brain stimulation and one of various forms of psychological therapy versus sham brain stimulation or usual care plus psychological therapy.

How the intervention might work

Pharmacological interventions are thought to alter the synaptic transmission process in the brain to increase neurotransmission, for example serotonin reuptake SSRIs are intended to block the transport of serotonin, SNRIs are designed to increase the levels of serotonin and norepinephrine, and TCAs are designed to block the reuptake of norepinephrine.

Psychological interventions focus on changing thought, emotional, behavioural, and relationship patterns. During psychological interventions, trained therapists work with individuals to help them see patterns in their thoughts, emotions, behaviours, or relationships that may be problematic. The therapist's role is to help a person understand the patterns and assist them in developing ways to overcome them.

During modified ECT a small amount of electric current is passed briefly across the brain to cause an artificial epileptic fit that affects the entire brain. Repeated ECT is believed to alter chemical pathways in the brain that are responsible for depression. The

exact mechanism of action of TMS, rTMS, tDCS, and CES remains unclear. They are thought to induce intracerebral current flow, increase or decrease neuronal excitability and/or activate nerve cells in the specific area being stimulated. MST involves replacing the electrical stimulation used in ECT with a magnetic stimulus, which is purported to produce similar clinical effects but without the cognitive side effects.

Why it is important to do this review

Although depression may influence recovery and outcome following stroke, many, perhaps most, people do not receive effective treatment because their mood disorder is undiagnosed or inadequately treated (Ebrahim 1987; Hackett 2005a; House 1989). This is due in part to the problems with the diagnosis of a significant mood state among older people with disability. Even in otherwise healthy individuals, the assessment of abnormal mood is fraught with difficulty. Information from the general population suggests that, despite the severity and possible complications, only half of those with depression will seek professional help (WHO 2000). This may be due to the stigma associated with a diagnosis, people not realising they are unwell, or feeling their condition is beyond help, a natural part of ageing or a consequence of stroke. Given the problems inherent with diagnosis, that people are at high risk of developing depression after stroke, and the uncertainty about the balance of benefit and risks of treatment, there is interest in therapies commenced early after the onset of stroke that prevent abnormal mood and improve outcome. We undertook a systematic review of all randomised controlled trials (RCTs), both published and unpublished, of pharmacological agents, psychological interventions, non-invasive brain stimulation, or their combination for the prevention of depression associated with stroke. This is an update of a Cochrane Review first published in 2004 (Anderson 2004), and last updated in 2008 (Hackett 2008).

OBJECTIVES

Primary objective

- To determine whether pharmacological therapy, psychological therapy, non-invasive brain stimulation or combinations of these interventions prevent the incidence of diagnosable depression after stroke.

Secondary objectives

- To determine whether pharmacological therapy, psychological therapy, non-invasive brain stimulation or combinations of these interventions reduce levels of depressive symptoms, improve physical and neurological function and health-related quality of life, and reduce dependency after stroke.
- To assess the safety of, and adherence to such treatments.

METHODS

Criteria for considering studies for this review

Types of studies

We restricted the review to all relevant randomised controlled trials (RCTs). There was no restriction on eligibility of RCTs on the basis of language, sample size, duration of follow-up, or publication status. Trials that met all the inclusion criteria, but in which no outcome data were available (either from the report of the trial or from the authors), could not contribute meaningfully to a pooled

estimate of effect. These trials were regarded as 'dropouts' rather than ineligible and we have listed them in an additional table to indicate that they have not been overlooked (Table 1).

Types of participants

We included all participants with a confirmed history of stroke where there was an explicit intention to provide an intervention to prevent depression associated with stroke. Stroke was defined according to clinical criteria. The criteria included cerebral infarction, intracerebral haemorrhage, and uncertain pathological subtypes, but excluded studies of subarachnoid haemorrhage (SAH) only, which has a different natural history and management strategy to other stroke subtypes. We included studies with small numbers of participants with SAH. We excluded trials that included mixed populations (such as stroke and head injury or other central nervous system disorders) unless separate results for participants with stroke were identified. We excluded participants with a diagnosed depressive disorder or a mood score above the standard cut-off score for depressive disorder at baseline, but included them in a review of pharmacological, psychological and non-invasive brain stimulation interventions for treating depression after stroke (Allida 2020). We excluded participants if they were treated primarily for a stroke-associated pain syndrome or other physical disorder, even if depression was measured as a secondary outcome.

Types of interventions

We included the following interventions.

- Comparison between a pharmacological intervention and placebo for the prevention of depression after stroke. Specific pharmacological agents included tricyclic antidepressants (e.g. nortriptyline, imipramine, and clomipramine), selective serotonin reuptake inhibitors (SSRIs) (e.g. fluvoxamine, fluoxetine, sertraline, and paroxetine), monoamine oxidase inhibitors (MAOIs) (e.g. moclobemide), and other antidepressant medications. We included psychostimulants (e.g. methylphenidate), mood stabilisers (e.g. lithium), benzodiazepines, and combined preparations, but analysed these separately.
- Comparison between psychological therapy and usual care (or attention control) for the prevention of depression after stroke. We included any psychological therapy that involved direct person-professional interaction. The content of the interaction could vary from counselling to specific psychological therapy, provided it was directed at helping people develop their social problem-solving skills and adjustment to the emotional impact of stroke. All interventions had to have a psychological component, such as talking, listening, support, advice; be based on a theory of talking therapy; be structured and time-tabled as a talking therapy; and be delivered by somebody with some explicitly stated training and supervision in therapies.
- Comparison between non-invasive brain stimulation and sham stimulation or usual care for the prevention of depression associated with stroke. We found no trials of non-invasive brain stimulation interventions. Any future trials will be included but analysed separately.

Alternatively, we included their combinations.

- Pharmacological intervention and one of various forms of psychological therapy versus pharmacological intervention plus usual care and/or attention control.
- Pharmacological intervention and one of various forms of psychological therapy versus placebo plus psychological therapy.
- Pharmacological intervention and non-invasive brain stimulation versus pharmacological intervention plus sham stimulation or usual care.
- Pharmacological intervention and non-invasive brain stimulation versus placebo plus non-invasive brain stimulation.
- Non-invasive brain stimulation and one of various forms of psychological therapy versus non-invasive brain stimulation plus usual care and/or attention control.
- Non-invasive brain stimulation and one of various forms of psychological therapy versus sham brain stimulation or usual care plus psychological therapy.

Exclusions included the following.

- Interventions with an agent or therapy that was being primarily evaluated for other reasons (for example, to improve physical function, provide neuroprotection, or to facilitate neuro-regeneration) with a mood endpoint.
- Interventions with the sole purpose of educating or providing information.
- Occupational therapy (including leisure therapy and other rehabilitation services).
- Acupuncture or electro-acupuncture.
- Herbal medicines.
- Interventions which involved visits from stroke support workers, unless there was a clearly defined psychological component.

Attention control in psychological therapy trials can include non-specific interventions such as relaxation classes, or follow-up with a clinician who has no psychological training.

Types of outcome measures

Primary outcomes

The primary analyses focus on the proportion of people who met the diagnostic categories of depression that were applied by the authors of the trial, at the end of the treatment period. These included:

- meeting the criteria for depression, dysthymia or minor depression as defined by the American Psychiatric Association Diagnostic and Statistical Manual of Mental Disorders (DSM-III-R, DSM-IV, DSM V; [APA 1987](#); [APA 1994](#); [APA 2013](#)) or similar standard diagnostic criteria;
- scoring above cut-off points for a depressive disorder, as defined by symptom scores on standard mood rating scales.

Secondary outcomes

The secondary outcomes were:

- depression score, as measured on scales such as the Hamilton Depression Rating Scale (HDRS, [Hamilton 1960](#)), Montgomery Åsberg Depression Rating Scale (MADRS, [Montgomery 1979](#)), Geriatric Depression Scale (GDS, [Gompertz 1993](#)), Beck Depression Inventory (BDI, [Beck 1961](#)), and Hospital Anxiety and

Depression Scale (HADS Depression sub-scale, [Zigmond 1983](#)) at the end of treatment/follow-up;

- psychological distress, as measured on composite scales such as the General Health Questionnaire (GHQ, [Goldberg 1972](#));
- general health, as measured on composite scales such as the Nottingham Health Profile (NHP, [Hunt 1986](#));
- cognition, as measured on scales such as the Mini-Mental State Examination (MMSE, [Folstein 1975](#));
- social activities, as measured on scales such as the Frenchay Activities Index (FAI, [Wade 1985](#));
- activities of daily living, as measured on scales such as the Barthel Index (BI, [Mahoney 1965](#));
- disability, as measured on scales such as the Hemispheric Stroke Scale (HSS, [Adams 1990](#));
- disadvantages of treatment, recorded as adverse events; grouped by death, all, and leaving the study early (including death).

We examined the reason for participants withdrawing from the studies as a marker of acceptance.

We have identified additional outcomes, where measured, for use in further reviews.

- Anxiety, as measured on scales such as the Hamilton Anxiety Scale, Beck Anxiety Inventory, and the Hospital Anxiety and Depression Scale (HADS Anxiety sub-scale, [Zigmond 1983](#)).

Search methods for identification of studies

This review is an update of a previously published Cochrane Review updated in 2008 ([Hackett 2008](#); [Appendix 1](#)). The first published review was in 2004 ([Anderson 2004](#)). For this update, we searched all databases from inception until August 2018. We searched for relevant trials in all languages and arranged for translation of trial reports when necessary.

Specialised Register of Cochrane Stroke

See the methods for the Cochrane Stroke Group [Specialised register](#). The Cochrane Stroke Group Information Specialist searched the Specialised Register of Cochrane Stroke on 13 August 2018.

Electronic searches

We searched the following bibliographic databases.

- Cochrane Depression Anxiety and Neurosis Trials Register (last searched August 2018)
- Cochrane Central Register of Controlled Trials (CENTRAL; 2018, Issue 8), in the Cochrane Library ([Appendix 2](#))
- MEDLINE (OVID): 1966 to August 2018 ([Appendix 3](#))
- Embase (OVID): 1980 to August 2018 ([Appendix 4](#))
- PsycINFO (OVID): 1967 to August 2018 ([Appendix 5](#))
- Cumulative Index to Nursing and Allied Health Literature, CINAHL (EBSCO): 1982 to August 2018 ([Appendix 6](#))
- Science Citation Index - Expanded (SCI-EXPANDED), Social Sciences Citation Index (SSCI), and Arts & Humanities Citation Index (A&HCI) in Web of Science (ISI): 2002 to August 2018 ([Appendix 7](#))

Biological Abstracts has now been superseded by ISI Web of Science, which includes the Arts and Humanities Index. Several databases/citation indexes (Applied Science and Technology Plus; Biological Abstracts; BIOSIS Previews; General Science Plus; Dissertations and Theses) listed in [Appendix 1](#) were not used for this update.

We also searched the following ongoing trials registers and registries using 'stroke' or 'brain infarction' or 'depression' or 'low mood' from inception to August 2018.

- US National Institutes of Health Ongoing Trials Register ClinicalTrials.gov (www.clinicaltrials.gov)
- World Health Organization International Clinical Trials Registry Platform (WHO ICTRP) (www.who.int/ictcp/en/)

Searching other resources

In addition, we also searched abstracts and conference proceedings from the following international conferences for relevant studies.

- European Stroke Organisation Conference (2015 to 2018)
- Stroke Society of Australasia Annual Scientific Meetings (2008 to 2018)
- World Stroke Congress (2000 to 2016)
- Asia Pacific Stroke Conference (2011 to 2017)

The full search strategies for other resources are presented in [Appendix 8](#).

Personal communication

We contacted the study authors for information on ongoing and 'dropout' trials or to request additional study data and in some instances, additional analyses.

Reference lists

We searched the reference lists of relevant trials, systematic reviews and reviewed chapters in books on the prevention and treatment of depression and management of stroke, including but not limited to, reviews of the management of stroke, books specifically directed at the treatment or prevention of depression, and those on stroke and old age.

Data collection and analysis

Selection of studies

Two review authors (SA, KC) reviewed all citations for this update and discarded those that were irrelevant, based on the title of the publication and its abstract. In the presence of any suggestion that an article was possibly relevant, we retrieved the full-length article for further assessment. Two review authors (SA, KC) independently selected the trials for inclusion in the review from the culled citation list. Potentially relevant Chinese language articles were translated by another study author (C-FH). We resolved disagreements by discussion, and MH and AH confirmed the final list and adjudicated any persisting differences of opinion. The selection process is presented in a PRISMA flow diagram ([Figure 1](#)). We listed the included studies under [Characteristics of included studies](#), and studies that we ultimately excluded under [Characteristics of excluded studies](#) and provided the primary reasons for exclusion.

Figure 1. Study flow diagram.

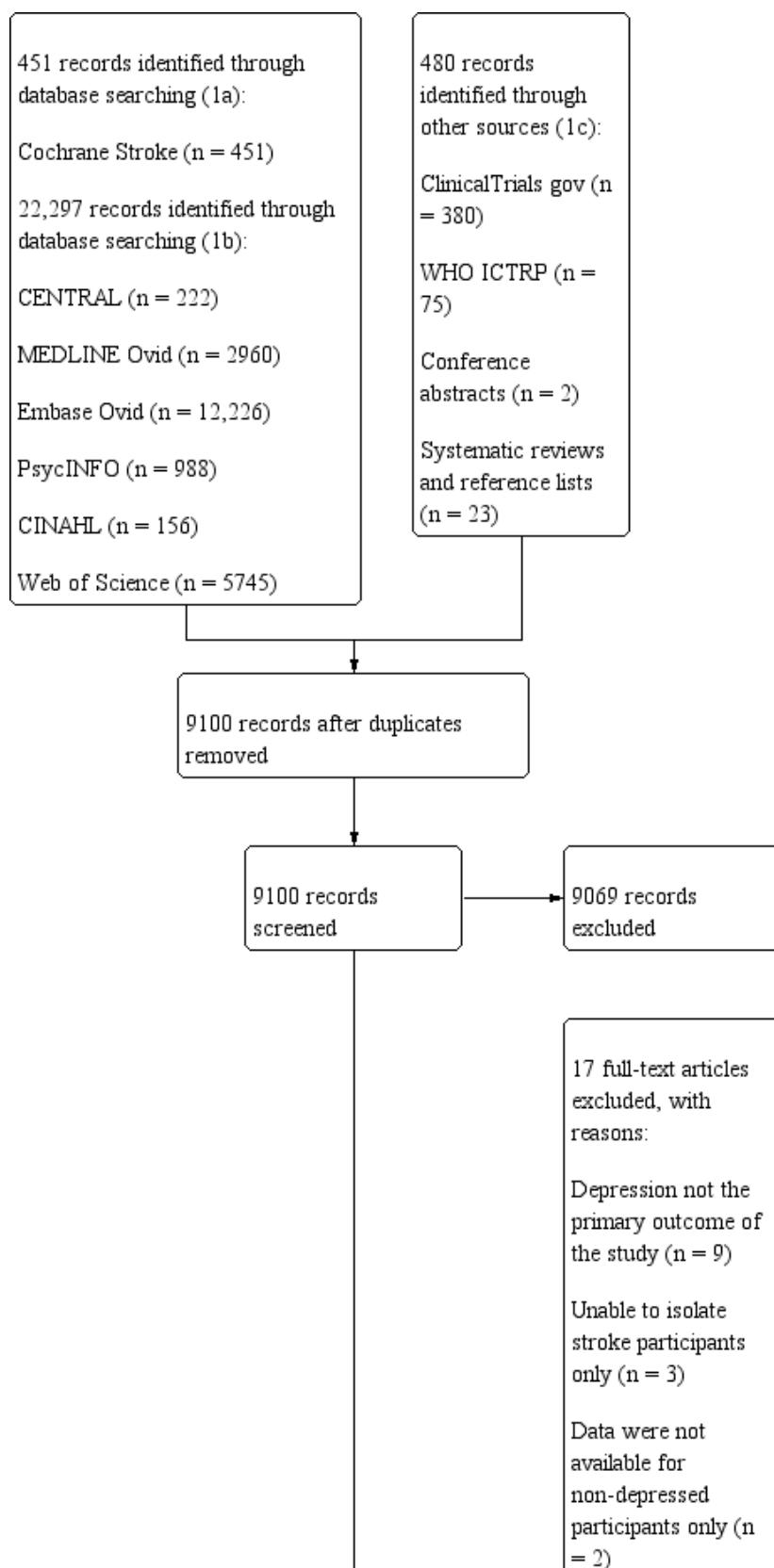
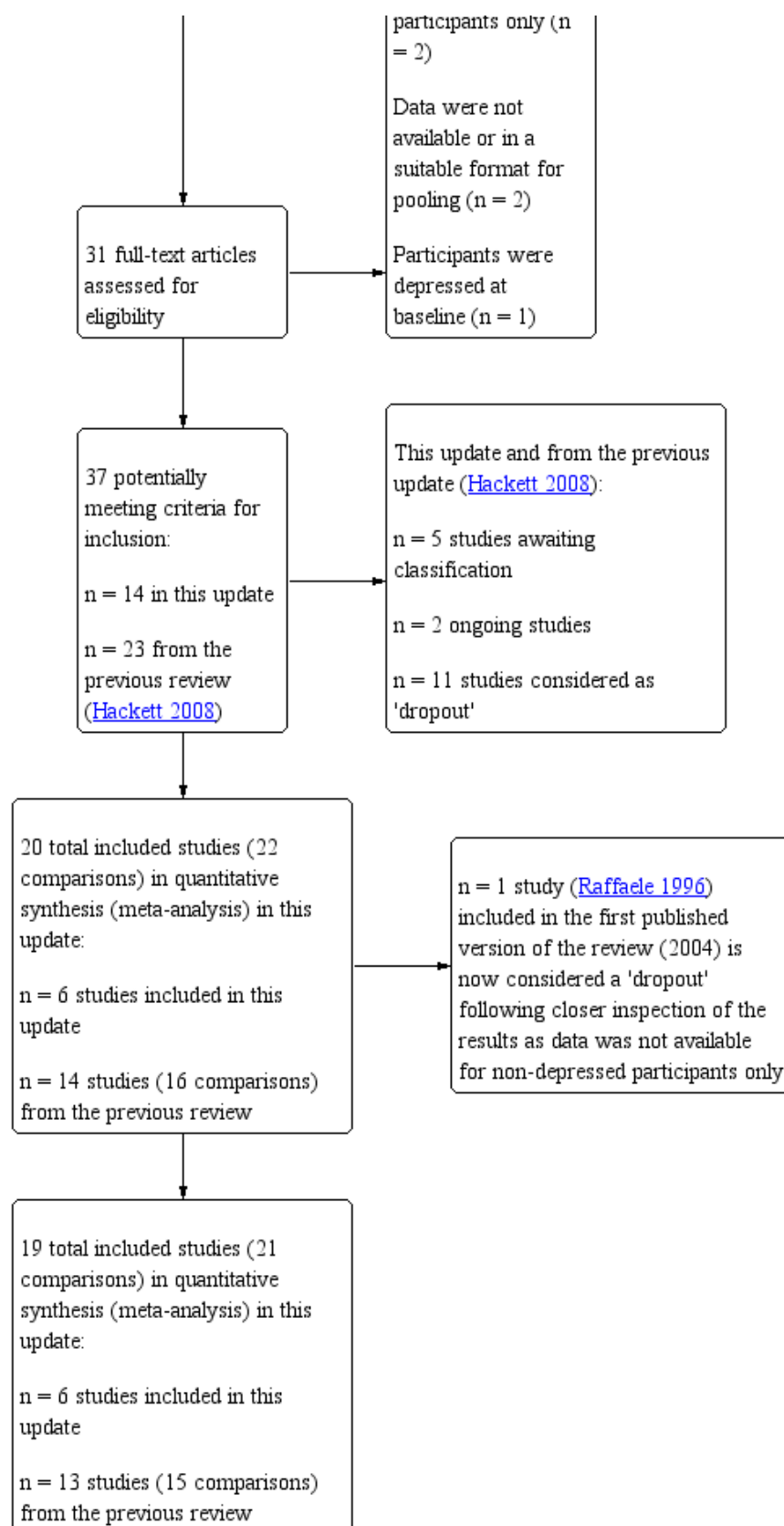


Figure 1. (Continued)



Data extraction and management

Four review authors (SA, KC, C-FH, MH) independently extracted the study characteristics and outcome data from studies included in this update, on specially designed forms. We cross-checked and entered the data into Review Manager 5 ([Review Manager 2014](#)). We resolved disagreements by discussion or through consultation with two other review authors (AH or MH). We obtained missing information from the study authors when possible. Information on funding sources are mentioned in the notes section of the [Characteristics of included studies](#) table.

We collected data on:

- the report: author, year, and source of publication;
- the study: sample characteristics, social demography, definition and criteria used for depression;
- the participants: stroke sequence (first ever versus recurrent), social situation, time elapsed since stroke onset, history of psychiatric illness, current neurological status, current treatment for depression, and a history of coronary artery disease;
- the research design and features: sampling mechanism, treatment assignment mechanism, adherence, non-response, and length of follow-up;
- the intervention: type, duration, dose, timing, and mode of delivery;
- the effect size: sample size, nature of outcome, estimate and standard error on $x \pm dy \pm SD$.

To allow for intention-to-treat (ITT) analysis, we sought the data irrespective of adherence, fidelity of the intervention to the protocol, and regardless of whether the participants were subsequently deemed ineligible or otherwise excluded from treatment or follow-up. Where study authors used multiple measures to assess depression, we extracted data from the measure the study authors stated was used to assess the primary outcome. For measures assessing secondary outcomes, we extracted data from the most commonly used measure. Where data for the same trial endpoint were conflicting across multiple publications, we extracted data from the first publication reporting data for that outcome. We checked all the extracted data for agreement between review authors. We obtained missing information from the primary investigators whenever possible. To avoid introducing bias, we obtained this unpublished information in writing, on forms designed for the purpose, and entered it into RevMan.

Assessment of risk of bias in included studies

Three review authors (SA, KC, C-FH) independently assessed risk of bias for each new study using the criteria outlined in Section 8.1 of the *Cochrane Handbook for Systematic Reviews of Interventions* ([Higgins 2019](#)). We resolved any disagreements by discussion or by involving another review author (MH). Although there are a number of scales devised for assessing the quality of RCTs, there is no convincing evidence that complex and time-consuming scales are more effective than simple scales ([Verhagen 2001](#)). We assessed the risk of bias according to the following domains.

- Random sequence generation.

- Allocation concealment: If allocation was performed using opaque envelopes we also categorised this as 'high risk' as it is not tamper-proof.
- Blinding of participants and personnel: For psychological interventions, we recognise that participants are unlikely to remain blinded however, we also categorised this as 'high risk'.
- Blinding of outcome assessment.
- Incomplete outcome data
- Selective outcome reporting: when a published trial protocol was not available we categorised this as unclear risk.
- Other bias.

We also provided a quote from the study to justify our judgment in the 'Risk of bias in included studies' table. When considering treatment effects, we have taken into account the risk of bias for the studies that contributed to that outcome.

Measures of treatment effect

Dichotomous data

For all dichotomous outcomes, we calculated risk ratios (RRs) with 95% confidence intervals (CIs) where appropriate, using random-effects analyses.

Continuous data

For continuous data, if ordinal scale data appeared to be normally distributed, or if the analysis suggested parametric tests were appropriate, we treated the outcome measures as continuous. If there were at least two trials that reported the same outcomes, then we calculated a mean difference (MD) with 95% CIs across the trials. Where different outcome measures were used, we calculated a standardised mean difference (SMD) with 95% CIs.

Unit of analysis issues

We predicted that randomisation would occur at the level of the individual participant in most, if not all, trials. Outcomes are reported at the end of treatment, and the end of follow-up, where data are available. Where trials included two or more active intervention arms and only one control arm (placebo, attention control, or usual care), we compared data from each treatment arm with data from the total number of participants in the control group, divided by the number of active intervention groups. The comparisons are presented as separate trials.

Dealing with missing data

We wrote to the authors of all included, ongoing, and dropout trials requesting data that were unavailable or ambiguous in the published articles. We received responses with additional data from the study authors of four new trials ([Hoffman 2015](#); [Kerr 2018](#); [Robinson 2008](#); [Wichowicz 2017](#)). In 2008, we received responses with additional data from authors of two trials ([Almeida 2006](#); [Watkins 2007](#)). In 2004 we received responses about six trials ([Downes 1995](#); [Forster 1996](#); [Friedland 1992](#); [House 2000](#); [Reding 1986](#); [Robinson 2000a](#); [Sitzer 2002](#)). We received a response from one further author, but no additional data had been provided by the time of publication ([Rasmussen 2003](#)). We received no responses from the remaining authors. We also wrote to all pharmaceutical companies known to produce, or have a licence to produce, pharmacological interventions in 2004. We received nine replies

identifying no new trials, so we did not repeat this in the 2008 or current update.

Assessment of heterogeneity

We assessed clinical and methodological heterogeneity by examining the study characteristics. We used the I^2 statistic to measure heterogeneity among the trials in each analysis (Deeks 2011). If there were at least two trials that reported the same outcomes, we reviewed the data for appropriateness of pooling. We interpreted the amount of heterogeneity as low (0% to 29%), moderate (30% to 49%), substantial (50% to 89%), and considerable (90% to 100%) I^2 values. We reported similarities between interventions, participants, design, and outcomes in the included trials subsection.

Assessment of reporting biases

We assessed publication bias by a funnel plot only if there were 10 or more included trials (Higgins 2019), using depression as the outcome of interest. We attempted to avoid language bias by including trials irrespective of language of publication, and translation was performed where needed by native speakers of that language. Review author (C-FH) translated and extracted data for the Chinese language papers. In some cases, similarities between trial reports indicated the possibility of multiple publications from the same trial. We contacted the authors to check whether the publications were duplicates. In the absence of a response and explicit cross-referencing, we judged articles to be from the same trial if they met the following criteria: 1) there was evidence of overlapping recruitment sites, study dates, and grant funding numbers, and 2) there were similar or identical reported participant characteristics in the trials.

Data synthesis

We analysed data using Review Manager software and pooled data for meta-analysis when trials assessed similar treatments and had similar outcomes (Review Manager 2014). We conducted a meta-analysis using available calculated mean difference (MD) or standardised mean differences (SMD) for continuous outcomes, and risk ratios (RRs) for dichotomous outcomes using a random-effects analyses. In the results we included measures of uncertainty, such as 95% confidence intervals (CIs) and estimates of I^2 . For all summary statistics in this review, please refer to the effects at the end of intervention, or at the end of follow-up.

Summary of findings and certainty of the evidence

We also assessed the certainty of evidence according to GRADE (Atkins 2004), by constructing a 'Summary of findings' table for the main outcomes per comparison using the GRADEPro tool (GRADEproGDT 2015; Schünemann 2019). We reported the relevant outcomes in the 'Summary of findings' table for each comparison.

These data were available for comparison: (1) pharmacological interventions versus placebo; and (2) one of various forms of psychological therapy versus usual care and/or attention control.

For the comparison 'Pharmacological intervention versus placebo', we reported the certainty of evidence for the following outcomes: meeting the study criteria for depression, scoring above cut-off points for a depressive disorder, mean depression scores, mean cognition scores, mean activities of daily living scores, and death at the end of treatment.

For the comparison 'Psychological interventions versus usual care and/or attention control', we reported the certainty of evidence for the following outcomes: meeting the study criteria for depression, scoring above cut-off points for a depressive disorder, mean depression scores, mean psychological distress scores, mean general health scores, mean social activities score, and death at the end of treatment.

We had no data for the remaining comparisons: (3) non-invasive brain stimulation and sham stimulation or usual care; (4) pharmacological intervention and one of various forms of psychological therapy versus pharmacological intervention plus usual care and/or attention control; (5) pharmacological intervention and one of various forms of psychological therapy versus placebo plus psychological therapy; (6) pharmacological intervention and non-invasive brain stimulation versus pharmacological intervention plus sham stimulation or usual care; (7) pharmacological intervention and non-invasive brain stimulation versus placebo plus non-invasive brain stimulation; (8) non-invasive brain stimulation and one of various forms of psychological therapy versus non-invasive brain stimulation plus usual care and/or attention control; and (9) non-invasive brain stimulation and one of various forms of psychological therapy versus sham brain stimulation or usual care plus psychological therapy. See [Types of interventions](#).

Subgroup analysis and investigation of heterogeneity

We planned to undertake subgroup analyses to explore the influence of date of publication, sample size, duration of follow-up, treatment type, high (over 20%) number of dropouts, and blinded versus unblinded outcome assessors. We performed subgroup analyses by method of assessment and outcome measures used to assess depression, psychological distress, general health, cognition, social activities, activities of daily living (ADL), disability, and anxiety for all comparisons.

If there were at least two trials that reported the same outcomes, we reviewed the data for appropriateness of pooling. If there was definite evidence of heterogeneity ($I^2 > 50\%$), we explored the potential reasons for the differences by performing subgroup analyses and meta-regression (Normand 1999). If the heterogeneity could not be explained, we combined the trials using random-effects analyses with cautious interpretation, or did not combine them at all. Where possible, we performed subgroup analyses to examine the impact of treatment type and duration, and of stroke severity.

Sensitivity analysis

We planned to explore the sensitivity of the combined estimate of individual trials by leaving out one study if there was high risk of bias and methodological differences. We then calculated the combined effect of the remaining trials, and compared the results with the combined effect based on all the trials.

RESULTS

Description of studies

Results of the search

In total, we identified 23,228 records, of these we retrieved 22,297 through database searching. We found 931 additional references by searching other resources. After duplicates were removed, we

screened 9100 titles and abstracts and excluded 9069 irrelevant records. We retrieved full-text reports for the remaining 31 studies. After reading the full-texts, we excluded 17 studies as they did not meet the review eligibility criteria. We have provided the primary reasons for exclusions in the [Characteristics of excluded studies](#) table and [Figure 1](#). We identified two trials that met the inclusion criteria ([Hadidi 2014](#); [Kim 2017](#)). However, data were not available for non-depressed participants only. These trials are considered 'dropouts' ([Table 1](#)).

In the previous published version of this review ([Hackett 2008](#)), eight trials ([Bramanti 1989](#); [Downes 1995](#); [Friedland 1992](#); [Graffingo 2003](#); [Leathley 2003](#); [McCafferty 2000](#); [Ohtomo 1985](#); [Raffaele 1996](#)) met the inclusion criteria but were considered 'dropouts' as data were not available for non-depressed participants only ([Downes 1995](#); [Raffaele 1996](#)), and were either not available or not in a suitable format for meta-analysis ([Bramanti 1989](#); [Friedland 1992](#); [Graffingo 2003](#); [Leathley 2003](#); [McCafferty 2000](#); [Ohtomo 1985](#)). See [Table 1](#) for a more detailed information on these trials.

We received responses with additional data from authors of three new trials ([Kerr 2018](#); [Hoffman 2015](#); [Wichowicz 2017](#)).

Included studies

From the first published version of this review, there were a total of 12 included trials (14 interventions) ([Creytens 1980](#); [Dam 1996a/Dam 1996b](#); [Forster 1996](#); [Goldberg 1997](#); [Grade 1998](#); [House 2000](#); [Palomaki 1999](#); [Raffaele 1996](#); [Rasmussen 2003](#); [Reding 1986](#); [Robinson 2000a/Robinson 2000b](#); [Roh 1996](#)). We included two trials in the 2008 update ([Almeida 2006](#); [Watkins 2007](#)), resulting in 14 included trials (16 interventions), with 1515 participants at entry. Two trials compared two active treatments with placebo ([Dam 1996a](#); [Robinson 2000a](#)). We compared data from both treatment arms in these trials with data from half the number of participants in the control groups, and presented the results as two separate studies ([Dam 1996a/Dam 1996b](#); [Robinson 2000a/Robinson 2000b](#)). One trial included an attention control (where the time participants in the treatment group spent with a trained therapist was controlled for by attention control participants spending equal time with an untrained volunteer) as well as a control (usual care) group ([House 2000](#)). We combined data from the attention control and control group and compared these with data from the treatment group. One trial ([Raffaele 1996](#)) included in the first published version of the review (2004) is considered a 'dropout' following closer inspection of the results as data was not available for non-depressed participants only. More detailed information is provided in the [Characteristics of included studies](#) table.

In this update, we included six new trials with 417 participants ([Hoffman 2015](#); [Kerr 2018](#); [Robinson 2008](#); [Tsai 2011](#); [Wichowicz 2017](#); [Xu 2006](#)). In total, 19 trials (21 interventions) involving 1771 participants are included.

Participants

All trials in this review included men and women. The average age of participants ranged from 55 to 73 years. Most of the trials reported the time between stroke and randomisation into the trial, with the range covering 'within three days' to six months. Most of the trials included participants with ischaemic stroke, diagnosed using a combination of standard clinical and computed tomography (CT) criteria. For more detailed information on each included study, please refer to the [Characteristics of included studies](#) table.

Interventions

Twelve trials (14 interventions) assessed pharmacological interventions compared to placebo ([Almeida 2006](#); [Creytens 1980](#); [Dam 1996a/Dam 1996b](#); [Grade 1998](#); [Palomaki 1999](#); [Rasmussen 2003](#); [Reding 1986](#); [Robinson 2000a/Robinson 2000b](#); [Robinson 2008](#); [Roh 1996](#); [Tsai 2011](#); [Xu 2006](#)), and seven assessed psychological interventions compared to usual care and/or attention control ([Forster 1996](#); [Goldberg 1997](#); [Hoffman 2015](#); [House 2000](#); [Kerr 2018](#); [Watkins 2007](#); [Wichowicz 2017](#)). Results from these trials are presented and discussed separately.

There were no trials reporting on the remaining comparisons: (3) non-invasive brain stimulation and sham stimulation or usual care; (4) pharmacological intervention and one of various forms of psychological therapy versus pharmacological intervention plus usual care and/or attention control; (5) pharmacological intervention and one of various forms of psychological therapy versus placebo plus psychological therapy; (6) pharmacological intervention and non-invasive brain stimulation versus pharmacological intervention plus sham stimulation or usual care; (7) pharmacological intervention and non-invasive brain stimulation versus placebo plus non-invasive brain stimulation; (8) non-invasive brain stimulation and one of various forms of psychological therapy versus non-invasive brain stimulation plus usual care and/or attention control; and (9) non-invasive brain stimulation and one of various forms of psychological therapy versus sham brain stimulation or usual care plus psychological therapy. (See [Types of interventions](#)).

Pharmacological interventions

Among trials of pharmacological interventions, six compared a serotonin reuptake inhibitor (SSRI) against placebo (fluoxetine: [Dam 1996a](#); [Robinson 2000a](#); sertraline: [Almeida 2006](#); [Rasmussen 2003](#); escitalopram: [Robinson 2008](#)), and paroxetine: [Xu 2006](#)), one compared a serotonin antagonist and reuptake inhibitor against placebo (trazodone: [Reding 1986](#)), one compared a tricyclic antidepressant against placebo (nortriptyline: [Robinson 2000b](#)), and one compared a serotonin-norepinephrine reuptake inhibitor against placebo (milnacipran: [Tsai 2011](#)). Other treatments with antidepressant effects were used in five trials (piracetam: [Creytens 1980](#); maprotiline: [Dam 1996b](#); mianserin: [Palomaki 1999](#); indeloxazine: [Roh 1996](#)), and a psychostimulant (methylphenidate: [Grade 1998](#)). Four trials (five interventions) used a fixed dosing regimen ([Almeida 2006](#); [Dam 1996a/Dam 1996b](#); [Roh 1996](#); [Xu 2006](#)), and eight (nine interventions) used a flexible ([Grade 1998](#); [Rasmussen 2003](#); [Robinson 2008](#)), or escalating ([Creytens 1980](#); [Palomaki 1999](#); [Reding 1986](#); [Robinson 2000a/Robinson 2000b](#); [Tsai 2011](#)), regimen. Treatment duration varied from four weeks ([Grade 1998](#); [Reding 1986](#)), to 52 weeks ([Palomaki 1999](#); [Rasmussen 2003](#); [Robinson 2008](#); [Tsai 2011](#)).

Psychological therapy

Varying forms of psychological therapy were used in the included trials. Two trials stated explicitly that the intervention was problem-solving therapy ([Forster 1996](#); [House 2000](#)), or cognitive behavioural coping therapy ([Hoffman 2015](#)). Two trials provided an intervention that was more broadly defined (home-based therapy: [Goldberg 1997](#); and solution-focused brief therapy: [Wichowicz 2017](#)), and two provided motivational interviewing ([Kerr 2018](#); [Watkins 2007](#)). Five trials used 'usual care' as the control comparison ([Forster 1996](#); [Goldberg 1997](#); [Hoffman 2015](#);

Kerr 2018; Watkins 2007), and one used usual care and attention control groups (House 2000). One trial stated that participants in the control comparison did not receive any psychotherapeutic interventions. The interventions were delivered by a variety of trained professionals, including specialist nurses (Forster 1996; Hoffman 2015; House 2000; Kerr 2018; Watkins 2007; Wichowicz 2017), and a mixed team of therapists (Goldberg 1997; Watkins 2007). Treatment duration varied from one visit per week for four weeks (Watkins 2007), to monthly home visits over one year (Goldberg 1997).

Outcomes

Primary outcome: depression

Thirteen assessment scales were used to diagnose the proportion of people meeting the criteria for depression or scoring above the cut-off points for a depressive disorder in the 19 trials (21 interventions). The most commonly used measures were the Hamilton Depression Rating Scale (Almeida 2006; Dam 1996a; Dam 1996b; Grade 1998; Palomaki 1999; Rasmussen 2003; Robinson 2000a; Robinson 2000b; Robinson 2008; Tsai 2011), and the Hospital Anxiety Depression Scale (Hoffman 2015; Kerr 2018; Wichowicz 2017). Seven trials used two or more scales to assess abnormal mood or depression (Grade 1998; Hoffman 2015; House 2000; Kerr 2018; Palomaki 1999; Rasmussen 2003; Watkins 2007), and two older trials relied on a clinical or physician assessment (Reding 1986; Roh 1996).

Secondary outcomes

A variety of additional outcomes were assessed in each trial. Several studies assessed and reported outcome data for depression (Almeida 2006; Dam 1996a; Dam 1996b; Grade 1998; Hoffman 2015; House 2000; Kerr 2018; Palomaki 1999; Rasmussen 2003; Robinson 2000a/Robinson 2000b; Robinson 2008; Roh 1996; Tsai 2011; Watkins 2007; Wichowicz 2017; Xu 2006), psychological distress (House 2000; Watkins 2007), general health (Forster 1996), cognition (Almeida 2006; Grade 1998; Robinson 2000a/Robinson 2000b), social activities (Forster 1996; House 2000), activities of daily living (Dam 1996a/Dam 1996b; Forster 1996; Hoffman 2015; House 2000; Reding 1986; Watkins 2007; Xu 2006), disability (Almeida 2006; Dam 1996a/Dam 1996b; Grade 1998; Robinson 2000a/Robinson 2000b), and anxiety (Hoffman 2015; Kerr 2018; Wichowicz 2017). A wide variety of additional measures were used in the trials (see [Characteristics of included studies](#)). Although most trials reported data from all the scales and assessments that were stated as used, these data were often not presented in a format that was easily collated for this review. We sought additional data from study authors if possible. Adverse events were reported in many studies (Almeida 2006; Creyten 1980; Dam 1996a/Dam 1996b; Grade 1998; House 2000; Palomaki 1999; Robinson 2000a/Robinson 2000b; Robinson 2008; Roh 1996; Tsai 2011; Watkins 2007); however, it was difficult to determine whether recording and reporting of adverse events were systematic. In other studies, adverse events were not reported by randomised group (Reding 1986), or only in a selected manner (Forster 1996; Goldberg 1997; Rasmussen 2003).

Ongoing studies

Two trials are ongoing (Sitzer 2002: pharmacological intervention; Kirkevold 2018: psychological therapy).

Studies awaiting classification

From the previous published version of this review, there were two trials listed as awaiting classification (Evans 1985; Katz 1998). We were unable to obtain more information or outcome data from these trials, despite multiple attempts to contact the study authors. In the present review, there are four additional trials listed as awaiting classification (Chang 2011; IRCT201112228490N1; Ostwald 2014; Razazian 2016). We were unsure if depression was the primary outcome in two trials (IRCT201112228490N1; Razazian 2016). In the other two trials, no information regarding supervision was provided for the psychological therapy component of the intervention to help us determine if they meet our review criteria (Chang 2011; Ostwald 2014).

Dropout studies

In the previous published version of this review (Hackett 2008), seven trials met the inclusion criteria but were considered 'dropouts' as data were not available for non-depressed participants only (Downes 1995); or were either not available or not in a suitable format for meta-analysis (Bramanti 1989; Friedland 1992; Graffingo 2003; Leathley 2003; McCafferty 2000; Ohtomo 1985). See [Table 1](#) for more detailed information on these trials.

We identified two new trials that met the inclusion criteria; however, data were not available for non-depressed participants only (Hadidi 2014; Kim 2017; Ostwald 2014). These trials are considered 'dropouts' ([Table 1](#)). One trial (Raffaele 1996) previously included in the first published version of the review (2004) is now considered a 'dropout' following closer inspection of the results as data was not available for non-depressed participants only.

We contacted the study authors of the dropout studies to request data for non-depressed participants only. However, we did not receive any responses.

Excluded studies

For this update, we excluded 17 trials at the full-text review stage. Reasons for exclusion include: 1) depression was not the primary outcome ($n = 9$); 2) unable to isolate data for stroke participants ($n = 3$); 3) data were not available for non-depressed participants at baseline ($n = 2$); 4) data were not available or in a suitable format for pooling ($n = 2$) and; 5) participants were depressed at baseline ($n = 1$). We have listed the excluded studies, and their reasons for exclusion, in the [Characteristics of excluded studies](#) table.

Risk of bias in included studies

We present a graphical summary of 'Risk of bias' assessments performed by review authors for the included studies, based on the seven risk of bias domains ([Figure 2](#)). [Figure 3](#) provides a summary of risk of bias for each included study. The reasons for judgements are provided in the 'Risk of bias' section in [Characteristics of included studies](#).

Figure 2. 'Risk of bias' graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.

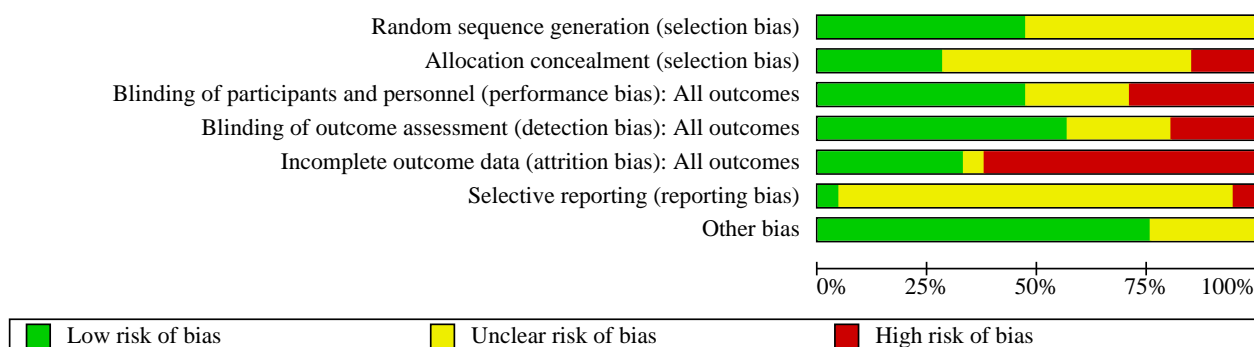


Figure 3. 'Risk of bias' summary: review authors' judgements about each risk of bias item for each included study.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias): All outcomes	Blinding of outcome assessment (detection bias): All outcomes	Incomplete outcome data (attrition bias): All outcomes	Selective reporting (reporting bias)	Other bias
Almeida 2006	+	+	+	?	-	?	?
Creytens 1980	?	?	?	?	-	?	?
Dam 1996a	?	?	?	+	-	?	+
Dam 1996b	?	?	?	+	-	?	+
Forster 1996	?	?	?	?	-	?	+
Goldberg 1997	+	?	-	-	-	?	+
Grade 1998	+	+	+	+	+	?	+
Hoffman 2015	+	?	-	+	+	?	+
House 2000	+	+	-	-	+	?	+
Kerr 2018	+	-	-	-	-	?	+
Palomaki 1999	?	-	+	?	-	?	?
Rasmussen 2003	?	?	+	+	-	?	?
Reding 1986	+	?	+	+	-	?	+
Robinson 2000a	?	?	+	+	-	?	+
Robinson 2000b	?	?	+	+	-	?	+
Robinson 2008	+	+	+	+	+	-	+
Roh 1996	+	+	+	+	-	?	+
Tsai 2011	?	+	+	+	+	+	?
Watkins 2007	?	-	-	-	+	?	+
Wichowicz 2017	+	?	-	+	+	?	+
Xu 2006	?	?	?	?	?	?	+

Allocation

The randomisation sequence was appropriately generated in 10 trials (Almeida 2006; Goldberg 1997; Grade 1998; Hoffman 2015; House 2000; Kerr 2018; Reding 1986; Robinson 2008; Roh 1996; Wichowicz 2017), thus we rated these as low risk. However, nine trials (11 interventions) did not describe their method of sequence generation; we rated these as unclear risk (Creytens 1980; Dam 1996a/Dam 1996b; Forster 1996; Palomaki 1999; Rasmussen 2003; Robinson 2000a/Robinson 2000b; Tsai 2011; Watkins 2007; Xu 2006).

We rated six trials as low risk as an appropriately generated and clearly concealed allocation procedure was used (Almeida 2006; Grade 1998; House 2000; Robinson 2008; Roh 1996; Tsai 2011). Twelve trials (10 interventions) did not describe their method of allocation concealment and so we rated them as unclear risk (Creytens 1980; Dam 1996a/Dam 1996b; Forster 1996; Goldberg 1997; Hoffman 2015; Rasmussen 2003; Reding 1986; Robinson 2000a/Robinson 2000b; Wichowicz 2017; Xu 2006). One trial used opaque sealed envelopes (Watkins 2007), while another trial used coloured paper to conceal allocation (Kerr 2018), and one trial used sealed envelopes as their method of allocation concealment (Palomaki 1999), so they were all rated as high risk.

Blinding

Nine trials (10 interventions) reported that participants and personnel were blinded to the treatment allocation and so we rated these as low risk (Almeida 2006; Grade 1998; Palomaki 1999; Rasmussen 2003; Reding 1986; Robinson 2000a/Robinson 2000b; Robinson 2008; Roh 1996; Tsai 2011). Four trials (five interventions) did not provide information about blinding of participants and personnel so we rated them as unclear risk (Creytens 1980; Dam 1996a/Dam 1996b; Forster 1996; Xu 2006). We rated six trials as high risk (Goldberg 1997; Hoffman 2015; House 2000; Kerr 2018; Watkins 2007; Wichowicz 2017): due to the nature of the intervention in these trials, it is very unlikely that the participants and personnel remained blinded to the treatment allocation.

We rated nine trials (11 interventions) as low risk as outcome assessors were blinded to the treatment allocation (Dam 1996a/Dam 1996b; Grade 1998; Hoffman 2015; Rasmussen 2003; Robinson 2000a/Robinson 2000b; Robinson 2008; Roh 1996; Tsai 2011; Wichowicz 2017). Five trials did not provide information about blinding of outcome assessors and so we rated them as unclear risk (Almeida 2006; Creytens 1980; Forster 1996; Palomaki 1999; Xu 2006). Three trials had blinded outcome assessors, however it is likely that they became aware of the treatment allocation and we therefore rated them as high risk (Goldberg 1997; House 2000; Kerr 2018). In one trial, participants were sent questionnaires to complete on their own and so we also rated this as high risk (Watkins 2007).

Incomplete outcome data

We rated seven trials as low risk as they provided intention-to-treat (ITT) analyses (Grade 1998; Hoffman 2015; House 2000; Robinson 2008; Tsai 2011; Watkins 2007; Wichowicz 2017). One trial reported completing ITT analyses but not how they handled missing data so we rated it as unclear risk (Xu 2006). We rated 11 trials (13 interventions) as high risk for attrition bias as they reported per-protocol analyses only (Almeida 2006; Creytens 1980; Dam 1996a/Dam 1996b; Forster 1996; Goldberg 1997; Kerr

2018; Palomaki 1999; Rasmussen 2003; Reding 1986; Robinson 2000a/Robinson 2000b; Roh 1996).

Selective reporting

We rated one trial as low risk as all pre-specified outcomes from the trial protocol were reported in the publication (Tsai 2011). We rated 17 trials (19 interventions) as unclear risk as all pre-specified outcomes were reported but no trial protocol was available to compare with the publication (Almeida 2006; Creytens 1980; Dam 1996a/Dam 1996b; Forster 1996; Goldberg 1997; Grade 1998; Hoffman 2015; House 2000; Kerr 2018; Palomaki 1999; Rasmussen 2003; Reding 1986; Robinson 2000a/Robinson 2000b; Roh 1996; Watkins 2007; Wichowicz 2017; Xu 2006). We rated one trial as high risk as one outcome reported in the study protocol or trial registry information page was not reported in the primary results publication (Robinson 2008).

Other potential sources of bias

We rated 14 trials (16 interventions) as low risk as the baseline demographic characteristics were balanced between the groups (Dam 1996a/Dam 1996b; Forster 1996; Goldberg 1997; Grade 1998; Hoffman 2015; House 2000; Kerr 2018; Reding 1986; Robinson 2000a/Robinson 2000b; Robinson 2008; Roh 1996; Watkins 2007; Wichowicz 2017; Xu 2006). We rated five trials as unclear risk as either no information about baseline demographics between groups were provided or we were unclear how differences in age or the proportion of participants with heart disease in one group may pose bias (Almeida 2006; Creytens 1980; Palomaki 1999; Rasmussen 2003; Tsai 2011).

Effects of interventions

See: [Summary of findings 1](#) Pharmacological interventions (antidepressants) compared to placebo for preventing depression after stroke; [Summary of findings 2](#) Psychological therapy compared to usual care and/or attention control for preventing depression after stroke

See 'Summary of findings 1; Summary of findings 2'.

Overall, we included 1930 participants in this review. In view of the large number and heterogeneous nature of the outcome measures and the reporting of results, we considered it inappropriate to pool outcome data for many endpoints. For details of the comparisons made for the studies with outcome data, refer to the [Data and analyses](#) section (as outlined in the protocol, data for trials of psychostimulants (Grade 1998) are presented separately).

Primary outcome

Depression

Meeting the study criteria for depression at the end of treatment

Eight trials, nine pharmacological interventions, found favourable treatment effects (risk ratio (RR) 0.50, 95% confidence interval (CI) 0.37 to 0.68, 734 participants, very low-certainty evidence, [Analysis 1.1](#)) for this outcome at the end of treatment compared to placebo (Almeida 2006; Palomaki 1999; Rasmussen 2003; Robinson 2000a/Robinson 2000b; Robinson 2008; Roh 1996; Tsai 2011; Xu 2006). No heterogeneity was observed but confidence intervals were very wide.

Two trials of psychological therapy revealed favourable treatment effects (RR 0.68, 95% CI 0.49 to 0.94, 607 participants, very low-certainty evidence, [Analysis 2.1](#)) for this outcome at the end of treatment compared to usual care and/or attention control ([House 2000](#); [Watkins 2007](#)). No heterogeneity was observed but confidence intervals were very wide.

Other outcomes

Depression

Average change in scores between baseline and end of treatment

Three trials, five pharmacological interventions, found no statistically significant difference in the average change in depression scores between baseline and the end of treatment between those who received pharmacological interventions compared to placebo (standardised mean difference (SMD) -0.05, 95% CI -0.33 to 0.23, 211 participants, [Analysis 1.3](#)) ([Almeida 2006](#); [Dam 1996a/Dam 1996b](#); [Robinson 2000a/Robinson 2000b](#)). No heterogeneity was observed but confidence intervals were very wide.

We did not perform a meta-analysis for the comparison between psychostimulants and placebo ([Analysis 3.1](#)), as only one trial contributed data to this outcome ([Grade 1998](#)).

Mean scores at the end of treatment

Two trials, four pharmacological interventions, revealed no statistically significant difference in mean depression scores at the end of treatment between the pharmacological intervention and placebo groups (MD 0.59, 95% CI -1.46 to 2.63, 100 participants, very low-certainty evidence, [Analysis 1.4](#)) ([Dam 1996a/Dam 1996b](#); [Robinson 2000a/Robinson 2000b](#)). No heterogeneity was observed but confidence intervals were very wide.

We did not perform a meta-analysis on this outcome for the comparison psychological therapy versus usual care and/or attention control ([Analysis 2.3](#)), due to the heterogenous nature of the outcome measures.

Mean scores at the end of follow-up

We did not perform a meta-analysis on this outcome for the comparison: psychological therapy versus usual care and/or attention control ([Analysis 2.4](#)), due to the heterogenous nature of the outcome measures.

Psychological distress

Two trials of psychological therapy found favourable treatment effects in the average change in psychological distress scores between baseline and the end of treatment (MD -1.37, 95% CI -2.27 to -0.48, 607 participants, [Analysis 2.5](#)) compared to usual care or attention control ([House 2000](#); [Watkins 2007](#)). No heterogeneity was observed but confidence intervals were very wide.

We did not perform a meta-analysis on the mean psychological distress scores at the end of treatment for the comparison psychological therapy versus usual care and/or attention control ([Analysis 2.6](#)), due to the heterogenous nature of the outcome measures.

General health

We did not perform a meta-analysis on the average change and mean general health scores at the end of treatment for the comparison psychological therapy versus usual care and/or attention control ([Analysis 2.7](#); [Analysis 2.8](#)), due to the heterogenous nature of the outcome measures.

Cognition

Average change in scores between baseline and end of treatment

Two trials, three pharmacological interventions, found no statistically significant difference between the pharmacological intervention and placebo groups at the end of treatment (MD 0.11, 95% CI -1.02 to 1.24, 159 participants, very low-certainty evidence [Analysis 1.5](#)) ([Almeida 2006](#); [Robinson 2000a/Robinson 2000b](#)). No heterogeneity was observed but confidence intervals were very wide.

We did not perform a meta-analysis on this outcome for the comparison pharmacological interventions versus placebo (psychostimulants) as only one study contributed data to this outcome ([Analysis 3.2](#)).

Mean scores at the end of treatment

One trial, two pharmacological interventions, revealed no statistically significant difference between the pharmacological intervention and placebo groups at the end of treatment (MD -0.42, 95% CI -2.60 to 1.76, 48 participants, [Analysis 1.6](#)) ([Robinson 2000a/Robinson 2000b](#)). No heterogeneity was observed but confidence intervals were very wide.

Social activities

Two trials of psychological therapy found no statistically significant difference between the psychological therapy and usual care and/or attention control groups at the end of treatment (MD -0.39, 95% CI -3.81 to 3.03, 690 participants, [Analysis 2.10](#)) ([Forster 1996](#); [House 2000](#)). There was 80% heterogeneity and very wide confidence intervals.

Activities of daily living

Average change in scores between baseline and end of treatment

Two trials, three pharmacological interventions, found no statistically significant difference between the pharmacological intervention and placebo groups at the end of treatment (MD 1.18, 95% CI -7.77 to 10.14, 57 participants, very low-certainty evidence, [Analysis 1.7](#)) ([Dam 1996a/Dam 1996b](#); [Reding 1986](#)).

Three trials of psychological therapy revealed no statistically significant difference between the psychological therapy and usual care and/or attention control groups at the end of treatment (MD 0.29, 95% CI -0.18 to 0.77, 847 participants, very low-certainty evidence, [Analysis 2.11](#)) ([Forster 1996](#); [House 2000](#); [Watkins 2007](#)).

Mean scores at the end of treatment/follow-up

Two trials, three pharmacological interventions, found no favourable treatment effects compared to placebo (MD -3.86, 95% CI -9.48 to 1.77, 116 participants, [Analysis 1.8](#)) ([Dam 1996a/Dam 1996b](#); [Xu 2006](#)). There was minimal heterogeneity ($I^2 = 22\%$) and very wide confidence intervals were observed.

We did not perform a meta-analysis on this outcome for the comparison psychological therapy versus usual care and/or attention control ([Analysis 2.12](#); [Analysis 2.13](#)), due to the heterogenous nature of the outcome measures.

Disability

We did not perform a meta-analysis on this outcome for the comparison pharmacological interventions versus placebo (antidepressants) ([Analysis 1.9](#); [Analysis 1.10](#)), due to the heterogenous nature of the outcome measures.

We did not perform a meta-analysis on this comparison of pharmacological interventions versus placebo (psychostimulants), as only one trial contributed data to this outcome ([Analysis 3.3](#)).

Anxiety

We did not perform a meta-analysis on this outcome for the comparison psychological therapy versus usual care and/or attention control ([Analysis 2.14](#); [Analysis 2.15](#)), due to the heterogenous nature of the outcome measures.

Adverse events: death

Eight trials, nine pharmacological interventions found no statistically significant difference in death between those who received pharmacological interventions compared to placebo (RR 1.25, 95% CI 0.32 to 4.91, 496 participants, very low-certainty evidence, [Analysis 1.12](#)) ([Creytens 1980](#); [Dam 1996a/Dam 1996b](#); [Palomaki 1999](#); [Robinson 2000a/Robinson 2000b](#); [Robinson 2008](#); [Roh 1996](#); [Xu 2006](#)). No heterogeneity was observed but confidence intervals were very wide.

Five trials of psychological therapy showed no statistically significant difference between the psychological therapy and usual care and/or attention control groups. No heterogeneity was observed but confidence intervals were very wide (RR 1.18, 95% CI 0.73 to 1.91, 975 participants, very low-certainty evidence, [Analysis 2.16](#)) ([Forster 1996](#); [House 2000](#); [Kerr 2018](#); [Watkins 2007](#); [Wichowicz 2017](#)).

Adverse events: all

There was no statistically significant harm in the pharmacological interventions versus placebo (antidepressants) or psychological therapy versus usual care and/or attention control comparisons. See [Analysis 1.13](#); [Analysis 2.17](#). One trial reported that psychostimulants resulted in no deaths at the end of treatment ([Analysis 3.4](#)).

Adverse events: leaving the study early (including death)

Ten trials, 12 pharmacological interventions, found no statistically significant difference between the pharmacological interventions and placebo groups at the end of treatment (RR 1.03, 95% CI 0.84 to 1.26, 836 participants, [Analysis 1.14](#)) ([Almeida 2006](#); [Creytens 1980](#); [Dam 1996a/Dam 1996b](#); [Palomaki 1999](#); [Rasmussen 2003](#); [Robinson 2000a/Robinson 2000b](#); [Robinson 2008](#); [Roh 1996](#); [Tsai 2011](#); [Xu 2006](#)). No heterogeneity was observed but confidence intervals were very wide.

We did not perform a meta-analysis on this outcome for the comparison pharmacological interventions versus placebo (psychostimulants), as only one trial contributed data to this outcome ([Analysis 3.5](#)).

Six trials of psychological therapy revealed no statistically significant difference between the psychological therapy and usual care and/or attention control groups (RR 1.30, 95% CI 0.90 to 1.88, 1030 participants, [Analysis 2.18](#)) ([Forster 1996](#); [Goldberg 1997](#); [House 2000](#); [Kerr 2018](#); [Watkins 2007](#); [Wichowicz 2017](#)). No heterogeneity was observed but confidence intervals were very wide.

DISCUSSION

Summary of main results

We added six new trials (417 participants) to this review update, resulting in 19 included trials (21 interventions, 1771 participants). Data were available for 12 pharmacological trials (14 interventions) and seven psychological trials. We found no trials of other included interventions, or their combination.

Pharmacological therapy trials

Compared with placebo, there is very low-certainty evidence which shows that pharmacological therapy reduced the incidence of depression after stroke. The very low-certainty rating was due to the variety of study methods and endpoints measured, inadequate reporting of allocation concealment, evidence of attrition bias (high numbers of dropouts in several of the studies), and wide confidence intervals. Because of this low certainty we have previously only provided a narrative review of data for pharmacological therapy and concluded that the evidence did not indicate that it was effective in preventing depression after stroke ([Hackett 2008](#)). In other non-stroke trials, where antidepressants did not result in a clinically significant reduction in depressive symptoms, benefits were indicated on other emotional symptoms, such as reducing anxiety and improving self-rated mental health and quality of life (e.g. [Lewis 2019](#)). There was no evidence of adverse effects or death associated with the use of pharmacological therapy to prevent depression after stroke. However, important known adverse effects such as falls and hip fracture apparent in other stroke trials ([FOCUS 2019](#)), were not reported, or the included trials were too small to identify them or, most likely, they were not systematically recorded.

The pharmacological therapy trials included participants whose time from onset of stroke to randomisation ranged from within three days to 13 weeks. Duration of the interventions ranged from three weeks to 52 weeks. This is important because of the serious debate about withdrawal effects and uncertainty about the balance of risk and benefit in longer-term prescribing. The prescription of antidepressants in this population is usually started in stroke services and maintained in primary care. This means important uncertainty remains for service providers and the evidence on which to guide pharmacological therapy is limited.

Psychological therapy trials

Compared to usual care or attention control, there is very low-certainty evidence which shows that psychological therapy reduced the incidence of depression after stroke at the end of treatment. No new trials reported on this outcome so these results are the same as in the previous review ([Hackett 2008](#)). As for pharmacological therapy, potential minor benefits on non-specific symptoms are not covered. The certainty of evidence was very low due to inadequate reporting of allocation concealment and blinding of participants, personnel and outcome assessment, evidence of attrition bias (high numbers of dropouts in several of

the studies), and wide confidence intervals. There was no evidence of adverse effects or death associated with psychological therapy to prevent depression after stroke.

Psychological therapy trials included participants whose time from onset of stroke to randomisation ranged from within days to 30 weeks. It is difficult to consider trials including participants six months after their stroke as true prevention trials. Duration of treatment was between four weeks and 52 weeks.

Non-invasive brain stimulation or combinations of included intervention trials

We found no trials of non-invasive brain stimulation compared with sham stimulation or usual care, or a combination of any of the included interventions with only one of the included interventions, to prevent depression after stroke.

Other trials

There were 10 trials we considered as 'dropouts' as outcome data were not analysed by depression status at baseline ($n = 4$) or not in a suitable format for pooling ($n = 6$). There are six trials awaiting classification. We were unable to obtain more information or outcome data in two trials. We were unsure if depression was the primary outcome in two trials, and in three trials we were unable to determine if the psychological therapy component meets the review criteria. Two ongoing trials (one psychological and one pharmacological therapy) will contribute more evidence for future updates of this review. The identification of ongoing trials, dropout trials, and trials awaiting classification indicate that this is an area of research for which further evidence will evolve in the short and longer term.

A major but not unexpected finding was the considerable heterogeneity in design, analysis, and reporting of clinical trials in this area of stroke medicine. To begin with, the trials included participants whose time from the onset of stroke to randomisation ranged from several days to seven months. It is likely that the aetiology of depression and response to treatment will vary across the different stages of recovery from stroke; for example, people who are in the acute phase of stroke are likely to be adjusting to experiencing a potentially life-threatening event as well as rapidly evolving effects of cerebral ischaemia. On the other hand, those who survive long term are adjusting to any fixed neurological deficits and residual disability, with varying impact on their social and financial situation. In a similar manner, the effects of treatment are likely to vary according to whether they are administered for short (several weeks) or long (several months to a year) time periods.

Another aspect of heterogeneity was the inclusion criteria across trials. Ideally, participants should be homogeneous with regard to stroke diagnosis, which requires the use of standard diagnostic criteria and neuroimaging in a high proportion of cases. Several of the pharmacological therapy trials, and only one of the psychological therapy trials, reported the method used to diagnose stroke, and while most did not provide details regarding stroke subtype, four trials included participants with subarachnoid haemorrhage. Given differences in the natural history, management, and also potential aetiological factors for depression in the setting of subarachnoid haemorrhage, it could be argued that this form of stroke should be examined separately to atherosclerotic stroke.

With regard to other entry criteria, many trials excluded people with communication problems, cognitive impairment, and previous psychiatric illness. This may be appropriate for trials of psychological therapy, as participants are required to engage actively in talking therapies. However, use of a large list of exclusions in trials of pharmacological therapy means that the results are likely to be applicable only to a small proportion of survivors of stroke who have a narrow range of co-morbidity and other characteristics. This reinforces a common criticism of depression research in the general population that the trial participants are not representative of those requiring treatment in the 'real world' (Zimmerman 2002). It would appear that this criticism is also applicable to trials to prevent depression after stroke, where up to half of survivors may be excluded using such criteria (Turner-Stokes 2003). Given the older age of most people with stroke, and the frequent presence of neurological impairments, aphasia, and co-morbid medical conditions, the fact that up to half of survivors are excluded from these trials limits the external validity of the results.

While it is relatively easy to diagnose major vascular disease endpoints in clinical trials, defining depression as an outcome can be problematic. Disturbances of language and cognition are common after stroke, and physical and other behavioural cues, such as slowness, reduced appetite, and loss of facial expression, may be misleading in the diagnosis of abnormal mood. Although gold-standard diagnostic definitions are available for major depression, dysthymia (Persistent Depressive Disorder) and other mood disorders (for example, APA 1987, APA 1994, APA 2013, and ICD 10 1992), these require modification to use among people with stroke. Clearly, there is the need to accept stroke as the concomitant medical condition, but also the presence of symptoms for less than the two years required for a diagnosis of dysthymia. In this situation minor depression (APA 1994), which is characterised by the presence of two to four depressive symptoms during a two-week period, and requires one of these symptoms to be either depressed mood or loss of interest or pleasure, may be more appropriate.

In clinical practice, a trained health professional establishes the presence of abnormal mood by interviewing a person. Given the practical difficulties and high cost of conducting detailed psychiatric interviews on participants in clinical trials, we considered it appropriate to adopt a pragmatic approach and determine a case of depression on the basis of a psychiatric interview or use of a validated mood questionnaire. However, there are several problems associated with this approach. First, some studies included participants whose baseline mood scores were within the range for abnormal mood or depression. As we consider it inappropriate to undertake a study of the prevention of depression when it may already be present, we have elected to exclude these participants in these studies until data are available from the researchers. Second, the multiple approaches and scales used to assess mood across studies, and the variation in reporting of data within and between studies, made the pooling of data inappropriate in most cases. Finally, since primary a priori endpoints were seldom reported for the multiple measures used, it was difficult to assess whether the data presented were truly the intended primary outcomes in many studies, particularly given the high number of studies with selective reporting of outcomes.

Another important aspect of trial design is the sample size required to detect a clinically meaningful effect; that is, how much of a difference between groups is considered reasonable to expect. While the continuous measures offered by various mood scales are appealing, as only 50 to a few hundred participants may be required in trials, the clinical significance of a few points difference between group means on follow-up is not so clear cut. Transformation of scores according to particular cut-off values, or the assessment of people using standardised clinical diagnostic criteria to provide a categorical disease endpoint is more meaningful, but may require several thousand participants. In addition, participants in clinical trials are likely to be more biologically robust and may potentially receive a treatment effect by virtue of their participation alone.

Finally, it is difficult to interpret the significance of outcomes when there is inadequate concealment of randomisation and high numbers of dropouts in several of the studies. Few trials systematically recorded and reported adverse events, making it impossible to undertake a reliable assessment of the benefits and risks of therapy. There was inconsistency in the methods of analysis and reporting of results, with most studies presenting per-protocol analyses. For trials with high dropouts (more than 20%), intention-to-treat (ITT) analysis becomes very important. Should ITT (with missing data for the best possible and worst possible outcome) and per-protocol analyses indicate similar trends, then the findings are likely to be interpreted as clinically robust.

In summary, the lack of evidence of an effect of pharmacological and psychological therapy for preventing depression after stroke can be readily attributed to the limited numbers of studies, many of which are limited by poor study design, analysis, and reporting, as much as to the possible lack of limited efficacy of the interventions.

Overall completeness and applicability of evidence

The present review included 19 trials (21 interventions), with 1771 participants. Data were available for 12 pharmacological trials (14 interventions) and seven psychological therapy trials. We considered 11 trials as 'dropouts' as outcome data were not available in a suitable format for the review (six trials), or were not presented by depressed and not depressed participants at baseline (five trials). Five trials (two pharmacological interventions and three psychological therapies) are awaiting classification. Two trials (pharmacological interventions and psychological therapy) are ongoing.

The accuracy of the findings of this systematic review and meta-analysis is based on the trials which met the eligibility criteria. These findings must be considered in light of several basic methodological limitations of many of these trials, including the short duration of many interventions, variation in the types of trial participants recruited, the methods used to diagnose depression, lack of an a priori measurable endpoint, and the generally poor design, outcome assessment, analysis and interpretation of results. We will incorporate new data in future updates.

Quality of the evidence

We rated the certainty of evidence for all comparisons using the five GRADE considerations (study limitations, consistency of effect, indirectness, imprecision and publication bias; [Schünemann 2019](#)). We created a 'Summary of findings' table for each comparison. Overall, we assessed the certainty as very low.

Limitations in study design or execution

For the comparison of pharmacological interventions with placebo, we downgraded the certainty of evidence for the following outcomes: meeting the study criteria for depression at end of treatment, mean depression scores, mean cognition scores, mean activities of daily living scores, and death at end of treatment by two points as we rated several trials as having a high or unclear risk of bias in multiple domains. See [Summary of findings 1](#).

For the comparison of psychological interventions with usual care and/or attention control, we downgraded the certainty of evidence for the following outcomes: meeting the study criteria for depression at end of treatment, mean social activities scores, and death at end of treatment by two points as we rated several trials as having a high risk in multiple risk of bias domains. See [Summary of findings 2](#).

Inconsistency of results

For the comparisons of pharmacological interventions with placebo, we did not downgrade the certainty of evidence for inconsistency of results. No heterogeneity between the studies was observed. See [Summary of findings 1](#);

For the comparison of psychological therapy with usual care and/or attention control, we downgraded the social activities scores by two points for substantial heterogeneity ($I^2 = 80\%$). See [Summary of findings 2](#).

Indirectness of evidence

All included trials addressed the main review questions (PICO): 1) the effect of pharmacological interventions compared to placebo; and 2) psychological therapy compared to usual care and/or attention control in preventing depression or depressive symptoms after stroke. Thus, we did not downgrade any outcomes in any comparisons for indirectness of evidence. See [Summary of findings 1](#); [Summary of findings 2](#).

Imprecision

For the comparison of pharmacological interventions with placebo, we downgraded the certainty of evidence for meeting the study criteria for depression at the end of treatment by one point because the confidence intervals were wide. We also downgraded the certainty of evidence for the following outcomes: mean depression scores, mean cognition scores, mean activities of daily living scores, and death at end of treatment, because the confidence intervals were very wide. See [Summary of findings 1](#).

For the comparison of psychological interventions with usual care and/or attention control, we downgraded the certainty of evidence for meeting the study criteria for depression at end of treatment by one point because the confidence intervals were wide. We also downgraded the certainty of evidence for the following outcomes: mean social activities score and death at end of treatment, because the confidence intervals were very wide. See [Summary of findings 2](#).

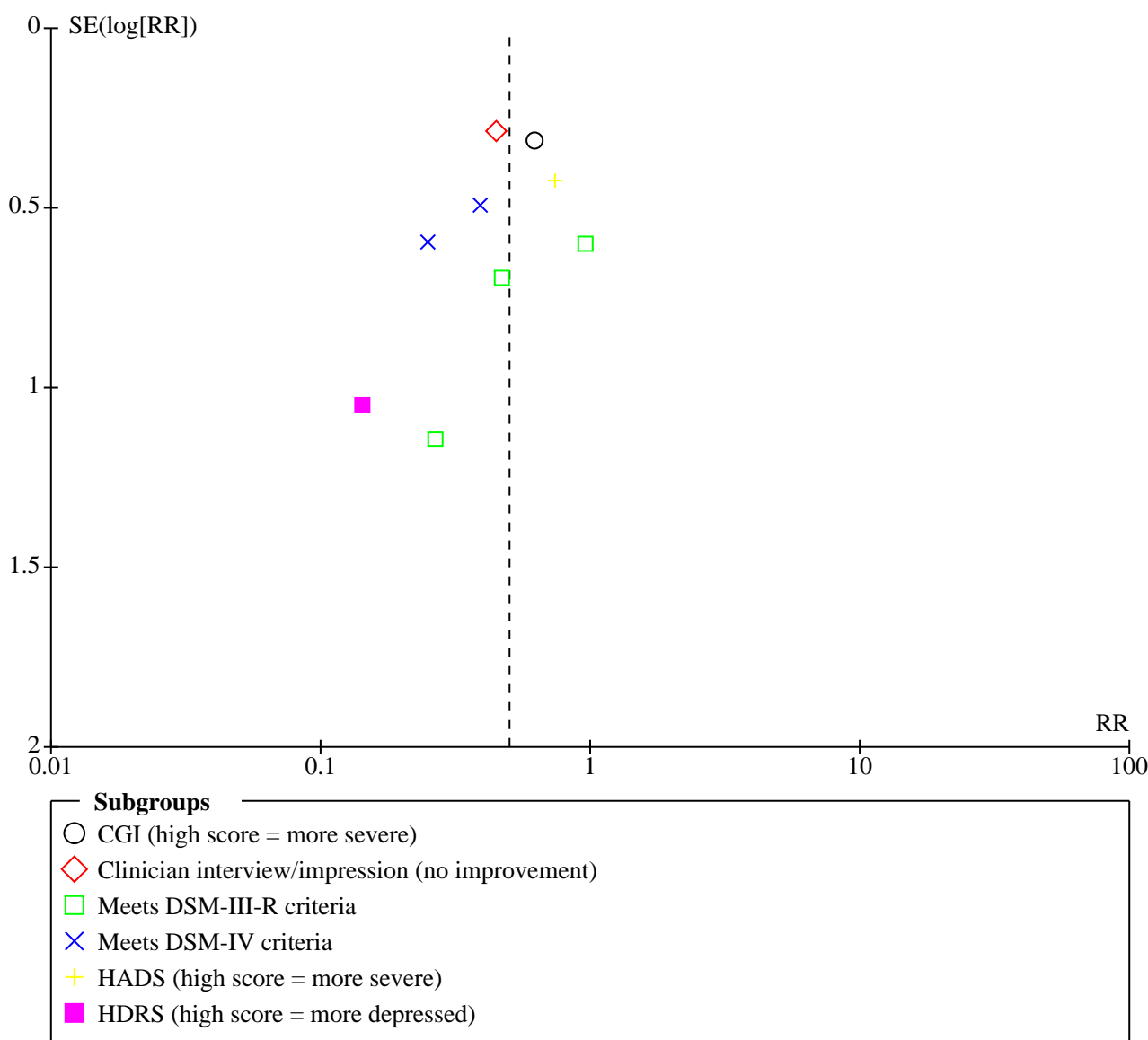
Publication bias

We assessed publication bias using funnel plots for the outcome: meeting the study criteria for depression at end of treatment for the pharmacological interventions versus placebo comparison. We

deemed this necessary to show no evidence of publication bias for this outcome (Figure 4), as there were nine trials (close to 10 trials, the usual minimum requirement) contributing to the analysis. We did not assess publication bias using funnel plots for the other

outcomes due to the small number of trials (< 10 trials) contributing to the analysis. Therefore, we did not downgrade the certainty of evidence for publication bias in any of the outcomes. See [Summary of findings 1](#); [Summary of findings 2](#).

Figure 4. Funnel plot of comparison: 1 Pharmacological interventions (antidepressants) versus placebo, outcome: 1.1 Depression: meeting study criteria for depression at end treatment.



Potential biases in the review process

Strengths and weaknesses of this review

This review has rigorously adhered to the Cochrane methods for performing systematic reviews. During the review process we have tried to avoid and minimise any biases. We undertook extensive searches of databases and additional resources. We did not apply any language restrictions within the search process. Thus, we believe that we have identified and included all potentially relevant trials in this review. We arranged for any potentially relevant non-

English full-text trials to be translated into English to finalise the eligibility process. Furthermore, at least two review authors independently extracted and managed the data.

The main weakness of this review is the heterogenous nature of the outcome measures and the frequent use of multiple scales between and within trials. As a result, we were unable to pool outcome data for many endpoints. Furthermore, inadequate reporting for some of the trials has precluded classification of risk of bias as either low or high risk. This has led us to rate some of the trials across the

categories as having an unclear risk of bias and an overall rating of 'very low' certainty of evidence.

Agreements and disagreements with other studies or reviews

To date, there are no other systematic reviews as comprehensive as the current review.

We found one other systematic review comparing the effect of pharmacotherapy to prevent depression in the stroke population (Salter 2013). This review is similar to our review, particularly in their inclusion of trials with people with no diagnosed depressive disorder or a mood score below the standard cut-off score for a depressive disorder at baseline. The authors included eight trials, of which six trials (seven interventions) (Almeida 2006; Palomaki 1999; Rasmussen 2003; Robinson 2000a/Robinson 2000b; Robinson 2008; Tsai 2011) are included in our review. In contrast to our review, that review combined the results from both active treatment conditions/arms (nortriptyline and fluoxetine) from the Robinson 2000a trial in their analysis. We excluded the other two included trials as one trial did not have a placebo comparison and the other trial had motor function as the primary outcome. The Salter 2013 review found a significant reduced risk for depression (odds ratio (OR) 0.34, 95% CI 0.22 to 0.53) based on satisfactory methodological quality according to the Jadad scale (Clark 1999). Similarly, they also found that the reporting of adverse events was generally poor, making it difficult to undertake a reliable and meaningful evaluation of the relative risks for adverse events associated with prophylactic therapy.

We found a more targeted systematic review of fluoxetine to prevent depression in the stroke population (Yi 2010). Only two of their six included trials are included in our review (Dam 1996a; Robinson 2000a). We excluded the remaining four of their included trials as they did not have a placebo comparison. Yi 2010 demonstrated that fluoxetine reduced the incidence of depression after stroke (OR = 0.25, 95% CI 0.11 to 0.56), with no evidence of adverse events (OR) 0.88, 95% CI 0.31 to 2.49, $P = 0.82$). The authors noted several methodological limitations including inadequate randomisation sequence, randomisation concealment, and dropout rates ranging from 0% to 11.1% in the fluoxetine groups and from 0% to 14.3% in the control groups.

There were no systematic reviews comparing the effect of repetitive transcranial magnetic stimulation (rTMS) to sham rTMS, or of a combination of rTMS and pharmacotherapy to usual care or sham rTMS and pharmacotherapy to prevent depression after stroke. There is one systematic review evaluating the use of rTMS in people diagnosed with major depressive disorder in the general populations rather than a population with stroke (Rachid 2018). However, rTMS was not used to prevent depression but more as maintenance therapy to prevent relapse of depression.

One systematic review reported on the effect of psychotherapy for preventing depression after stroke (Baker 2018). The authors included five trials, of which one (Hoffman 2015), is included in our review. We excluded the remaining four trials as the intervention in two did not meet the review criteria, one trial only included caregivers, and the remaining trial did not have depression as the primary outcome. The review authors did not perform a meta-analysis and only described the included studies narratively.

The identification of studies currently ongoing and those awaiting classification indicate that this is an area of stroke research for which further evidence will evolve in the short and longer term.

AUTHORS' CONCLUSIONS

Implications for practice

There is inadequate evidence at present to support the routine use of antidepressants, psychostimulants, other drugs, or psychological therapies to prevent depression and improve recovery after stroke. All positive effects are based on very low-certainty evidence. The small positive benefit of psychological strategies probably endorses the use of more structured approaches to the delivery of education and advice targeting emotional recovery and adjustment to the effects of stroke. However, the amount of evidence to support the routine use of these approaches in stroke rehabilitation is limited, as is the generalisability of these findings to all stroke survivors due to the narrow inclusion and exclusion criteria for participants in these trials.

Implications for research

One reason for uncertainty in this area is that previous trials have been of inadequate design. There is a need for further research using more rigorous methods. In addition to concealment of randomisation, and blinded treatment allocation and outcome assessments, future trials of pharmacological and psychological therapy for the prevention of depression after stroke should be designed with attention to the methodological issues described below.

- The trial should be of adequate power to detect modest but clinically important effects on a binary endpoint of significantly abnormal mood state, defined either by structured psychiatric interview or a validated mood scale.
- Participants should be recruited early (within four to six weeks) after the onset of stroke and the treatment continued for at least six months (the high-risk period), to allow the maximum effect on the natural history of the disorder and evaluation of a treatment regimen that could be relatively easily adopted into clinical practice.
- Standard clinical criteria for stroke should be used, and people with subarachnoid haemorrhage and those depressed at baseline excluded from participation.
- Exclusion criteria should be kept to a minimum without forgoing safety to allow trial results to be generalisable to most stroke survivors.
- A priori primary and secondary outcomes should be stated.
- Careful prospective assessment and complete reporting of adverse events should be undertaken.
- A limited number of key outcomes should be measured and reported.

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* Indicates the major publication for the study

CHARACTERISTICS OF STUDIES

Characteristics of included studies [ordered by study ID]

Almeida 2006

Study characteristics

Methods	Study design: parallel design Number of arms: 2 Treatment arm: sertraline (SSRI) Control arm: matched placebo
Participants	Geographical location: Australia Setting: inpatient Stroke criteria: acute ischaemic or haemorrhagic stroke Method of stroke diagnosis: via clinical signs (ICD-10) and CT (100% imaged, 10/111 CT scan did not show acute ischaemia) Time since stroke: stroke on average < 2 weeks prior to randomisation Inclusion criteria: not reported

Almeida 2006 (Continued)

Exclusion criteria: 1) severe communication difficulties; 2) unstable medical condition; 3) severe cognitive impairment and depression; 4) taking antidepressants within 4 weeks of stroke; 5) contraindication to sertraline

Depression criteria: HADS score > 8

Total number randomised in this trial: 111

Number randomised to treatment group: 55 (67% men, mean age 68 years, SD 13)

Number randomised to control group: 56 (62% men, mean age 67 years, SD 13)

Total number included in the final analysis: 99

Number included in treatment group for final analysis: 48

Number included in control group for final analysis: 51

Interventions	Treatment: sertraline (SSRI), 50 mg, daily (night) Control: matched placebo Treatment duration: treatment continued for 24 weeks Follow-up: 28 weeks post treatment end (52 weeks from baseline)
Outcomes	Primary outcomes <ul style="list-style-type: none"> Depression measured using the HDRS Secondary outcomes <ul style="list-style-type: none"> Cognitive function measured using the MMSE Disability measured using the mRS
Notes	

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Subjects were allocated to 24-week treatment with placebo or sertraline (fixed daily dose of 50mg at night) according to a computer-generated random list of numbers ..." pp. 1105
Allocation concealment (selection bias)	Low risk	Quote: "Placebo and sertraline were delivered in capsules that had the same size, shape, colour, smell, and weight" pp. 1105
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Both the research team and participants were unaware of treatment allocation ..." pp. 1105
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Quote: "We designed this randomized, double-blind, placebo control trial ..." pp. 1105
Incomplete outcome data (attrition bias) All outcomes	High risk	Quote: "... last observation carried forward (LOCF) analyses to investigate the primary endpoint of interest for this study ..." pp. 1106 Comments: per protocol analysis presented. 11/111 were not included in the analysis

Almeida 2006 (Continued)

Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Unclear risk	Comments: more participants in treatment group with previous heart attack and stroke, also higher levels of hypertension

Creytens 1980
Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: piracetam (nootropic agent) Control arm: matched placebo
Participants	Geographical location: Belgium Setting: inpatient (women's hospital) Stroke criteria: all subtypes Method of stroke diagnosis: via clinical signs Time since stroke: not reported Inclusion criteria: not reported Exclusion criteria: not reported Total number randomised in this trial: 50 Number randomised to treatment group: 25 (0% men, mean age 73 years SD not reported) Number randomised to control group: 25 (0% men, mean age 69 years SD not reported) Total number included in final analysis: 42 Number included in treatment group for final analysis: unclear Number included in control group for final analysis: unclear
Interventions	Treatment: piracetam (nootropic agent), 6g IM daily for 7 days, 4.8 g (4 x 400 mg three times a day orally) daily for 30 days Control: matched placebo Treatment duration: treatment continued for 37 days Follow-up: not reported
Outcomes	Primary outcomes <ul style="list-style-type: none"> Depression measured using the BOP scale (depressive behaviour sub scale) Secondary outcomes <ul style="list-style-type: none"> Leaving the study early Adverse events Death

Notes

Creytens 1980 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Two independent groups of patients suffering a CVA (acute stage) were randomized...." pp. 23 Comments: method of sequence generation not reported
Allocation concealment (selection bias)	Unclear risk	Comments: method of allocation concealment not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Quote: "This study was double-blind." pp. 23 Comments: no details of who was blinded was reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Quote: "This study was double-blind." pp. 23 Comments: no details of who was blinded was reported
Incomplete outcome data (attrition bias) All outcomes	High risk	Comments: per protocol analysis presented only. 8/50 participants were not included in the analysis
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Unclear risk	-

Dam 1996a

Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: fluoxetine (SSRI) Control arm: matched placebo
Participants	Geographical location: Italy Setting: unclear Stroke criteria: ischaemic, unilateral MCA territory stroke Method of stroke diagnosis: via clinical signs and CT (100%) Time since stroke: 1 to 6 months prior to randomisation (average time 3 months) Inclusion criteria: 1) unable to walk Exclusion criteria: 1) history of major affective disorders; 2) alcohol abuse; 3) a history or evidence or both of severe heart, lung, kidney or liver diseases or mental deterioration Total number randomised in this study: 26 Number randomised to treatment group: 18 (44% men, mean age 68 years, SD 9)

Dam 1996a (Continued)

Number randomised to control group: 8* (44% men, mean age 68 years, SD 6)

Total number included in final analysis: 24

Number included in treatment group for final analysis: 16

Number included in control group for final analysis: 8*

Interventions	<p>Treatment: fluoxetine (SSRI), 20 mg daily</p> <p>Control: matched placebo</p> <p>Treatment duration: treatment continued on average 74 +/- 6 days, duration not reported for control group</p> <p>Follow-up: not reported</p>
Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> Depression measured using the HDRS <p>Secondary outcomes</p> <ul style="list-style-type: none"> Impairment measured using the Hemispheric Stroke Scale (HSS) Disability measured using the BI Leaving the study early Adverse events Death

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	<p>Quote: "Patients were randomly divided into three groups and treated for 3 months with physical therapy associated with ..." pp. 2</p> <p>Comments: method of sequence generation not reported</p>
Allocation concealment (selection bias)	Unclear risk	<p>Comments: method of allocation not reported</p>
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	<p>Comments: blinding of participants and personnel was not reported</p>
Blinding of outcome assessment (detection bias) All outcomes	Low risk	<p>Quote: "The examining neurologists were blinded to the treatment administered to the patients." pp. 2</p>
Incomplete outcome data (attrition bias) All outcomes	High risk	<p>Comments: per protocol analyses reported only. 3/35 participants were not included in the analysis</p>
Selective reporting (reporting bias)	Unclear risk	<p>Comments: no trial protocol available to compare with the publication</p>
Other bias	Low risk	<p>Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics</p>

Dam 1996b

Study characteristics

Methods	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Experimental arm: maprotiline (tetracyclic agent)</p> <p>Control arm: matched placebo</p>
Participants	<p>Geographical location: Italy</p> <p>Setting: unclear</p> <p>Stroke criteria: ischaemic, unilateral MCA territory stroke.</p> <p>Method of stroke diagnosis: via clinical signs and CT (100%)</p> <p>Time since stroke: 1 to 6 months prior to randomisation (average time 3 months)</p> <p>Inclusion criteria: 1) unable to walk</p> <p>Exclusion criteria: 1) history of major affective disorders; 2) alcohol abuse; 3) a history or evidence or both of severe heart, lung, kidney or liver diseases or mental deterioration</p> <p>Total number randomised in this study: 26</p> <p>Number randomised to treatment group: 17 (43% men, mean age 68 years, SD 8)</p> <p>Number randomised to control group: 9* (44% men, mean age 68 years, SD 6)</p> <p>Total number included in final analysis: 22</p> <p>Number included in treatment group for final analysis: 14</p> <p>Number included in control group for final analysis: 8*</p>
Interventions	<p>Treatment: maprotiline (tetracyclic agent), 150 mg daily</p> <p>Control: matched placebo</p> <p>Treatment duration: treatment continued on average 77 +/- 7 days, duration not reported for control group</p> <p>Follow-up: not reported</p>
Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> Depression measured using the HDRS <p>Secondary outcomes</p> <ul style="list-style-type: none"> Impairment measured using the Hemispheric Stroke Scale (HSS) Disability measured using the BI Leaving the study early Adverse events Death
Notes	-

Risk of bias

Bias	Authors' judgement	Support for judgement
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Dam 1996b (Continued)

Random sequence generation (selection bias)	Unclear risk	Quote: "Patients were randomly divided into three groups and treated for 3 months with physical therapy associated with ..." pp. 2 Comments: method of sequence generation not reported
Allocation concealment (selection bias)	Unclear risk	Comments: method of allocation not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Comments: blinding of participants and personnel was not reported
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "The examining neurologists were blinded to the treatment administered to the patients." pp. 2
Incomplete outcome data (attrition bias) All outcomes	High risk	Comments: per protocol analyses reported only. 3/35 participants were not included in the analysis
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics

Forster 1996

Study characteristics

Methods	Study design: parallel design Number of arms: 2 Treatment arm: specialist nurse intervention Control arm: usual care
Participants	Geographical location: UK Setting: outpatient Stroke criteria: all subtypes excluding cerebral haemorrhage Method of diagnosis: via clinical signs and CT (% not reported) Time since stroke: not reported Inclusion criteria: 1) over 60 years; 2) disability related to stroke Exclusion criteria: 1) multi-infarction dementia; 2) concurrent medical condition associated with a poor prognosis; 3) lived in residential care Total number randomised in this study: 240 Number randomised to treatment group: 120 (55% men, median age 73 years, range 60 to 94 years) Number randomised to control group: 120 (51% men, median age 73 years, range 60 to 90 years) Total number included in final analysis: 208

Forster 1996 (Continued)

Number included in treatment group for final analysis: 103

Number included in control group for final analysis: 105

Interventions	<p>Treatment: specialist nurse intervention; included a counselling and enabling model, specialised in problem solving, goal setting, advice on specific issues plus information booklets</p> <p>Treatment duration: treatment continued for a minimum 6 visits over the first 6 months (average of 8 visits over first 6 months)</p> <p>Administered by: specialist G-grade nurses experienced in assessing disability in elderly and in problem solving approaches</p> <p>Supervision: not reported</p> <p>Intervention fidelity: not reported</p> <p>Control: usual care, no visits</p> <p>Follow-up: not reported</p>
Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> Depression measured using the Nottingham Health Profile (NHP) <p>Secondary outcomes</p> <ul style="list-style-type: none"> Physical function measured using the NHP, Disability measured using the BI Activities of daily living measured using the Frenchay Activities Index (FAI) Death
Notes	-

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	<p>Quote: "An assistant in our department who was otherwise unconnected with the study randomized the patients by 4 length random permuted blocks of 6 to the control group or the intervention group (the patients receiving visits by the specialist nurses)." pp. 1642</p> <p>Comments: method of sequence generation not reported</p>
Allocation concealment (selection bias)	Unclear risk	Comments: method of allocation not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Comments: blinding of participants and personnel not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Comments: blinding of outcome assessment not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	Comments: per protocol analysis reported only. 33/240 participants not included in the analysis

Forster 1996 (Continued)

Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics

Goldberg 1997
Study characteristics

Methods	<p>Study design: parallel design</p> <p>Number arms: 2</p> <p>Treatment arm: home-based therapeutic intervention</p> <p>Control arm: usual care</p>
Participants	<p>Geographical location: USA</p> <p>Setting: inpatient</p> <p>Stroke criteria: unclear.</p> <p>Method of stroke diagnosis: unclear.</p> <p>Time since stroke: on average 2 weeks (treatment group) and 13 weeks (control group) prior to randomisation</p> <p>Inclusion criteria: 1) home to return to and readily identified primary caregiver</p> <p>Exclusion criteria: 1) severe pre-morbid or co-morbid conditions sufficient to impact significantly on their capacity to recover from the stroke; 2) residual cognitive or communicative impairment prevent participation in interviews</p> <p>Total number randomised in this study: 55</p> <p>Number randomised to treatment group: 27 (48% men, median age 72 years, range 65 to 84 years)</p> <p>Number randomised to control group: 28 (55% men, median age 72 years, range 65 to 81 years)</p> <p>Total number included in final analysis: 41</p> <p>Number included in treatment group for final analysis: 21</p> <p>Number included in control group for final analysis: 20</p>
Interventions	<p>Treatment: weekly phone contact, monthly home visits; home-based therapeutic team attend specifically to psychosocial stressors and prevent significant psychosocial problems from accelerating</p> <p>Treatment duration: treatment continued for 1 year</p> <p>Administered by: multidisciplinary team included a psychiatrist, psychologist, recreational therapist, research programme case manager, social worker</p> <p>Supervision: case manager (social worker)</p> <p>Intervention fidelity: not reported</p> <p>Control: usual care, no visits</p> <p>Follow-up: last follow-up at 1 year (end of treatment)</p>

Goldberg 1997 (Continued)

Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> Depression measured using the CES-D <p>Secondary outcomes</p> <ul style="list-style-type: none"> Leaving the study early Recurrent stroke
Notes	-

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "... subjects were randomized using a random number table to either the experimental group, which received the STAIR program, or to a control group, which did not." pp. 67
Allocation concealment (selection bias)	Unclear risk	Comments: method of allocation not reported
Blinding of participants and personnel (performance bias) All outcomes	High risk	Quote: "... since the subjects clearly could not be blinded to their own treatment." pp. 67
Blinding of outcome assessment (detection bias) All outcomes	High risk	Quote: "Blinding of the data collector was attempted, although this was difficult to consistently accomplish and maintain, since the subjects clearly could not be blinded to their own treatment."
Incomplete outcome data (attrition bias) All outcomes	High risk	Comments: per protocol analysis reported only. 14/55 participants were not included in the analysis
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics

Grade 1998
Study characteristics

Methods	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Experimental arm: methylphenidate</p> <p>Control arm: matched placebo</p>
Participants	<p>Geographical location: USA</p> <p>Setting: inpatient</p> <p>Stroke criteria: all subtypes</p>

Grade 1998 (Continued)

Method of stroke diagnosis: via clinical signs and CT (100%)

Time since stroke: on average 18 days (SE 4, treatment group) and 19 days (SE 4, control group) prior to randomisation

Inclusion criteria: not reported

Exclusion criteria: 1) childbearing potential; 2) hypersensitivity to methylphenidate; 3) significant medical conditions, schizophrenia, delusional disorder, motor tics, uncontrolled epilepsy, malignant hypertension, prominent agitation; 4) current antidepressant treatment

Total number randomised in this study: 21

Number randomised to treatment group: 10 (40% men, mean age 70 years, SE 4)

Number randomised to control group: 11 (64% men, mean age 73 years, SE 3)

Total number included in final analysis: 21

Number included in treatment group for final analysis: 10

Number included in control group for final analysis: 11

Interventions	<p>Treatment: methylphenidate, 5 mg (1 in morning) to 60 mg (3 x 10 mg twice daily) daily; dose increased if no adverse events reported</p> <p>Control: matched placebo</p> <p>Treatment duration: treatment continued for 3 to 4 weeks</p> <p>Follow-up: not reported.</p>
Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> Depression measured using the HDRS and ZDS <p>Secondary outcomes</p> <ul style="list-style-type: none"> Dependence measured using the FIM Cognitive function measured using the MMSE Leaving the study early
Notes	-

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Using a random numbers table, the pharmacy department randomly assigned all patients to receive either methylphenidate or placebo in identical capsules." pp. 1048
Allocation concealment (selection bias)	Low risk	Quote: "... assigned all patients to receive either methylphenidate or placebo in identical capsules ..." pp. 1048
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "All patients and their families, as well as nurses and clinical examiners, were unaware of which participants were receiving methylphenidate." pp. 1048
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "To check the integrity of the double-blind design, a short questionnaire was given after the last rating period. Patients, examiners (psychiatrist, physical therapist, and psychologist), and other study staff (nurses and physiotherapist) were asked to indicate whether they believed the patient was given

Grade 1998 (Continued)

		methylphenidate or placebo (respondents could also answer 'don't know')." pp. 1048
Incomplete outcome data (attrition bias) All outcomes	Low risk	Comments: ITT analysis reported
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics

Hoffman 2015

Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: cognitive behavioural coping skills therapy Control arm: usual care
Participants	Geographical location: Australia Setting: inpatient Stroke criteria: unclear. Method of stroke diagnosis: confirmed by chart review Time since stroke: not reported Inclusion criteria: 1) > 18 years old; 2) adequate cognitive capacity to provide informed consent; 3) adequate English and expressive and receptive communication skills Exclusion criteria: 1) neurodegenerative disorder e.g. dementia; 2) living > 50 km away from hospital Depression criteria: depression score not an entry criteria. For unpublished analysis HADS ≥ 8 used for depression criteria Total number randomised in this trial: 16 Number randomised to treatment group: 11 (63.6% men, mean age 63.6, SD 13.0) Number randomised to control group: 5 (60% men, mean age 57.0, SD 14.2) Total number included in final analysis: 14 Number included in treatment group for final analysis: 9 Number included in control group for final analysis: 5
Interventions	Treatment: 8 x 1-hour cognitive-behavioural coping skills sessions delivered by a clinical psychologist with the first 2 in hospital and 6 delivered at home. The sessions included cognitive and behavioural exercises to prepare individuals for discharge and to adjust post-discharge (e.g. psychoeducation, self-monitoring, graduated activity participation, and cognitive restructuring) Treatment duration: 8 weeks Administered by: clinical psychologist Supervision: clinical psychologist Intervention fidelity: 10/11 (90%) in the treatment group (1 discontinued after 1 session) completed the sessions and 5/5 (100%) in the control group Control: usual care Follow-up: 3 months
Outcomes	Primary outcomes

Hoffman 2015 (Continued)

- Depression measured using the MADRS and the HADS
- Anxiety measured using the MADRS and the HADS

Secondary outcomes

- Activities of daily living measured using the MBI
- Stress coping measured using the Stress Appraisal Coping Measure

Notes	This trial had 3 arms (self-management therapy, cognitive behavioural therapy and usual care) but only the data from the cognitive behavioural therapy compared with usual care (n = 14 participants) are presented here
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Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "... randomly allocated using a predetermined computer generated randomization sequence ..." pp. 118
Allocation concealment (selection bias)	Unclear risk	Comments: method of allocation concealment was not reported
Blinding of participants and personnel (performance bias) All outcomes	High risk	Comments: due to the nature of the intervention blinding will not be achievable for participants or staff delivering care
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Outcomes were assessed in a face-to-face interview conducted by a research assistant (a registered psychologist) who was blind to group allocation." pp. 118
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "Analysis was completed using ... and on an intention to treat basis and missing data were addressed using the last observation carried forward procedure." pp. 120
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics

House 2000
Study characteristics

Methods	Study design: parallel design Number of arms: 3 Experimental arm: problem-solving therapy Control arm 1: non-specific volunteer visits Control arm 2: usual care
Participants	Geographical location: UK Setting: outpatient Stroke criteria: ischaemic stroke and primary intracerebral haemorrhage

House 2000 (Continued)

Method of stroke diagnosis: via clinical signs and CT (% not reported)

Time since stroke: 0 to 1 month prior to randomisation

Inclusion criteria: 1) local resident

Exclusion criteria: too ill to interview, impaired speech, cognitive impairment or poor English, living in a residential home at admission, serious concurrent illness likely to dominate pattern of care, participation in another rehabilitation trial

Total number randomised in this study: 450

Number randomised to treatment group: 151 (56% men, median age 74 years, IQR 65 to 79)

Number randomised to control group 1: 149[^] (49% men, median age 72 years, IQR 64 to 78)

Number randomised to control group 2: 150[^] (57% men, median age 74 years, IQR 66 to 80)

Total number included in final analysis: 450

Number included in treatment group for final analysis: 151

Number included in control group 1 for final analysis: 149

Number included in control group 2 for final analysis: 150

Interventions

Treatment: problem-solving therapy (manual-based): sessions in participants' home, help to identify and prioritise problems, set goals and identify solutions to problems

Treatment duration: treatment continued for 1 to 10 (median 5) fortnightly sessions for treatment group, 1 to 42 (median 6) fortnightly contacts for attention control group

Administered by: problem-solving therapy delivered by psychiatric nurses, attention control administered by trained volunteers

Supervision: specialised liaison psychiatrist

Intervention fidelity: n = 121 participants received standard problem solving intervention, n = 30 did not receive full intervention

Control: 1) attention control -non-specific volunteer visits, 2) Usual care, no visits

Follow-up: not reported

Outcomes

Primary outcomes

- Depression (difference between groups at end of treatment) measured using the GHQ-28 total score**
- Depression (proportion scoring > 4) measured using the Present State Examination (PSE)

Secondary outcomes

- Leaving the study early
- Death

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Random allocation was generated by computer in the trials office in blocks of 15, stratified by admitting NHS trusts." pp. 2

House 2000 (Continued)

Allocation concealment (selection bias)	Low risk	Quote: "Patients were sent a letter confirming their participation and giving the name of their volunteer or nurse, as appropriate, and the planned follow-up dates. In this way, patients were not aware that their treatment was being randomly allocated, and did not know that other patients were receiving a different treatment." pp. 2
Blinding of participants and personnel (performance bias) All outcomes	High risk	Quote: "Patients were not masked to their allocation as this is clearly impossible to achieve with this type of intervention. However, as a result of the randomization procedure patients were unaware of other treatment allocations." pp. 2 Comments: blinding of personnel not reported.
Blinding of outcome assessment (detection bias) All outcomes	High risk	Quote: "Follow up assessments took place in the patient's home with an interviewer who was not informed of the treatment allocation of the patient. Patients who received problem-solving were asked by the therapist not to reveal their allocation. To test the extent of unmasking of outcome assessors, we asked the interviewer to guess the allocation of 127 patients seen at 12 months." pp. 3 "The interviewer guessed correctly in 65 (51.2%) patients ($\kappa = 0.26$, $p < 0.001$), suggesting that some unmasking had occurred." pp. 4
Incomplete outcome data (attrition bias) All outcomes	Low risk	Comments: ITT analysis reported. All participants were included in the analysis
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics

Kerr 2018

Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: individual motivational interviewing Control arm: usual care
Participants	Geographical location: Australia Setting: inpatient Stroke criteria: acute presentation after acute stroke (cerebral infarction/intracerebral haemorrhage) Method of stroke diagnosis: confirmed by neurologist in the medical notes Time since stroke: not reported Inclusion criteria: 1) acute presentation after acute stroke (cerebral infarction/intracerebral haemorrhage; 2) cognitively alert Exclusion criteria: 1) mental health conditions, including depressive symptoms requiring professional support within 1 month; 2) severe communication problems e.g. significant dysphasia or aphasia; 3) myocardial infarction; 4) concurrent neurological disease/trauma; 5) subarachnoid haemorrhage Depression criteria: depression score not an entry criteria. Total number randomised in this trial: 28 Number randomised to treatment group: 14 (85.7% men, mean age 69.14, SD 10.91) Number randomised to control group: 14 (50% men, mean age 71.95, SD 13.14)

Kerr 2018 (Continued)

Total number included in final analysis: 25
Number included in treatment group for final analysis: 12
Number included in control group for final analysis: 13

Interventions	<p>Treatment: 3 x 30-minute sessions of motivational interviewing. The purpose of Session 1 was to set the agenda and encourage the patient to talk about adjustment to stroke. In Session 2, the patient was encouraged to identify realistic goals for recovery and identify barriers to achieving goals. In Session 3, the goal was to identify any ambivalence the patient had about achieving goals; support the patient's optimism and self-efficacy, and assist identification of solutions to solve problems. Participants were encouraged to summarise their goals and commitment and clarify any information from the first 2 sessions</p> <p>Treatment duration: 3 months</p> <p>Administered by: trained facilitators</p> <p>Supervision: by a psychologist</p> <p>Intervention fidelity: unclear</p> <p>Control: usual care</p> <p>Follow-up: 3 months</p>
Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> Depression measured using the HADS and the PHQ-9 Anxiety measured using the HADS <p>Secondary outcomes</p> <ul style="list-style-type: none"> Quality of life measured using the QoL Index

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "A computer-generated block randomization list equally divided all numbers between 1 and 60 into either treatment or control groups." pp. 3
Allocation concealment (selection bias)	High risk	Quote: "Allocation to the intervention or control arms was concealed from participants until after recruitment and baseline data collection. Envelopes were prepared by the Principal Investigator and stored in a locked cupboard in the ward. The envelopes were numbered sequentially, indicating the order in which participants were enrolled into the study (e.g. the first participant received the envelope labelled 'Number 1', the second participant received the envelope 'Number 2', etc.). A note in the envelope indicated the allocation (to intervention or control group), concealed by coloured paper to protect the identity of the allocation group. The project manager opened the randomization envelopes after baseline data collection." pp. 3
Blinding of participants and personnel (performance bias) All outcomes	High risk	Quote: "Allocation to the intervention or control arms was concealed from participants until after recruitment and baseline data collection." pp. 3 Comments: blinding of personnel not reported
Blinding of outcome assessment (detection bias) All outcomes	High risk	Quote: "The research assistant, a nurse with significant research experience, was employed to collect data at the 2 follow-up time points. Although inten-

Kerr 2018 (Continued)

		tionally blinded, the research assistant may have become aware of the allocation in conversation with the participant." pp. 5
Incomplete outcome data (attrition bias) All outcomes	High risk	Comments: per protocol analysis reported in Table 1 and 2. 10/48 participants were not included in the analysis. (8 dropped out; 2 unable to participate; 1 died, 1 developed aphasia)
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Quote: "Patients were broadly similar for age, gender, nationality, and marital status. Capacity to perform activities of daily living were similar, according to the Modified Barthel Index." pp. 6 Comments: no other bias detected

Palomaki 1999

Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: mianserin (tetracyclic agent) Control arm: matched placebo
Participants	Geographical location: Finland Setting: unclear Stroke criteria: ischaemic stroke Method of stroke diagnosis: via clinical signs and CT or MRI (100%) Time since stroke: 0 to 30 days prior to randomisation (average 14.3 days) Inclusion criteria: 1) under 71 years of age Exclusion criteria: 1) other diseases severe enough to confound the assessments of stroke outcome (severe cardiovascular, renal or liver disease, psychosis, alcoholism or dementia); 2) currently on antidepressants Total number randomised in this study: 100 Number randomised to treatment group: 51 (71% men, mean age 56 years, SD 11) Number randomised to control group: 49 (65% men, mean age 55 years, SD 10) Total number included in final analysis: 64 Number included in treatment group for final analysis: 27 Number included in control group for final analysis: 37
Interventions	Treatment: mianserin (tetracyclic agent), 10 mg every night; within 10 days dosage increased to 60 mg daily Control: matched placebo Treatment duration: treatment continued for 12 months

Palomaki 1999 (Continued)

Follow-up: 18 months

Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> Depression (proportion not meeting criteria for major depression) measured using the DSM-III-R Depression (change in scores from baseline to end of treatment) measured using the HDRS and the BDI <p>Secondary outcomes</p> <ul style="list-style-type: none"> Adverse events
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Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	<p>Quote: "The patients were randomized to mianserin or placebo groups of equal size, stratified according to location of lesion ..." pp. 490</p> <p>Comments: method of sequence generation not reported</p>
Allocation concealment (selection bias)	High risk	<p>Quote: "The randomization codes were kept in sealed envelopes." pp. 491</p> <p>Comments: this method of concealment can be tampered with</p>
Blinding of participants and personnel (performance bias) All outcomes	Low risk	<p>Quote: "For each stratum, the test drugs were provided in numbered vials containing tablets of identical appearance." pp. 491</p>
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	<p>Comments: blinding of outcome assessment not reported</p>
Incomplete outcome data (attrition bias) All outcomes	High risk	<p>Comments: per protocol analysis reported only. Only 75% of participants remained in placebo and 52% remained in treatment group at 12 months and were included in the analysis</p>
Selective reporting (reporting bias)	Unclear risk	<p>Comments: no trial protocol available to compare with the publication</p>
Other bias	Unclear risk	<p>Comments: the treatment group had more heart disease</p>

Rasmussen 2003

Study characteristics

Methods	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Experimental arm: sertraline (SSRI)</p> <p>Control arm: matched placebo</p>
Participants	<p>Geographical location: Denmark</p> <p>Setting: unclear</p>

Rasmussen 2003 (Continued)

Stroke criteria: ischaemic and primary intracerebral haemorrhage

Method of stroke diagnosis: via clinical signs and symptoms

Time since stroke: 0 to 4 weeks prior to randomisation

Inclusion criteria: not reported

Exclusion criteria: 1) current depression; 2) significant aphasia or dementia; 3) history of schizophrenia; 4) psychosis or severe drug abuse; 5) pre-existing neurological illness; 6) antidepressants in preceding 4 weeks; 7) current (within 6 months) cardiovascular illness

Total number randomised in this study: 137

Number randomised to treatment group: 70 (50% men, mean age 72 years, SD 9)

Number randomised to control group: 67 (51% men, mean age 68 years, SD 11)

Total number included in final analysis: 118

Number included in treatment group for final analysis: 61

Number included in control group for final analysis: 57

Interventions	Treatment: sertraline (SSRI), 50 mg daily; at any time after 2 weeks dose could be increased in 50 mg increments up to 150 mg daily; average dose 62.9 mg daily Control: matched placebo Treatment duration: treatment continued for 12 months Follow-up: not reported
Outcomes	Primary outcomes <ul style="list-style-type: none"> Depression (change in scores from baseline to end of treatment) measured using the HDRS Depression (proportion scoring > 2) measured using the CGI Depression (proportion scoring > 16) measured using the GDS Secondary outcomes <ul style="list-style-type: none"> Leaving the study early

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Patients were randomly assigned to 12 months of double-blind study treatment." pp. 217 Comments: method of sequence generation not reported
Allocation concealment (selection bias)	Unclear risk	Comments: method of allocation concealment not reported
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: title - "A double-blind, placebo-controlled study of sertraline in the prevention of depression in stroke patients." pp. 216 Comments: who was blinded was not reported
Blinding of outcome assessment (detection bias)	Low risk	Quote: title - "A double-blind, placebo-controlled study of sertraline in the prevention of depression in stroke patients." pp. 216

Rasmussen 2003 (Continued)

All outcomes

Comments: who was blinded was not reported

Incomplete outcome data (attrition bias) All outcomes	High risk	Comments: per protocol analysis reported only. 19/137 were not included in the analysis
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Unclear risk	Comments: the treatment group were older on average

Reding 1986
Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: trazodone-HCl (serotonin modulator) Control arm: matched placebo
Participants	Geographical location: USA Setting: inpatient Stroke criteria: all subtypes Method of stroke diagnosis: via clinical signs and CT (100%) Time since stroke: on average 45 +/- 5 days (treatment group) and 48 +/- 13 days (control group) prior to randomisation Inclusion criteria: not reported Exclusion criteria: 1) myocardial infarction within previous month; 2) antiarrhythmic medication Total number randomised in this study: 27 Number randomised to treatment group: unclear Number randomised to control group: unclear Total number included in final analysis: 5 Number included in treatment group for final analysis: 3 (66% men, mean age 67 years, SE 6) Number included in control group for final analysis: 2 (50% men, mean age 73 years, SE 16)
Interventions	Treatment: trazodone-HCl (serotonin modulator) 50 mg daily; dose escalation every 3 days to target dose of 200 mg Control: matched placebo Treatment duration: treatment continued for 32 +/- 6 days (treatment group) and 24 +/- 4 days (control group) Follow-up: not reported
Outcomes	Primary outcomes <ul style="list-style-type: none"> Depression measured via clinical diagnosis of depression

Reding 1986 (Continued)

Secondary outcomes

- Activities of daily living measured using the BI

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Patients were assigned to either treatment or placebo groups according to a table of random numbers." pp. 763
Allocation concealment (selection bias)	Unclear risk	Comments: method of allocation concealment not reported
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Trazodone hydrochloride (50 mg) or placebo in an identical capsule was administered orally by the nursing staff ..." pp. 763
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "... attending physician, unaware of treatment group assignment, noted signs or symptoms possibly due to trazodone ..." pp. 764
Incomplete outcome data (attrition bias) All outcomes	High risk	Comments: only 5/27 patients completed the study at target dose. The study was discontinued due to perceived side effects in both groups. The analysis is presented in subgroups with only numbers of improved not total numbers analysed
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics

Robinson 2000a

Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: fluoxetine (SSRI) Control arm: matched placebo
Participants	Geographical location: USA and Argentina Setting: mixed Stroke criteria: all subtypes Method of stroke diagnosis: via clinical signs and CT (100%) Time since stroke: on average 8 weeks (treatment) and 5 weeks (control) prior to randomisation Inclusion criteria: 1) stroke within 6 months of recruitment; 2) 18 to 85 years of age

Robinson 2000a (Continued)

Exclusion criteria: 1) other significant medical illness; 2) severe comprehension deficit; 3) prior history of head injury; 4) prior history of other brain disease (with the exception of stroke); 5) participants on antidepressants (other than fluoxetine) were allowed to stop their antidepressants for a 2-week washout period

Total number randomised in this study: 25

Number randomised to treatment group: 17 (88% men, mean age 66 years, SD 13)

Number randomised to control group: 8* (75% men, mean age 67 years, SD 9)

Total number included in final analysis: unclear

Number included in treatment group for final analysis: unclear

Number included in control group for final analysis: unclear

Interventions	<p>Treatment: fluoxetine (SSRI), 10 mg daily (3 weeks), 20 mg daily (3 weeks), 30 mg daily (3 weeks), 40 mg daily (3 weeks)</p> <p>Control: matched placebo</p> <p>Treatment duration: treatment continued for 12 weeks</p> <p>Follow-up: none</p>
Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> Depression measured using the HDRS <p>Secondary outcomes</p> <ul style="list-style-type: none"> Cognitive function measured using the MMSE Activities of daily living measured using the Johns Hopkins Functioning Inventory Adverse events Death

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	<p>Quote: "All patients were randomly assigned to either active or placebo medication." pp. 352</p> <p>Comments: method of sequence generation not reported.</p>
Allocation concealment (selection bias)	Unclear risk	<p>Comments: method of allocation concealment not reported.</p>
Blinding of participants and personnel (performance bias) All outcomes	Low risk	<p>Quote: "To maintain the blind, doses were decreased for equal numbers of placebo patients. The active and placebo pills were identical." pp. 353</p>
Blinding of outcome assessment (detection bias) All outcomes	Low risk	<p>Comments: blinding of outcome assessment not reported. However, the study authors state that this trial is 'double-blind'</p>
Incomplete outcome data (attrition bias) All outcomes	High risk	<p>Comments: Table 1 presents ITT analysis but per protocol analyses reported. The number excluded from analysis varies</p>

Robinson 2000a (Continued)

Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics

Robinson 2000b

Study characteristics	
Methods	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Experimental arm: nortriptyline (tricyclic agent)</p> <p>Control arm: matched placebo</p>
Participants	<p>Geographical location: USA and Argentina</p> <p>Setting: mixed</p> <p>Stroke criteria: all subtypes</p> <p>Method of stroke diagnosis: via clinical signs and CT (100%);</p> <p>Time since stroke: on average 10 weeks (treatment) and 5 weeks (control) prior to randomisation</p> <p>Inclusion criteria: 1) stroke within 6 months of recruitment; 2) 18 to 85 years of age</p> <p>Exclusion criteria: 1) other significant medical illness; 2) severe comprehension deficit; 3) prior history of head injury; 4) prior history of other brain disease (with the exception of stroke); 5) participants on antidepressants (other than fluoxetine) were allowed to stop their antidepressants for a 2-week washout period</p> <p>Total number randomised in this study: 23</p> <p>Number randomised to treatment group: 15 (47% men, mean age 65 years, SD 13)</p> <p>Number randomised to control group: 8* (75% men, mean age 67 years, SD 9)</p> <p>Total number included in final analysis: unclear</p> <p>Number included in treatment group for final analysis: unclear</p> <p>Number included in control group for final analysis: unclear</p>
Interventions	<p>Treatment: nortriptyline (tricyclic agent), 25 mg daily (1 week), 50 mg daily (2 weeks), 75 mg daily (4 weeks), 100 mg daily (6 weeks)</p> <p>Control: matched placebo</p> <p>Treatment duration: treatment continued for 12 weeks</p> <p>Follow-up: not reported</p>
Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> Depression measured using the HDRS <p>Secondary outcomes</p> <ul style="list-style-type: none"> Cognitive function measured using the MMSE Activities of daily living measured using the Johns Hopkins Functioning Inventory

Robinson 2000b (Continued)

- Adverse events
- Death

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "All patients were randomly assigned to either active or placebo medication." pp. 352 Comments: method of sequence generation not reported
Allocation concealment (selection bias)	Unclear risk	Comments: method of allocation concealment not reported
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "To maintain the blind, doses were decreased for equal numbers of placebo patients. The active and placebo pills were identical." pp. 353
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Comments: blinding of outcome assessment not reported. However, the study authors state that this trial is 'double-blind'
Incomplete outcome data (attrition bias) All outcomes	High risk	Comments: Table 1 presents ITT analysis but per protocol analyses reported. The number excluded from analysis varies
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics

Robinson 2008
Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: escitalopram (SSRI) Control arm: matched placebo
Participants	Geographical location: USA Setting: outpatient Stroke criteria: ischaemic or cerebellar stroke Method of stroke diagnosis: based on clinical and neuro-radiological findings consistent with either hemispheric, brainstem or cerebellar stroke Time since stroke: not reported Inclusion criteria: 1) patients with either ischaemic or cerebellar stroke Exclusion criteria: 1) if they met DSM-IV diagnostic criteria for major or minor (research criteria) depressive disorder; 2) those with severe comprehension deficit as demonstrated by inability to complete part 1 of the Token Test or patients with neuropsychological testing who showed impaired decision-making

Robinson 2008 (Continued)

ing capacity; 3) patients with acute coronary syndromes; 4) those with stroke as secondary complications from an intracranial aneurysm, arterial-venous malformation, stroke from a myocardial infarction, aortic dissection or revascularization therapy; 5) life-threatening heart or respiratory failure, renal or hepatic failure, severely disabling musculoskeletal disorder, cancer and neurodegenerative disorders such as idiopathic Parkinson disease or Alzheimer disease; 6) those who met the DSM-IV criteria for alcohol or substance abuse or dependence within the past 12 months

Depression criteria: depression score not an entry criteria

Total number randomised in this trial: 117

Number randomised to treatment group: 59 (64.4% men, mean age 61.3, SD 13.7)

Number randomised to control group: 58 (63.8% men, mean age 63.9, SD 13.3)

Total number included in final analysis: 117

Number included in treatment group for final analysis: 59

Number included in control group for final analysis: 58

Interventions	Treatment: escitalopram (SSRI) 10 mg/day (morning) for participants < 65 years and 5 mg/day for participants > 65 years Control: matched placebo Treatment duration: 12 months Follow-up: not reported
Outcomes	Primary outcomes <ul style="list-style-type: none"> Depression measured using the 17-item HDRS Secondary outcomes <ul style="list-style-type: none"> Activities of daily living measured using the ADL Index Social function measured using the Social Functioning Examination
Notes	This trial had 3 arms (escitalopram, problem-solving therapy and placebo) but only the data from the escitalopram group compared with placebo (n = 117 participants) are presented here

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "... each block patients were randomly assigned 1 of the 3 treatments using computer-generated random numbers of 1, 2, or 3 to escitalopram." pp. 2393
Allocation concealment (selection bias)	Low risk	Quote: "all pills were identical ..." pp. 2393
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "all pills were identical ..." pp. 2393
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Patients were seen for evaluation by raters who were blinded to drug assignment ..." pp. 2393
Incomplete outcome data (attrition bias) All outcomes	Low risk	Comments: ITT analysis was reported. All participants were included in the analysis despite dropouts

Robinson 2008 (Continued)

Selective reporting (reporting bias)	High risk	Comments: did not report the results for anxiety
Other bias	Low risk	<p>Quote: "There were no significant differences between the groups in age, sex, years of education, marital status, or socioeconomic status."</p> <p>"There were no significant inter-group differences in overall cumulative illness scores, coronary artery disease, low-density lipoprotein cholesterol, atrial fibrillation, chronic obstructive pulmonary disease, or systolic blood pressure. The patients randomized to escitalopram, however, had a significantly greater frequency of diabetes mellitus when compared with the placebo group" pp. 2395</p>

Roh 1996
Study characteristics

Methods	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Experimental arm: indeloxazine (tricyclic agent)</p> <p>Control arm: matched placebo</p>
Participants	<p>Geographical location: Korea</p> <p>Setting: unclear</p> <p>Stroke criteria: ischaemic stroke</p> <p>Method of stroke diagnosis: via clinical signs and symptoms and CT (100%)</p> <p>Time since stroke: unclear</p> <p>Inclusion criteria: 1) mental and neurological symptoms for 1 to 3 months attributed to cerebral infarction</p> <p>Exclusion criteria: 1) Alzheimers disease; 2) unstable patients (stroke occurring within 1 month); 3) disturbance of consciousness; 4) severe dementia (MMSE < 20); 5) unable to communicate adequately with investigator; 6) advanced hepatic, renal or cardiac circulatory impairment; 7) pregnancy, possibility of becoming pregnant; 8) under 20 years of age; 9) those judged unsuitable for participation by investigators</p> <p>Total number randomised in this study: 65</p> <p>Number randomised to treatment group: 32 (90% men, mean age unclear)</p> <p>Number randomised to control group: 33 (87% men, mean age unclear)</p> <p>Total number included in final analysis: 60</p> <p>Number included in treatment group for final analysis: 30</p> <p>Number included in control group for final analysis: 30</p>
Interventions	<p>Treatment: indeloxazine (tricyclic agent), 20 mg daily</p> <p>Control: matched placebo</p> <p>Treatment duration: continued for 3 months</p> <p>Follow-up: not reported</p>

Roh 1996 (Continued)

Outcomes

Primary outcome

- Depression measured using the physician assessment of change in emotional disturbance from baseline to end of treatment

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Patients were assigned by using a table of random numbers to receive either 20 mg of indeloxazine or placebo three times daily, after meals, for 3 months." pp. 633
Allocation concealment (selection bias)	Low risk	Quote: "The placebo and test drug were given in identical tablet form to ensure double-masking." pp. 633-4
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "The placebo and test drug were given in identical tablet form to ensure double-masking." pp. 633-4
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "The placebo and test drug were given in identical tablet form to ensure double-masking." pp. 633-4
Incomplete outcome data (attrition bias) All outcomes	High risk	Quote: "Of the 33 patients in the placebo group, 2 patients complained of headache and 1 showed a deterioration in eyesight: these patients withdrew from the study and were not included in the analysis." pp. 636-7
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics

Tsai 2011

Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: milnacipran (SNRI) Control arm: matching placebo
Participants	Geographical location: Taiwan Setting: inpatient Stroke criteria: first ischaemic or recurrent stroke Method of stroke diagnosis: confirmed by imaging Time since stroke: 4 weeks before admission Inclusion criteria: 1) first or recurrent ischaemic stroke Exclusion criteria: 1) with past history of depression, substance abuse or psychosis; 2) taking antidepressants at least two weeks before stroke; 3) MMSE <15; 4) impairment of communication; 5) TIA; 6) had possible concurrent depression (HDRS > 10).

Tsai 2011 (Continued)

Depression criteria: HDRS > 10
Total number randomised in this trial: 92
Number randomised to treatment group: 46 (65.2% men, mean age 61.0, SD 10.8)
Number randomised to control group: 46 (63% men, mean age 64.9, SD 10.5)

Total number included in final analysis: 56
Number included in treatment group for final analysis: 25

Number included in control group for final analysis: 31

Interventions	Treatment: milnacipran (SNRI), 50 mg/day titrated to 100 mg/day Control: matching placebo Treatment duration: 12 months Follow-up: not reported
Outcomes	Primary outcomes <ul style="list-style-type: none"> Depression measured using the HDRS Secondary outcomes <ul style="list-style-type: none"> Quality of life measured using the QoL Index Disability measured using the London Handicap Scale

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "The randomization was carried out by our pharmacy department, which has a professional team in charge of the clinical drug trials in our hospital." pp. 264 Comments: method of sequence generation not reported
Allocation concealment (selection bias)	Low risk	Quote: "They prepared the drug with an allocation number for each participant based on their random assignment." pp. 264
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "The placebo was tailor-made, and the appearance and weight (starch inside) were the same as that of the active drug, milnacipran." pp. 265
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "All the interviewers were blinded to the patient's medication." pp. 265
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "Fifty-six (60.9%) of 92 patients completed 12 months of study treatment: 25 (54.3%) of 46 in the treatment group and 31 (67.4%) of 46 in the placebo group, respectively." pp. 265 Comments: Figure 1 and Table 1 presents ITT analysis. All 92 participants were included in the analysis
Selective reporting (reporting bias)	Low risk	Quote: "The modified version of the 17-item HDRS without item 14 (sexual behavior), NIHSS, and BI, were assessed in each of the follow-up visits. The definition of PSD in the study was based on the diagnostic criteria of major depressive episode in DSM-IV by professional psychiatrists."

Tsai 2011 (Continued)

Other bias	Unclear risk	Comments: treatment group appears to contain higher proportion of participants who have higher than secondary school education 34.8% compared to 20.0%
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Watkins 2007
Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: motivational interviewing Control arm: usual care
Participants	Geographical location: UK Setting: inpatient Stroke criteria: all subtypes Method of stroke diagnosis: via clinical signs and CT (97%) Time since stroke: 5 to 28 days prior to randomisation Inclusion criteria: 1) over 18 years Exclusion criteria: 1) severe cognitive and communication problems; 2) moving out of the area after discharge; 3) already receiving psychiatric or clinical psychology intervention Total number randomised in this study: 157 Number randomised to treatment group: 77 (69% men, mean age 70 years, SD 10) Number randomised to control group: 80 (70% men, mean age 70 years, SD 10) Total number included in final analysis: 157 Number included in treatment group for final analysis: 77 Number included in control group for final analysis: 80
Interventions	Treatment: motivational interviewing Treatment duration: treatment was up to 4 sessions, 1 per week, with same therapist Administered by: nursing and psychology (non-clinical) staff, Supervision: by a clinical psychologist Intervention fidelity: 16/204 did not receive any intervention sessions. 188/204 received at least one session. 42/204 received between 1-3 sessions only Control: usual care Follow-up: not reported
Outcomes	Primary outcomes <ul style="list-style-type: none"> Depression measured using the GHQ-28 Secondary outcomes

Watkins 2007 (Continued)

- Depression measured using the Yale Depression Screen
- Activities of daily living measured using the BI

Notes Additional unpublished data provided by authors

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	<p>Quote: "A research nurse randomized patients (1:1 ratio) to either usual care (control) or MI (intervention) using minimization over sex, age (65 and 65 years), baseline function in activities of daily living (ADL; Barthel: 18 to 20; 11 to 17; 0 to 10),²⁴ and location (acute stroke unit or not)." pp. 1957</p> <p>Comments: method of sequence generation not reported.</p>
Allocation concealment (selection bias)	High risk	<p>Quote: "The same nurse then assigned intervention group patients to 1 of 4 therapists using an opaque sealed envelope in a pseudo-randomized blocked design." pp. 1957</p>
Blinding of participants and personnel (performance bias) All outcomes	High risk	<p>Quote: "The therapists were not involved in the initial assessment of patients, randomization, or assignment of patients to therapists." pp. 1957</p> <p>Comments: the same research nurse randomised and assigned patients to therapists</p>
Blinding of outcome assessment (detection bias) All outcomes	High risk	<p>Quote: "Surviving patients were sent a questionnaire. Patients not returning questionnaires within 2 weeks were telephoned by a second research nurse, blind to group allocation, and given the option of declining, having a further questionnaire posted, completing the questionnaire over the telephone, or receiving a home visit to assist." pp. 1958</p>
Incomplete outcome data (attrition bias) All outcomes	Low risk	<p>Comments: Figure 1 shows the trial profile. Under analysis, it states that all participants were included in the analysis. Missing data were imputed</p>
Selective reporting (reporting bias)	Unclear risk	<p>Comments: no trial protocol available to compare with the publication</p>
Other bias	Low risk	<p>Comments: there was no statistically significant difference between the treatment and control group in baseline demographic characteristics</p>

Wichowicz 2017

Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: solution focused brief therapy Control arm: no psychotherapeutic interventions
Participants	Geographical location: Poland Setting: inpatient Stroke criteria: first ischaemic stroke Method of stroke diagnosis: confirmed by imaging

Wichowicz 2017 (Continued)

Time since stroke: 30 days

Inclusion criteria: 1) first ischaemic stroke

Exclusion criteria: 1) extensive intellectual defects precluding verbal contact, dementia (MMSE < 23 points); 2) aphasia; 3) severe dysarthria; 4) severe paresis; 5) NIHSS scale > 21; (6) aged > 65 years

Depression criteria: depression score not an entry criteria

Total number randomised in this trial: 100

Number randomised to treatment group: 51 (% men not reported, mean age 53.3, SD 9.9)

Number randomised to control group: 49 (% men not reported, mean age 54.2, SD 9.4)

Total number included in final analysis: 62

Number included in treatment group for final analysis: 30

Number included in control group for final analysis: 32

Interventions	Treatment: solution focused brief therapy Treatment duration: 84 days Administered by: a therapist Supervision: not reported Intervention fidelity: 30/51 received allocated intervention, 21/51 did not receive allocated intervention. 32/49 received control intervention, 17/49 did not receive control allocation Control: no therapeutic interventions Follow-up: not reported
Outcomes	Primary outcomes <ul style="list-style-type: none">• Depression measured using the HADS• Anxiety measured using the HADS Secondary outcomes <ul style="list-style-type: none">• Disability measured using the RS• Activities of daily living measured using the BI• Impairment measured using the NIHSS
Notes	
Risk of bias	
Bias	Authors' judgement Support for judgement
Random sequence generation (selection bias)	Low risk Quote: "They were assigned by simple random allocation to one of two groups ..." pp. 1508 Comments: sequence generation was done through random number tables (according to the study author)
Allocation concealment (selection bias)	Unclear risk Quote: "Allocation sequence was concealed until participation was proposed." pp. 1508 Comments: method of allocation concealment not reported
Blinding of participants and personnel (performance bias) All outcomes	High risk Comments: participants were not blinded according to the author. Personnel were not blinded according to the author

Wichowicz 2017 (Continued)

Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "All assessments were conducted and interpreted by one researcher who was blinded to the group and identity of subjects." pp. 1509
Incomplete outcome data (attrition bias) All outcomes	Low risk	Comments: ITT analysis reported. All participants allocated to the intervention were included in the analysis
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Quote: "There were no significant differences in the age, education and the physical function between the groups as shown in Table 1." pp. 1509 Comments: no other bias detected

Xu 2006

Study characteristics

Methods	Study design: parallel design Number of arms: 2 Experimental arm: paroxetine (SSRI) Control arm: matched placebo
Participants	Geographical location: China Setting: inpatient Stroke criteria: haemorrhagic cerebrovascular disease Method of stroke diagnosis: met the criteria of the Fourth National Symposium on Cerebrovascular Disease in 1995 and confirmation by brain CT or MRI Time since stroke: within 3 days Inclusion criteria: 1) < 75 years old; 2) no cognitive impairment affecting communication; 3) no hepatic or renal impairment; 4) stroke onset is within 3 days Exclusion criteria: 1) history of psychiatry illness Depression criteria: meeting the diagnostic criteria of DSM-IV Total number randomised in this trial: 64 Number randomised to treatment group: 32 (53.1% men, mean age 65, SD 12) Number randomised to control group: 32 (50% men, mean age 63, SD 11) Total number included in final analysis: 57 Number included in treatment group for final analysis: 28 Number included in control group for final analysis: 29
Interventions	Treatment: paroxetine (SSRI) 20 mg/day Control: matched placebo Treatment duration: 12 weeks Follow-up: not reported
Outcomes	Primary outcomes <ul style="list-style-type: none">Depression measured using the DSM-IV Secondary outcomes <ul style="list-style-type: none">Disability measured using the MBI

Xu 2006 (Continued)

- Impairment measures using the Modified Edinburgh Stroke Scale (MESS)

Notes

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Comments: method of sequence generation not reported
Allocation concealment (selection bias)	Unclear risk	Comments: method of allocation concealment not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Comments: blinding of participants and personnel not reported
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Comments: blinding of outcome assessors not reported
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Comments: ITT analysis reported but 7/64 dropped out, how missing data were handled was not reported
Selective reporting (reporting bias)	Unclear risk	Comments: no trial protocol available to compare with the publication
Other bias	Low risk	Comments: no differences in age, gender, Modified Edinburgh Stroke Scale or ADL scales

*: control group numbers and values halved to enable comparison with each active intervention

^: results for attention control and control group pooled

ADL: activities of daily living

BDI: Beck Depression Inventory

BI: Barthel Index

BOP: Beoordelingsschaal voor Oudere Patiënten (also known as Behavioural Rating Scale)

CES-D: Center for Epidemiologic Studies-Depression scale

CGI: Clinical Global Impression of Depression

CT: computed tomography

CVA: cerebrovascular accident

DSM-IV: Diagnostic and Statistical Manual of Mental Disorders- Fourth Edition

FIM: Functional Independence Measure

GDS: Geriatric Depression Scale

GHQ-28: 28-item General Health Questionnaire

HADS: Hospital Anxiety and Depression Scale

HDRS: Hamilton Depression Rating Scale

HSS: Hemispheric Stroke Scale

ICD-10: International Classification of Diseases, Tenth Revision

IM: intramuscular

ITT: intention-to-treat

IQR: interquartile range

MADRS: Montgomery-Åsberg Depression Rating Scale

MBI: Modified Barthel Index

MCA: middle cerebral artery

mRS: modified Rankin Scale

MMSE: Mini Mental State Examination

Pharmacological, psychological and non-invasive brain stimulation interventions for preventing depression after stroke (Review)

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MRI: magnetic resonance imaging
 PHQ-9: 9-item Patient Health Questionnaire
 QoL: quality of life
 RS: Rankin Scale
 SD: standard deviation
 SE: standard error
 SNRI: serotonin and norepinephrine reuptake inhibitors
 SSRI: selective serotonin reuptake inhibitors
 TIA: transient ischaemic attack
 ZDS: Zung Depression Scale

Characteristics of excluded studies *[ordered by study ID]*

Study	Reason for exclusion
Aben 2014	Depression is not the primary outcome of the study
Agnoli 1985	Unable to isolate data for participants with stroke only
Bramanti 1989	Results not available in suitable format for the review
Casella 1960	Depression is not the primary outcome of the study
Choi-Kwon 2006	Unable to isolate outcome data for non- depressed participants at randomisation
Downes 1995	Unable to isolate outcome data for non- depressed participants at randomisation
F.X. 1976	Unable to isolate participants with stroke only
Friedland 1992	Results not available in suitable format for the review
Graffingo 2003	Results not available
Hadidi 2014	Unable to isolate outcome data for non- depressed participants at randomisation
Ijzerman 2005	Depression is not the primary outcome of this study
Isenberg 2000	Results not available
Kim 2017	Unable to isolate outcome data for non-depressed participants at randomisation
Kim 2017a	Participants were depressed at baseline
Laska 2005	Depression is not the primary outcome of this study
Latow 1983	Results not available
Leathley 2003	Results not available in format suitable for this review
Leijon 1989	Depression is not the primary outcome of this study
Lobjanidze 2010	Depression is not the primary outcome of this study
Martucci 1986	Unable to isolate data for participants with stroke only
McCafferty 2000	Results not available

Study	Reason for exclusion
Ohtomo 1985	Results not available
Ostwald 2006	No usual care comparison
Ostwald 2014	Unable to isolate outcome data for non- depressed participants at randomisation
Otomo 1986	Unclear if depression is the primary outcome of the study
Poppitt 2009	Intervention did not meet review criteria
Raffaele 1996	Unable to isolate outcome data for non- depressed participants at randomisation
Sasaki 2017	Depression is not the primary outcome of this study
Sivenius 2001	Depression is not the primary outcome of this study
Walker-Batson 1995	Depression is not the primary outcome of this study
Yamamoto 1999	Unclear if depression is the primary outcome of the study

Characteristics of studies awaiting classification *[ordered by study ID]*

[Chang 2011](#)

Methods	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Treatment arm: rational emotive behaviour therapy (REBT) + regular care</p> <p>Control arm: prescribed medications (i.e. antithrombotic, vasodilators, neurotrophic drugs) and rehabilitation training programs for physical functioning</p>
Participants	<p>Geographical location: China</p> <p>Setting: inpatient</p> <p>Stroke criteria: patients with hemiplegic stroke</p> <p>Method of stroke diagnosis: based on the diagnostic criteria set at the National Fourth Cerebrovascular Disease Conference. Each patient's condition was confirmed with a CT or MRI scan</p> <p>Time since stroke: less than 2 weeks</p> <p>Inclusion criteria: 1) patients with hemiplegic stroke, 2) patients who were less than 2 weeks post-stroke</p> <p>Exclusion criteria: 1) MMSE score of < 24, 2) severe aphasia, 3) those who failed to complete the treatment, including those who died or stopped the treatment by choice, 4) history of psychiatric illness</p> <p>Depression criteria: Chinese version of the HDRS. Mean depression score used rather than depression cut off</p> <p>Total number randomised in this trial: 77</p> <p>Number randomised in treatment group: 39</p>

Chang 2011 (Continued)

	<p>Number randomised to control group: 38</p> <p>Total number included in final analysis: 66</p> <p>Number included in treatment group for final analysis: 34</p> <p>Number included in control group for final analysis: 32</p>
Interventions	<p>Treatment: REBT + regular care. Counselling, which consisted of a knowledge component: education about health psychology and recovery from hemiplegic stroke; and a behavioural training component including belief changes forgiveness training and anger management</p> <p>Treatment duration: 1-2 hours weekly for 1 month</p> <p>Administered by: treatment group: by trained psychology graduate; regular care: administered by the hospital nurses</p> <p>Supervision: not reported</p> <p>Intervention fidelity: those who failed to complete the intervention were excluded from the study. 34/39 completed in the treatment arm. 32/38 completed in the control arm</p> <p>Control: prescribed medications (i.e. antithrombotic, vasodilators, neurotrophic drugs) and rehabilitation training programs for physical functioning</p> <p>Follow-up: not reported</p>
Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> • Anger management measured using the State Trait Anger Expression Inventory (STAXI) • Anxiety measured using the Chinese version of the HDRS • Depression measured using the Chinese version of the HDRS <p>Secondary outcomes</p> <ul style="list-style-type: none"> • Activities of daily living measured using the Chinese version of the BI • Quality of life measured using the Chinese version of the Stroke Specific Quality of Life scale
Notes	

Evans 1985

Methods	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Treatment arm: telephone counselling</p> <p>Control arm: usual care</p>
Participants	<p>Geographical location: USA</p> <p>Setting: outpatient</p> <p>Stroke criteria: unclear (also includes people with spinal cord injury, CNS disease and 'other')</p> <p>Method of stroke diagnosis: not reported</p> <p>Time since stroke: not reported</p>

Evans 1985 (Continued)

	<p>Inclusion criteria: 1) clients discharged from rehabilitation centre; 2) housebound; 3) able to hear; 4) ordinary speech; and 5) sufficient cognitive ability to engage in meaningful conversation</p> <p>Exclusion criteria: not reported</p> <p>Depression criteria: score taken from the Life satisfaction Index (LSI), unclear how scored</p> <p>Total number randomised in this trial: 38</p> <p>Number randomised in treatment group: 19 (95% men, mean age 54.8 years, SD 11.9 years) - 4 stroke participants</p> <p>Number randomised to control group: 19 (95% men, mean age 54.8 years, SD 10.2 years) - 5 stroke participants</p> <p>Total number included in final analysis: unclear</p> <p>Number included in treatment group for final analysis: unclear</p> <p>Number included in control group for final analysis: unclear</p>
Interventions	<p>Treatment: 8 weekly hour-long counselling sessions by phone with groups of 4 clients. Formulation of behaviourally-specific goals was encouraged and developed with each client and discussion was directed at finding ways to meet those goals</p> <p>Administered by: an experienced counsellor</p> <p>Supervision: not reported</p> <p>Intervention fidelity: not reported</p> <p>Control: usual care (no contact)</p> <p>Treatment duration: not reported</p> <p>Follow-up: not reported</p>
Outcomes	<p>Primary outcome</p> <ul style="list-style-type: none"> Depression using Life satisfaction Index (LSI)
Notes	<p>Unable to obtain any more information on this trial or series of trials despite multiple attempts since 2003</p>

IRCT201112228490N1

Methods	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Treatment arm: fluoxetine (SSRI)</p> <p>Control arm: matched placebo</p>
Participants	<p>Geographical location: Iran</p> <p>Setting: unclear</p> <p>Stroke criteria: cerebral ischaemic stroke</p> <p>Method of stroke diagnosis: unclear</p>

IRCT201112228490N1 (Continued)

Time since stroke: unclear

Inclusion criteria: 1) informed consent; 2) unilateral occlusion of MCA trunk; 3) resident in Rasht; 4) admission NIHSS < 20; 5) no history of alcohol abuse; 6) no history of insomnia, epilepsy; 7) no previous history of cerebral haemorrhage and heart of cerebral stroke; 8) no previous history of systemic diseases of other organs, including liver failure and kidney; 9) absence of cardiac pace maker, severe neuropathy, systemic vascular disease or major affective disorders; 10) absence of concomitant stroke in an area other than the stroke of the MCA

Exclusion criteria: 1) dissatisfaction of patient during the study; 2) occurrence of serious adverse drug affects at any time during drug administration; 3) alcohol abuse during the study period; 4) occurrence of post stroke depression concomitant use of the mono amine oxidase inhibitors or serotonergic drugs such as tricyclic antidepressants and SSRI

Depression criteria: none

Total number randomised in this trial: unclear

Number randomised in treatment group: unclear

Number randomised to control group: unclear

Total number included in final analysis: unclear

Number included in treatment group for final analysis: unclear

Number included in control group for final analysis: unclear

Interventions	<p>Treatment: fluoxetine (SSRI) 15 mg for the first month and 20 mg for the next 2 months</p> <p>Control: matched placebo 15 mg for the first month and 20 mg for the next 2 months</p> <p>Treatment duration: 3 months</p> <p>Follow-up: unclear</p>
Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> Disability measured using the mRS Activities of daily living measured using the BI Functional recovery measured using the NIHSS Depression measured using the BDI <p>Secondary outcomes</p> <ul style="list-style-type: none"> Cerebral blood flow changes of MCA measured by the Transcranial Doppler
Notes	

Katz 1998

Methods	<p>Study design: unclear</p> <p>Number of arms: unclear</p> <p>Treatment arm: group psychotherapy/ behavioural therapy/ antidepressants - combination unclear</p> <p>Control arm: unclear</p>
Participants	Geographical location: unclear

Katz 1998 (Continued)

	Setting: unclear
	Stroke criteria: unclear
	Method of stroke diagnosis: unclear
	Time since stroke: unclear
	Inclusion criteria: unclear
	Exclusion criteria: unclear
	Depression criteria: unclear
	Total number randomised in this trial: unclear
	Number randomised in treatment group: unclear
	Number randomised to control group: unclear
	Total number included in final analysis: unclear
	Number included in treatment group for final analysis: unclear
	Number included in control group for final analysis: unclear
Interventions	Treatment: group psychotherapy/behavioural therapy/antidepressants - combination unclear
	Administered by: unclear
	Supervision: unclear
	Intervention fidelity: unclear
	Control: unclear
	Treatment duration: unclear
	Follow-up: unclear
Outcomes	Primary outcomes
	<ul style="list-style-type: none"> Depression (unclear what measure was used)
	Secondary outcomes
	<ul style="list-style-type: none"> Cognitive impairment (unclear what measure was used) Functional recovery (unclear what measure was used)
Notes	Only abstract available, unable to contact author despite multiple attempts since 2002

Razazian 2016

Methods	Study design: parallel design
	Number of arms: 2
	Treatment arm: fluoxetine (SSRI)
	Control arm: matched placebo
Participants	Geographical location: Iran

Razazian 2016 (Continued)

	<p>Setting: inpatient</p> <p>Stroke criteria: acute Ischemic stroke, in MCA region</p> <p>Method of stroke diagnosis: confirmed by radiological imaging (CT)</p> <p>Time since stroke: not reported</p> <p>Inclusion criteria: 1) stroke in MCA region that leads to monoparesis, hemiparesis or hemiplegia, 2) stable condition</p> <p>Exclusion criteria: 1) death, 2) pregnancy, 3) poor compliance with drugs and physiotherapy, 4) potential drug complications, 5) metabolic disease, 6) stroke in anterior cerebral artery or posterior cerebral artery</p> <p>Depression criteria: not reported.</p> <p>Total number randomised in this trial: 172</p> <p>Number randomised in treatment group: 86</p> <p>Number randomised to control group: 86</p> <p>Total number included in final analysis: 150</p> <p>Number included in treatment group for final analysis: 75</p> <p>Number included in control group for final analysis: 75</p>
Interventions	<p>Treatment: fluoxetine (SSRI) 20 mg once per day orally</p> <p>Control: matched placebo</p> <p>Treatment duration: 90 days</p> <p>Follow-up: not reported</p>
Outcomes	<p>Primary outcome</p> <ul style="list-style-type: none"> Depression measured using the HDRS <p>Secondary outcomes</p> <ul style="list-style-type: none"> Activities of daily living measured using the BI Neurological examinations
Notes	

BDI: Beck Depression Inventory
BI: Barthel Index
CNS: central nervous system
CT: computed tomography
HDRS: Hamilton Depression Rating Scale
MCA: middle cerebral artery
MMSE: Mini Mental State Examination
MRI: magnetic resonance imaging
mRS: Modified Rankin Scale
NIHSS: National Institute of Health Stroke Scale
SD: standard deviation
SSRI: Selective Serotonin Reuptake Inhibitors
USA: United States of America

Characteristics of ongoing studies *[ordered by study ID]*

Kirkevold 2018

Study name	Promoting psychosocial well-being following stroke: study protocol for a randomized, controlled trial
Methods	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Treatment arm: dialogue-based intervention to promote psychosocial well-being</p> <p>Control arm: usual care</p>
Participants	<p>Geographical location: Norway</p> <p>Setting: outpatient</p> <p>Stroke criteria: unclear</p> <p>Method of stroke diagnosis: unclear</p> <p>Time since stroke: unclear</p> <p>Inclusion criteria: unclear</p> <p>Exclusion criteria: unclear</p> <p>Depression criteria: unclear</p> <p>Total number randomised in this trial: unclear</p> <p>Number randomised in treatment group: unclear</p> <p>Number randomised to control group: unclear</p> <p>Total number included in final analysis: unclear</p> <p>Number included in treatment group for final analysis: unclear</p> <p>Number included in control group for final analysis: unclear</p>
Interventions	<p>Treatment: the intervention consists of 8 one-to-one and a half hour dialogue-based sessions between the stroke survivor and a specially trained health professional (RN or OT). Each meeting has a guiding topical outline, which addresses significant issues described in the research literature (e.g. bodily changes, emotional challenges, personal relations, daily life issues, meaningful activities, existential issues, important values, etc)</p> <p>Administered by: a specially trained health professional (RN or OT)</p> <p>Supervision: not reported</p> <p>Intervention fidelity: not reported</p> <p>Control: the control group receives treatment as usual and no intervention beyond participation in the assessment interviews at 1, 6, and 12 months. As participants are recruited from a variety of settings (acute stroke care and rehabilitation units), we anticipate some variation in the usual care provided</p> <p>Treatment duration: 8 sessions</p> <p>Follow-up: 6- and 12-month assessments</p>
Outcomes	Primary outcome

Kirkevold 2018 *(Continued)*

- Depressive symptoms and anxiety (measured by GHQ-28)

Secondary outcomes

- Sense of coherence measured using the SOC-13
- Health-related quality of life measured using the SAQOL-39

Starting date	December 2014
Contact information	E: marit.kirkevold@medisin.uio.no ; Institute of Health and Society and Research Center for Rehabilitation and Rehabilitation services and models (CHARM), University of Oslo, P.O.Box 1130, Blindern, 0318 Oslo, Norway
Notes	

Sitzer 2002

Study name	Prevention of poststroke depression after acute ischemic stroke using the selective serotonin re-uptake inhibitor sertraline: "PreDIS-Study"
Methods	Study design: parallel design Number of arms: 2 Treatment arm: sertraline (SSRI) Control arm: matched placebo
Participants	Geographical location: Germany Setting: mixed Stroke criteria: unilateral ischaemic stroke Method of stroke diagnosis: unclear Time since stroke: 3 to 6 days prior to randomisation Inclusion criteria: unclear Exclusion criteria: 1) early and complete recovery from neurological symptoms; 2) mechanically ventilated for more than 2 days; 3) severe aphasia or dementia; 4) already on antidepressant Depression criteria: none Total number randomised in this trial: unclear Number randomised in treatment group: unclear Number randomised to control group: unclear Total number included in final analysis: unclear Number included in treatment group for final analysis: unclear Number included in control group for final analysis: unclear
Interventions	Treatment: sertraline (SSRI) 25 mg per day for the first week and 50 mg per day for the rest of the study Control: matched placebo

Sitzer 2002 (Continued)

Treatment duration: treatment to continue for 6 months

Follow-up: unclear

Outcomes	Primary outcomes <ul style="list-style-type: none"> Depression measured using the HADS, MADRS and ICD-10 diagnostic criteria Secondary outcomes <ul style="list-style-type: none"> Activities of daily living measured using the BI Functional capacity measured using the mRS Cognitive function measured using the MMSE Impairment measured using the European Stroke Scale Quality of life measured using the SF-36
Starting date	August 2001
Contact information	Dr. Matthias Sitzer, Zentrum der Neurologie und Neurochirurgie JW Goethe-Universitat Frankfurt am Main Schleusenweg 2-16 D-60528 Frankfurt am Main Germany, E: sitzer@em.uni-frankfurt.de
Notes	

BI: Barthel Index

GHQ-28: 28-item General Health Questionnaire

HADS: Hospital Anxiety and Depression Scale

ICD-10: International Classification of Disease- 10

MADRS: Montgomery Asberg Depression Rating Scale

MMSE: Mini Mental State Examination

mRS: modified Rankin Scale

OT: occupational therapist

RN: registered nurse

SAQOL-39: 39-item Stroke Aphasia Quality of Life Scale

SF-36: 36-item Short Form Questionnaire

SOC-13: 13-item Sense of Coherence Scale

SSRI: selective serotonin reuptake inhibitors

DATA AND ANALYSES

Comparison 1. Pharmacological interventions (antidepressants) versus placebo

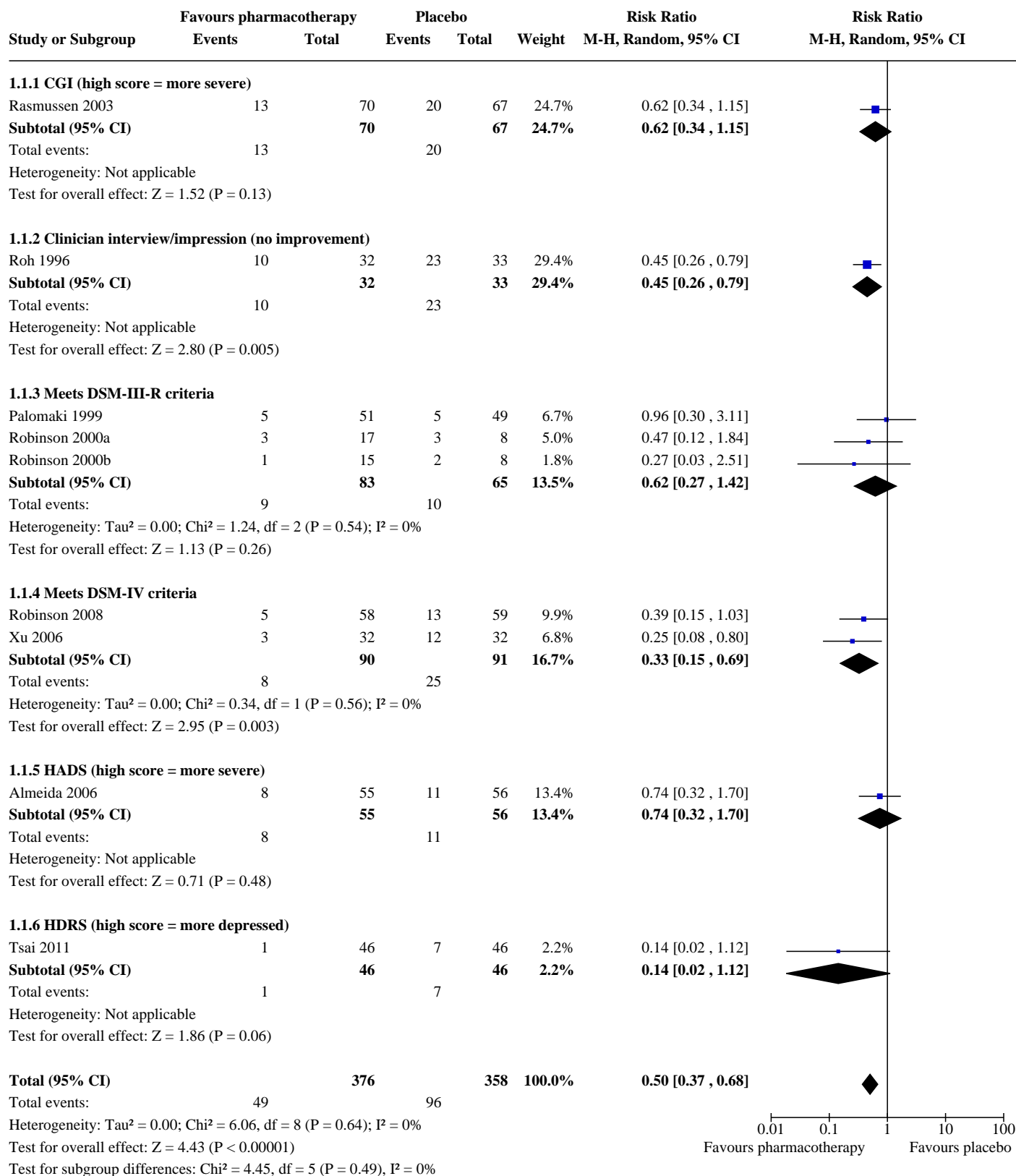
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.1 Depression: meeting study criteria for depression at end treatment	9	734	Risk Ratio (M-H, Random, 95% CI)	0.50 [0.37, 0.68]
1.1.1 CGI (high score = more severe)	1	137	Risk Ratio (M-H, Random, 95% CI)	0.62 [0.34, 1.15]
1.1.2 Clinician interview/impression (no improvement)	1	65	Risk Ratio (M-H, Random, 95% CI)	0.45 [0.26, 0.79]
1.1.3 Meets DSM-III-R criteria	3	148	Risk Ratio (M-H, Random, 95% CI)	0.62 [0.27, 1.42]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.1.4 Meets DSM-IV criteria	2	181	Risk Ratio (M-H, Random, 95% CI)	0.33 [0.15, 0.69]
1.1.5 HADS (high score = more severe)	1	111	Risk Ratio (M-H, Random, 95% CI)	0.74 [0.32, 1.70]
1.1.6 HDRS (high score = more depressed)	1	92	Risk Ratio (M-H, Random, 95% CI)	0.14 [0.02, 1.12]
1.2 Scoring above cut-off points for a depressive disorder at end of treatment	0		Risk Ratio (M-H, Random, 95% CI)	Totals not selected
1.3 Depression: average change in scores between baseline and end of treatment	5	211	Std. Mean Difference (IV, Random, 95% CI)	-0.05 [-0.33, 0.23]
1.3.1 HDRS (high score = more depressed)	4	100	Std. Mean Difference (IV, Random, 95% CI)	-0.16 [-0.58, 0.26]
1.3.2 HADS (high score = more depressed)	1	111	Std. Mean Difference (IV, Random, 95% CI)	0.04 [-0.34, 0.41]
1.4 Depression: mean scores at end of treatment	4	100	Mean Difference (IV, Random, 95% CI)	0.59 [-1.46, 2.63]
1.4.1 HDRS (high score = more depressed)	4	100	Mean Difference (IV, Random, 95% CI)	0.59 [-1.46, 2.63]
1.5 Cognition: average change in scores between baseline and end of treatment	3	159	Mean Difference (IV, Random, 95% CI)	0.11 [-1.02, 1.24]
1.5.1 MMSE (low score = cognitive impairment)	3	159	Mean Difference (IV, Random, 95% CI)	0.11 [-1.02, 1.24]
1.6 Cognition: Mean scores at end of treatment	2	48	Mean Difference (IV, Random, 95% CI)	-0.42 [-2.60, 1.76]
1.6.1 MMSE (low score = cognitive impairment)	2	48	Mean Difference (IV, Random, 95% CI)	-0.42 [-2.60, 1.76]
1.7 Activities of daily living: average change in scores between baseline and end of treatment	3	57	Mean Difference (IV, Random, 95% CI)	1.18 [-7.77, 10.14]
1.7.1 Barthel Index (high score = more dependent)	3	57	Mean Difference (IV, Random, 95% CI)	1.18 [-7.77, 10.14]
1.8 Activities of daily living: mean scores at end of treatment	3	116	Mean Difference (IV, Random, 95% CI)	-3.86 [-9.48, 1.77]
1.8.1 Barthel Index (high score = more dependent)	2	52	Mean Difference (IV, Random, 95% CI)	0.75 [-12.97, 14.47]
1.8.2 Activities of daily living Index (high score = more dependent)	1	64	Mean Difference (IV, Random, 95% CI)	-5.18 [-7.38, -2.98]
1.9 Disability: average change in scores between baseline and end of treatment	4		Mean Difference (IV, Random, 95% CI)	Totals not selected

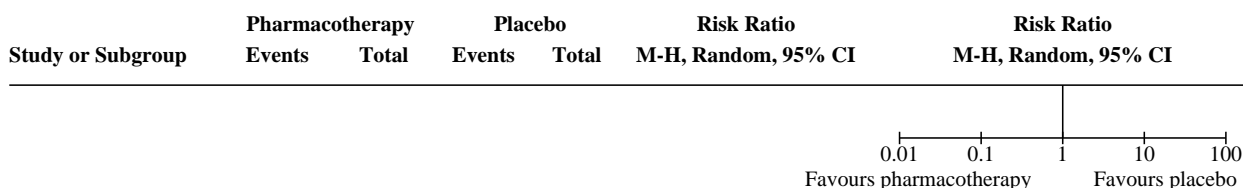
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.9.1 Hemispheric Stroke Scale Total Score (high score = more neurological deficit)	2		Mean Difference (IV, Random, 95% CI)	Totals not selected
1.9.2 Hemispheric Stroke Scale Motor Subscale (high score = more deficit)	2		Mean Difference (IV, Random, 95% CI)	Totals not selected
1.9.3 Hemispheric Stroke Scale Gait Subscale (high score = more deficit)	2		Mean Difference (IV, Random, 95% CI)	Totals not selected
1.9.4 Johns Hopkins Functioning Inventory (high score = less function)	2		Mean Difference (IV, Random, 95% CI)	Totals not selected
1.10 Disability: mean scores at end of treatment	4		Mean Difference (IV, Random, 95% CI)	Totals not selected
1.10.1 Hemispheric Stroke Scale total score (high score = more neurological deficit)	2		Mean Difference (IV, Random, 95% CI)	Totals not selected
1.10.2 Hemispheric Stroke Scale motor subscale (high score = more deficit)	2		Mean Difference (IV, Random, 95% CI)	Totals not selected
1.10.3 Hemispheric Stroke Scale gait subscale (high score = more deficit)	2		Mean Difference (IV, Random, 95% CI)	Totals not selected
1.10.4 Johns Hopkins Functioning Inventory (high score = less function)	2		Mean Difference (IV, Random, 95% CI)	Totals not selected
1.11 Disability: moderate to severe disability at end of treatment	1	111	Risk Ratio (M-H, Fixed, 95% CI)	Not estimable
1.11.1 Modified Rankin Scale	1	111	Risk Ratio (M-H, Fixed, 95% CI)	Not estimable
1.12 Adverse events: death	9	496	Risk Ratio (M-H, Random, 95% CI)	1.25 [0.32, 4.91]
1.12.1 At end of treatment	9	496	Risk Ratio (M-H, Random, 95% CI)	1.25 [0.32, 4.91]
1.13 Adverse events: all	9		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
1.13.1 Central nervous system events (e.g. confusion, sedation, tremor)	4	214	Risk Ratio (M-H, Random, 95% CI)	1.26 [0.51, 3.15]
1.13.2 Gastrointestinal effects (e.g. constipation, diarrhoea)	6	383	Risk Ratio (M-H, Random, 95% CI)	1.21 [0.67, 2.19]
1.13.3 Recurrent stroke	2	114	Risk Ratio (M-H, Random, 95% CI)	1.49 [0.25, 8.80]
1.13.4 Vascular events - not stroke (e.g. dizziness, palpitation)	3	282	Risk Ratio (M-H, Random, 95% CI)	1.13 [0.84, 1.50]
1.13.5 Psychiatric events (e.g. anxiety, increased depression)	1	100	Risk Ratio (M-H, Random, 95% CI)	4.81 [0.24, 97.68]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.13.6 Other events - not listed above (e.g. dysuria, eye discomfort)	3	190	Risk Ratio (M-H, Random, 95% CI)	1.12 [0.44, 2.85]
1.13.7 Protocol violation (e.g. refused treatment, withdrew consent)	5	309	Risk Ratio (M-H, Random, 95% CI)	0.89 [0.62, 1.27]
1.14 Adverse events: leaving the study early (including death)	12	836	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.84, 1.26]
1.14.1 All dropouts and withdrawals	12	836	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.84, 1.26]

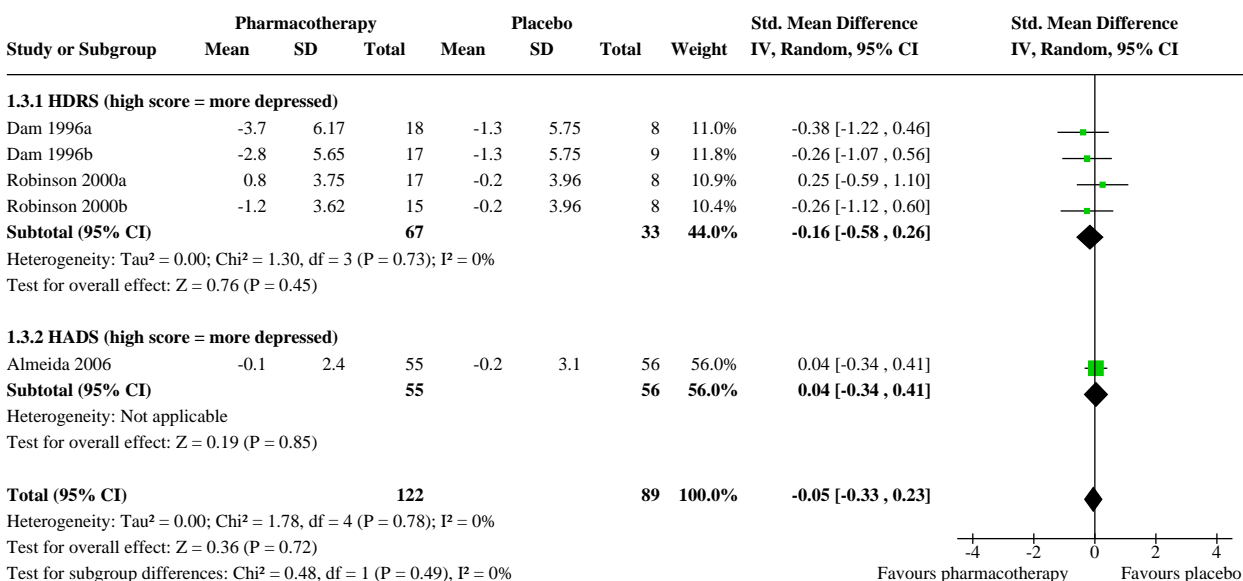
Analysis 1.1. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 1: Depression: meeting study criteria for depression at end treatment



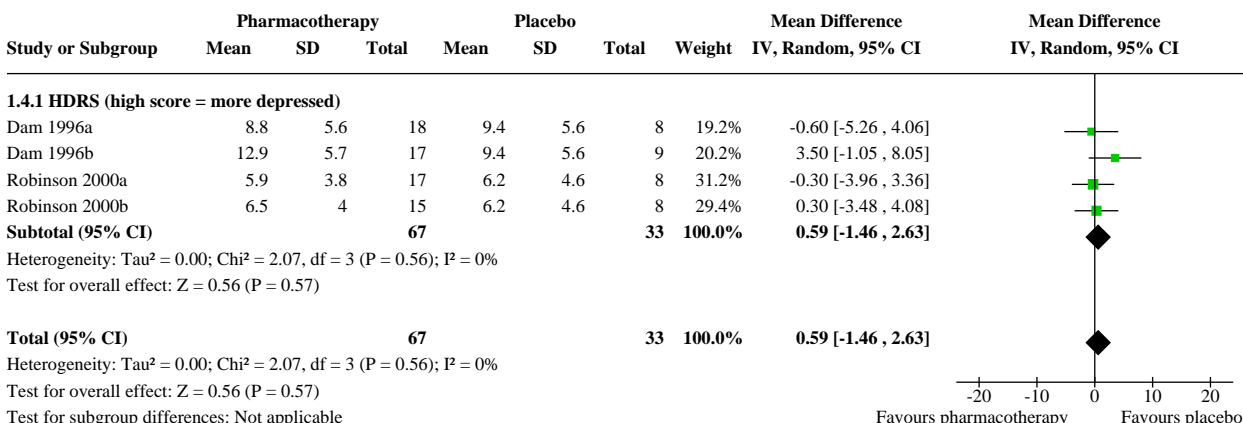
Analysis 1.2. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 2: Scoring above cut-off points for a depressive disorder at end of treatment



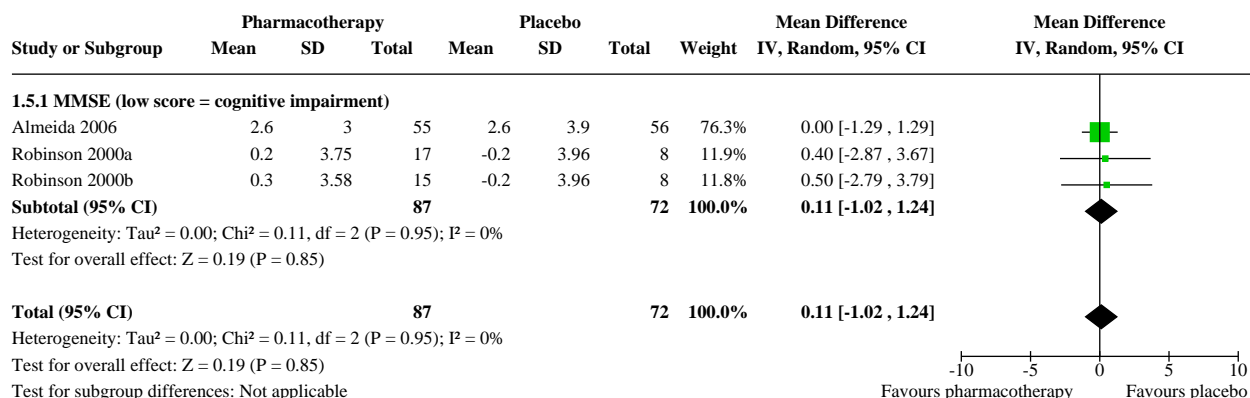
Analysis 1.3. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 3: Depression: average change in scores between baseline and end of treatment



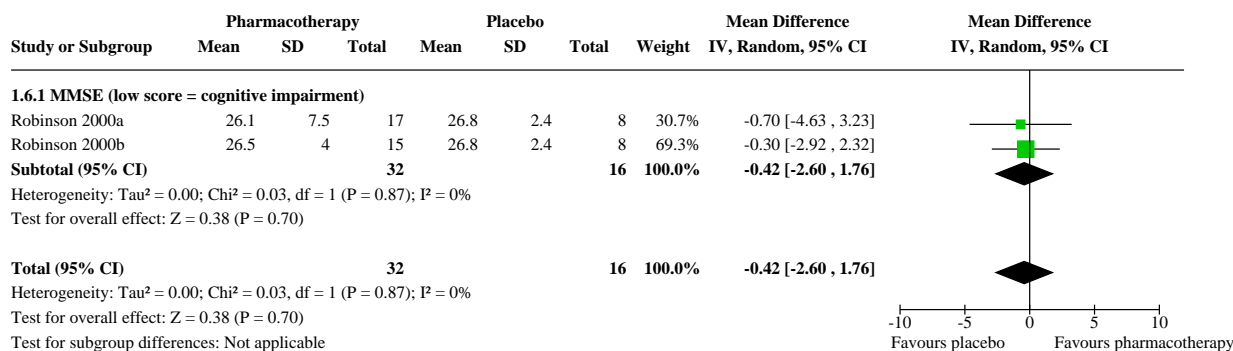
Analysis 1.4. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 4: Depression: mean scores at end of treatment



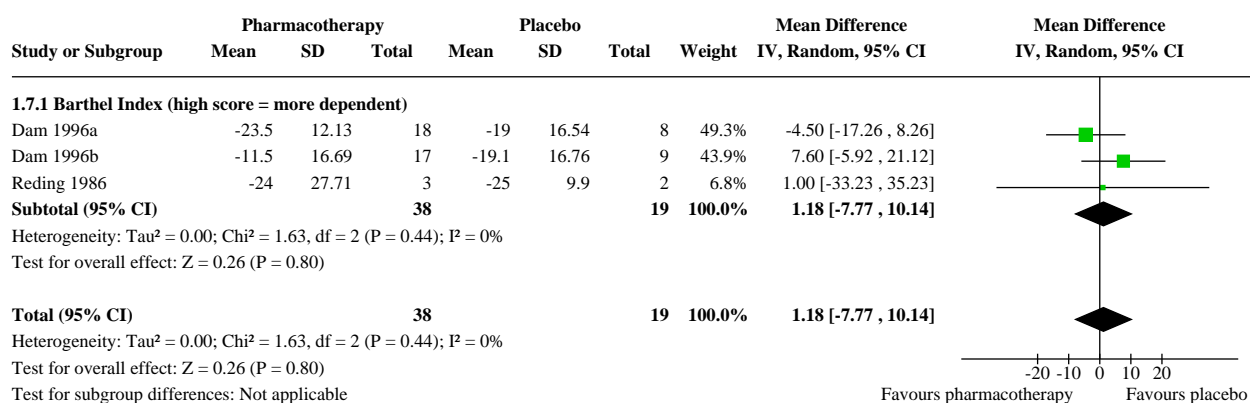
Analysis 1.5. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 5: Cognition: average change in scores between baseline and end of treatment



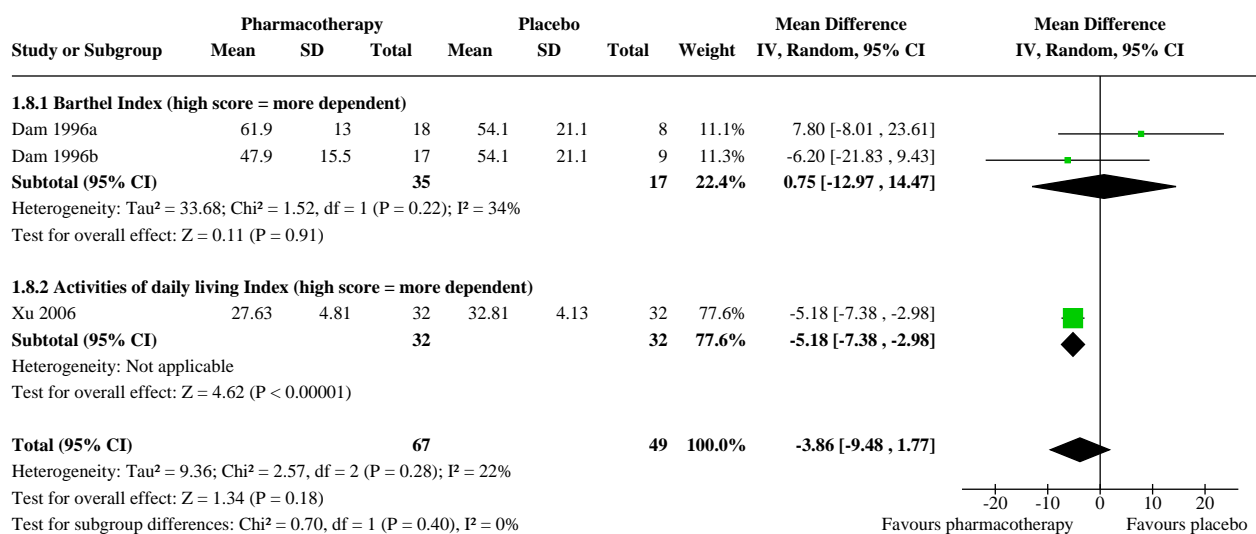
Analysis 1.6. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 6: Cognition: Mean scores at end of treatment



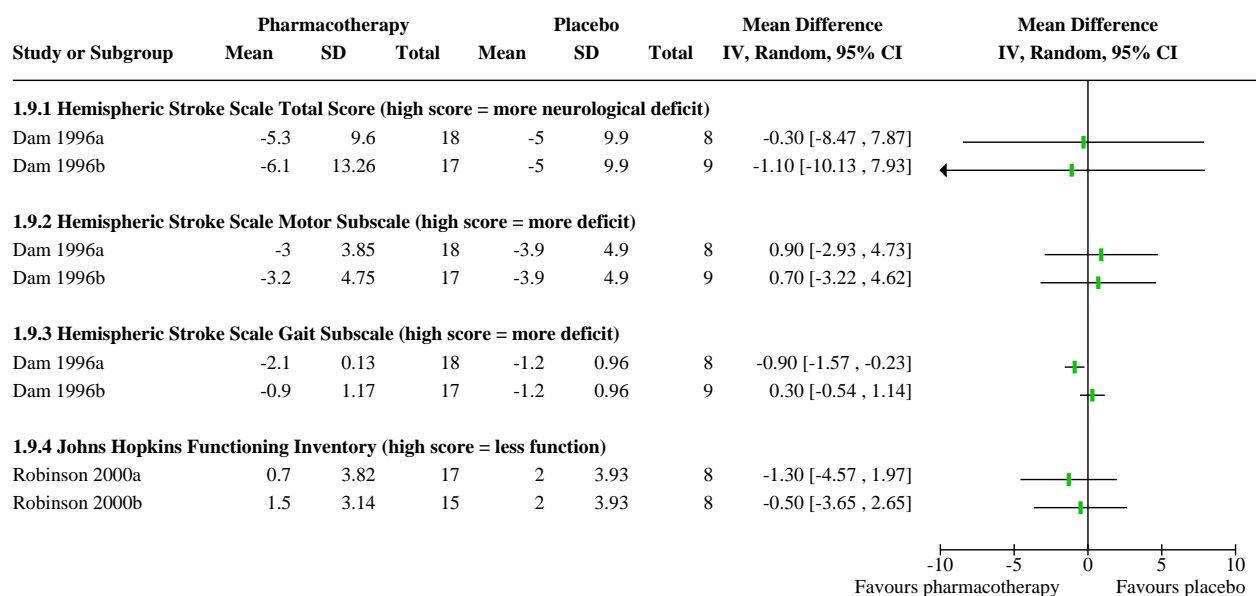
Analysis 1.7. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 7: Activities of daily living: average change in scores between baseline and end of treatment



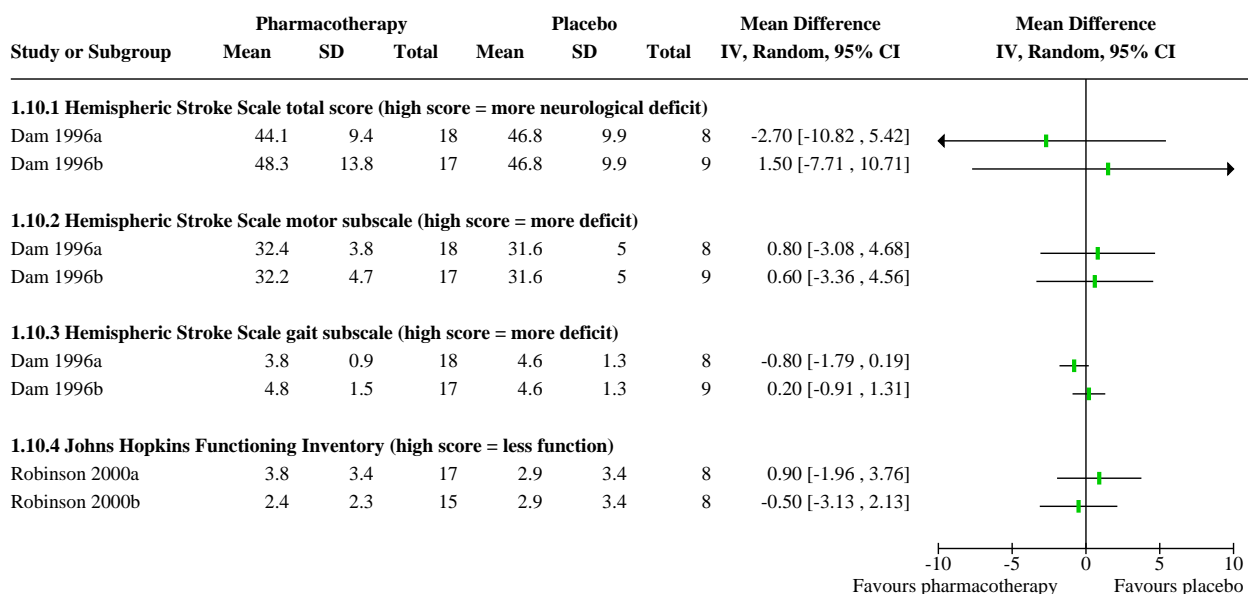
Analysis 1.8. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 8: Activities of daily living: mean scores at end of treatment



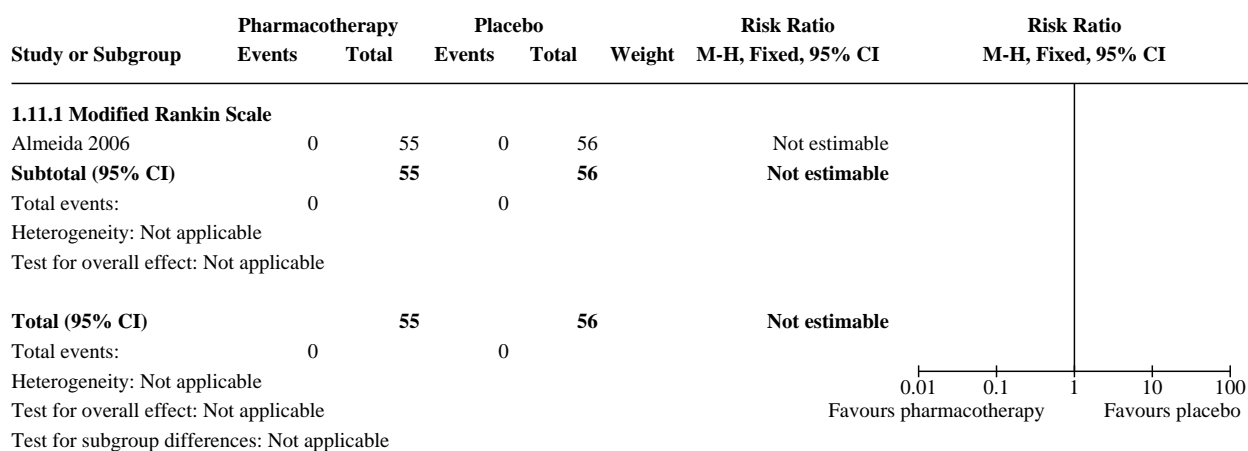
Analysis 1.9. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 9: Disability: average change in scores between baseline and end of treatment



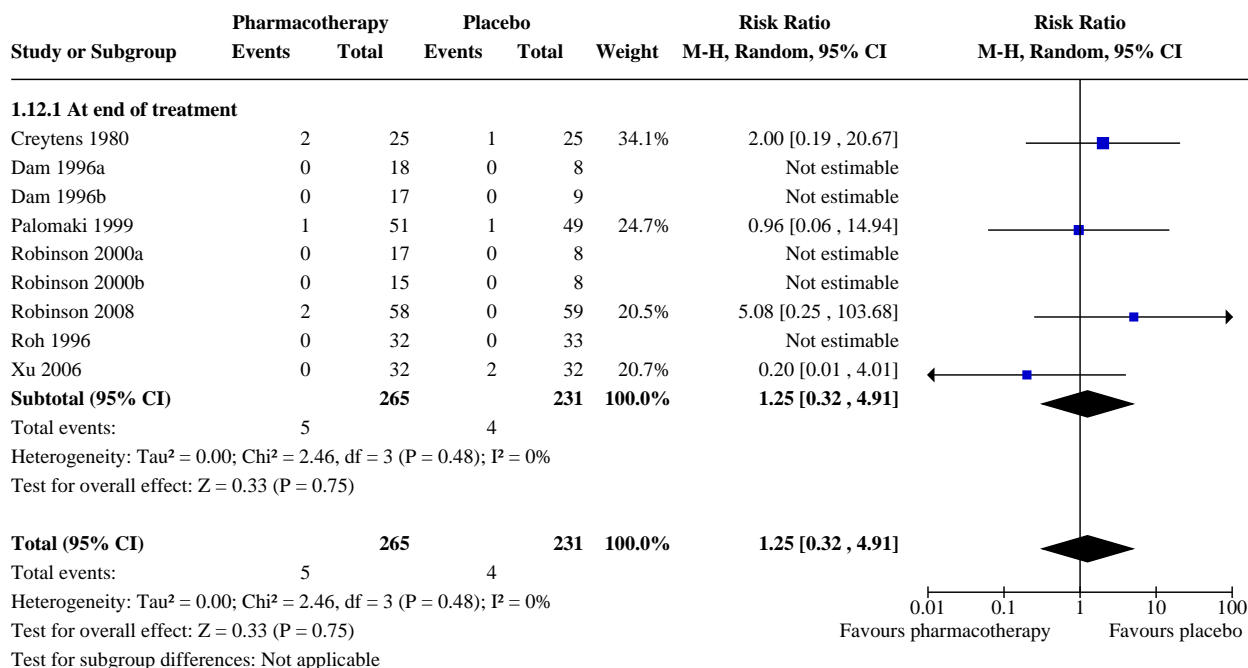
Analysis 1.10. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 10: Disability: mean scores at end of treatment



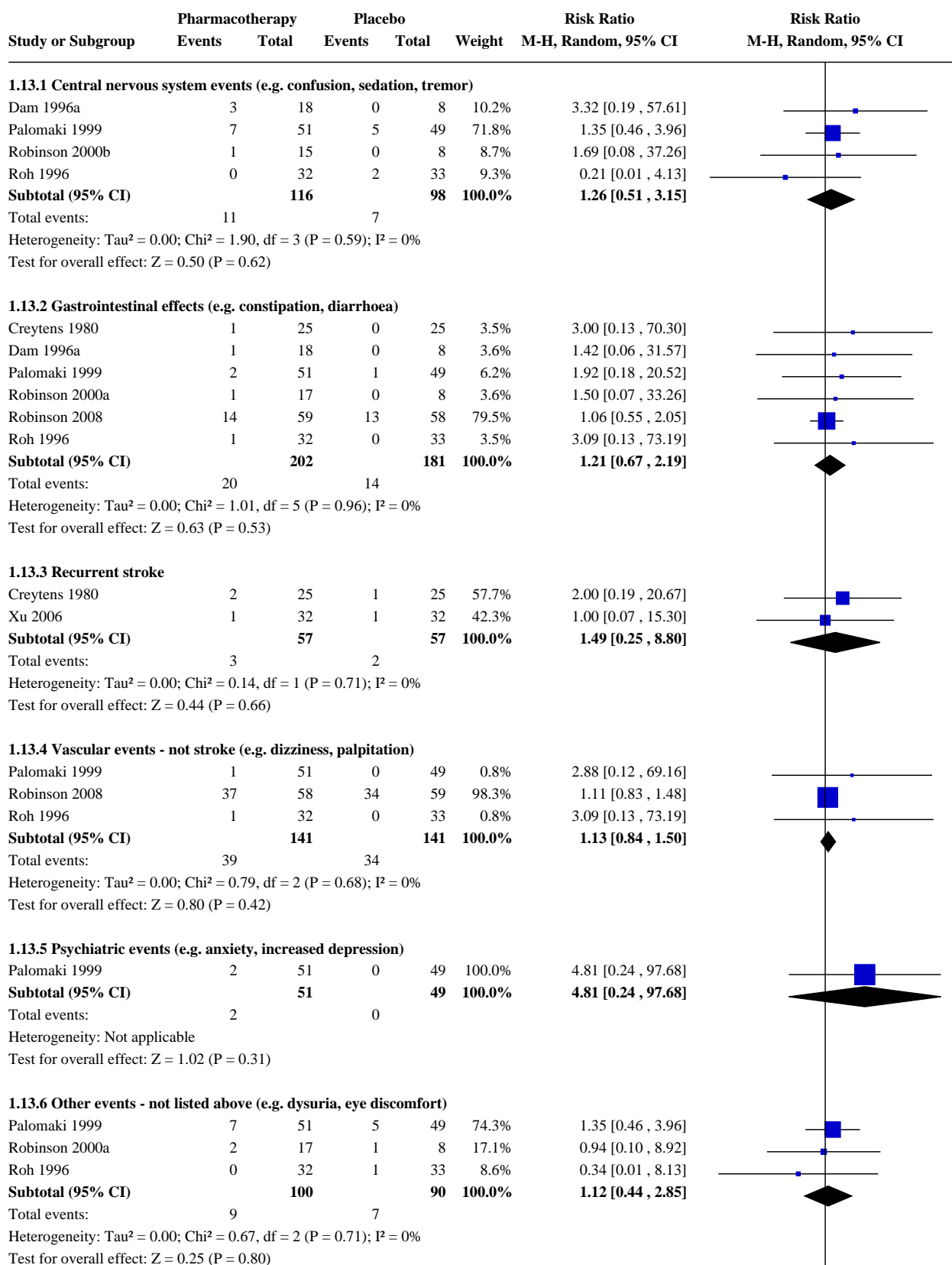
Analysis 1.11. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 11: Disability: moderate to severe disability at end of treatment



**Analysis 1.12. Comparison 1: Pharmacological interventions
(antidepressants) versus placebo, Outcome 12: Adverse events: death**



Analysis 1.13. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 13: Adverse events: all



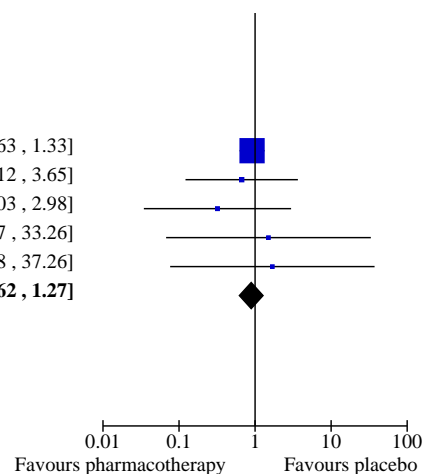
Analysis 1.13. (Continued)

Heterogeneity: $\text{Tau}^2 = 0.00$; $\text{Chi}^2 = 0.67$, $\text{df} = 2$ ($P = 0.71$); $I^2 = 0\%$
Test for overall effect: $Z = 0.25$ ($P = 0.80$)

1.13.7 Protocol violation (e.g. refused treatment, withdrew consent)

Almeida 2006	26	55	29	56	90.3%	0.91 [0.63 , 1.33]
Creytens 1980	2	25	3	25	4.4%	0.67 [0.12 , 3.65]
Palomaki 1999	1	51	3	49	2.6%	0.32 [0.03 , 2.98]
Robinson 2000a	1	17	0	8	1.3%	1.50 [0.07 , 33.26]
Robinson 2000b	1	15	0	8	1.3%	1.69 [0.08 , 37.26]
Subtotal (95% CI)		163		146	100.0%	0.89 [0.62 , 1.27]

Total events: 31 35
Heterogeneity: $\text{Tau}^2 = 0.00$; $\text{Chi}^2 = 1.23$, $\text{df} = 4$ ($P = 0.87$); $I^2 = 0\%$
Test for overall effect: $Z = 0.64$ ($P = 0.52$)



Analysis 1.14. Comparison 1: Pharmacological interventions (antidepressants) versus placebo, Outcome 14: Adverse events: leaving the study early (including death)

Study or Subgroup	Pharmacotherapy		Placebo		Weight	Risk Ratio	Risk Ratio
	Events	Total	Events	Total		M-H, Random, 95% CI	M-H, Random, 95% CI
1.14.1 All dropouts and withdrawals							
Almeida 2006	26	55	29	56	28.7%	0.91 [0.63 , 1.33]	
Creytens 1980	4	25	4	25	2.5%	1.00 [0.28 , 3.56]	
Dam 1996a	2	18	0	8	0.5%	2.37 [0.13 , 44.40]	
Dam 1996b	3	17	1	9	0.9%	1.59 [0.19 , 13.15]	
Palomaki 1999	9	51	10	49	6.2%	0.86 [0.38 , 1.95]	
Rasmussen 2003	35	70	35	67	37.9%	0.96 [0.69 , 1.33]	
Robinson 2000a	4	17	1	8	1.0%	1.88 [0.25 , 14.24]	
Robinson 2000b	2	15	0	8	0.5%	2.81 [0.15 , 52.38]	
Robinson 2008	7	58	5	59	3.4%	1.42 [0.48 , 4.23]	
Roh 1996	2	32	3	33	1.4%	0.69 [0.12 , 3.85]	
Tsai 2011	21	46	15	46	15.0%	1.40 [0.83 , 2.36]	
Xu 2006	4	32	3	32	2.0%	1.33 [0.32 , 5.49]	
Subtotal (95% CI)		436		400	100.0%	1.03 [0.84 , 1.26]	
Total events:		119	106				
Heterogeneity: Tau ² = 0.00; Chi ² = 4.13, df = 11 (P = 0.97); I ² = 0%							
Test for overall effect: Z = 0.30 (P = 0.76)							
Total (95% CI)		436	400		100.0%	1.03 [0.84 , 1.26]	
Total events:		119	106				
Heterogeneity: Tau ² = 0.00; Chi ² = 4.13, df = 11 (P = 0.97); I ² = 0%							
Test for overall effect: Z = 0.30 (P = 0.76)							
Test for subgroup differences: Not applicable							

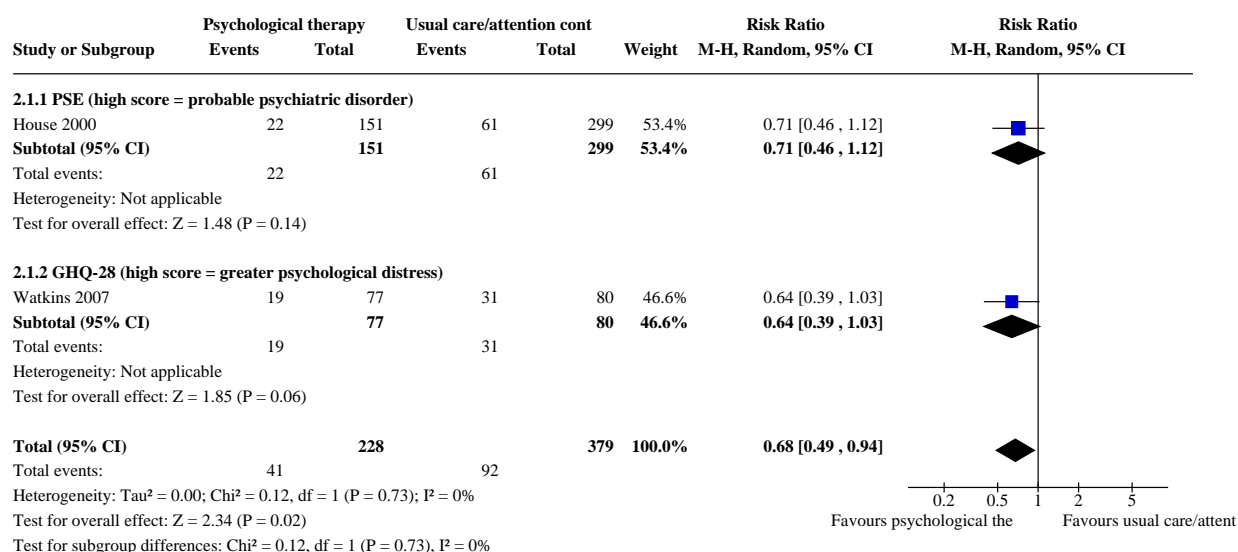
Comparison 2. Psychological therapy versus standard care and/or attention control

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.1 Depression: meeting study criteria for depression at end of treatment	2	607	Risk Ratio (M-H, Random, 95% CI)	0.68 [0.49, 0.94]
2.1.1 PSE (high score = probable psychiatric disorder)	1	450	Risk Ratio (M-H, Random, 95% CI)	0.71 [0.46, 1.12]
2.1.2 GHQ-28 (high score = greater psychological distress)	1	157	Risk Ratio (M-H, Random, 95% CI)	0.64 [0.39, 1.03]
2.2 Scoring above cut-off points for a depressive disorder at end of treatment	0		Risk Ratio (M-H, Random, 95% CI)	Totals not selected
2.3 Depression: mean scores at end of treatment	2		Mean Difference (IV, Random, 95% CI)	Totals not selected
2.3.1 HADS (high score = more depressed)	2		Mean Difference (IV, Random, 95% CI)	Totals not selected
2.3.2 MADRS (high score = more depressed)	1		Mean Difference (IV, Random, 95% CI)	Totals not selected
2.4 Depression: mean scores at end of follow-up	3		Mean Difference (IV, Random, 95% CI)	Totals not selected
2.4.1 HADS (high score = more depressed)	3		Mean Difference (IV, Random, 95% CI)	Totals not selected
2.4.2 PHQ-9 (high score = more depressed)	1		Mean Difference (IV, Random, 95% CI)	Totals not selected
2.4.3 MADRS (high score = more depressed)	1		Mean Difference (IV, Random, 95% CI)	Totals not selected
2.5 Psychological distress: average change in scores between baseline and end of treatment	2	607	Mean Difference (IV, Random, 95% CI)	-1.37 [-2.27, -0.48]
2.5.1 GHQ-28 (high score = greater psychological distress)	2	607	Mean Difference (IV, Random, 95% CI)	-1.37 [-2.27, -0.48]
2.6 Psychological distress: mean scores at end of treatment	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
2.6.1 GHQ-28 (high score = greater psychological distress)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
2.7 General Health: average change in scores between baseline and end of treatment	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
2.7.1 Nottingham Health Profile (high score = better health)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected

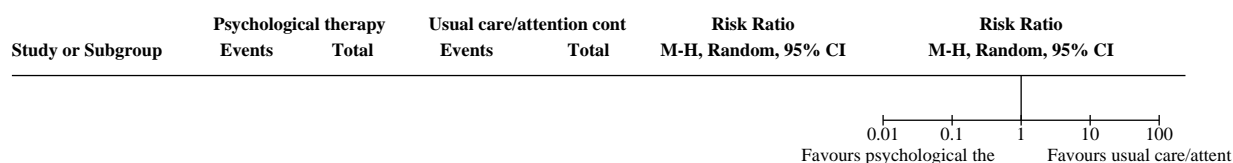
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.8 General Health: Mean scores at end of treatment	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
2.8.1 Nottingham Health Profile (high score = better health)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
2.9 Social activities: average change in scores between baseline and end of treatment	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
2.9.1 Frenchay Activities Index (high score = better level of activity)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
2.10 Social activities: mean scores at end of treatment	2	690	Mean Difference (IV, Random, 95% CI)	-0.39 [-3.81, 3.03]
2.10.1 Frenchay Activities Index (high score = better level of activity)	2	690	Mean Difference (IV, Random, 95% CI)	-0.39 [-3.81, 3.03]
2.11 Activities of daily living: Average change in scores between baseline and end of treatment	3	847	Mean Difference (IV, Random, 95% CI)	0.29 [-0.18, 0.77]
2.11.1 Barthel Index (high score = more dependent)	3	847	Mean Difference (IV, Random, 95% CI)	0.29 [-0.18, 0.77]
2.12 Activities of daily living: mean scores at end of treatment	4		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.12.1 Barthel Index (high score = more dependent)	3		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.12.2 Modified Barthel Index (high score = more dependent)	1		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.12.3 Nottingham Extended Activities of daily living (high score = more independent)	1		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.13 Activities of daily living: mean scores at end of follow-up	1		Std. Mean Difference (IV, Fixed, 95% CI)	Totals not selected
2.13.1 Modified Barthel Index (high score = more dependent)	1		Std. Mean Difference (IV, Fixed, 95% CI)	Totals not selected
2.13.2 Nottingham Extended Activities of daily living (high score = more independent)	1		Std. Mean Difference (IV, Fixed, 95% CI)	Totals not selected
2.14 Anxiety: mean scores at end of treatment	2		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.14.1 HADS (high score = more anxious)	2		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.14.2 STI Trait Anxiety	1		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.14.3 STI State Anxiety	1		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.15 Anxiety: mean scores at end of follow-up	3		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.15.1 HADS (high score = more anxious)	3		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.15.2 STI Trait Anxiety	1		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.15.3 STI State Anxiety	1		Std. Mean Difference (IV, Random, 95% CI)	Totals not selected
2.16 Adverse events: death	5	975	Risk Ratio (M-H, Random, 95% CI)	1.18 [0.73, 1.91]
2.16.1 At end of treatment	5	975	Risk Ratio (M-H, Random, 95% CI)	1.18 [0.73, 1.91]
2.17 Adverse events: all	2		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
2.17.1 Recurrent stroke	2	212	Risk Ratio (M-H, Random, 95% CI)	2.61 [0.88, 7.70]
2.17.2 Vascular events - not stroke (e.g. transient ischaemic attack)	1	157	Risk Ratio (M-H, Random, 95% CI)	6.23 [0.77, 50.59]
2.18 Adverse events: leaving the study early (including death)	6	1030	Risk Ratio (M-H, Random, 95% CI)	1.30 [0.90, 1.88]
2.18.1 All dropouts and withdrawals	6	1030	Risk Ratio (M-H, Random, 95% CI)	1.30 [0.90, 1.88]

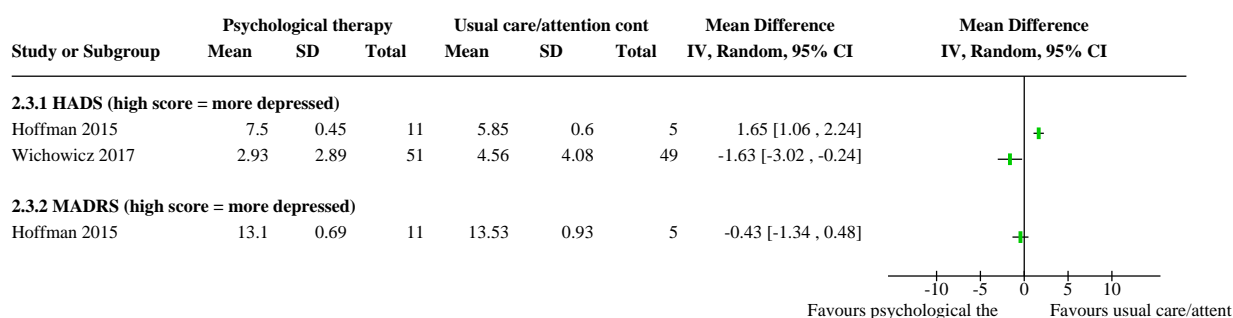
Analysis 2.1. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 1: Depression: meeting study criteria for depression at end of treatment



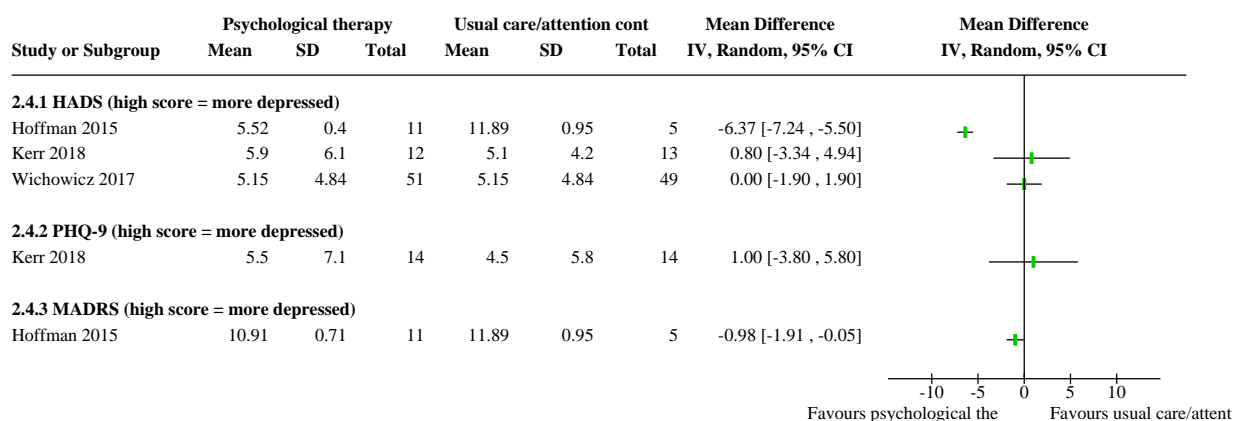
Analysis 2.2. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 2: Scoring above cut-off points for a depressive disorder at end of treatment



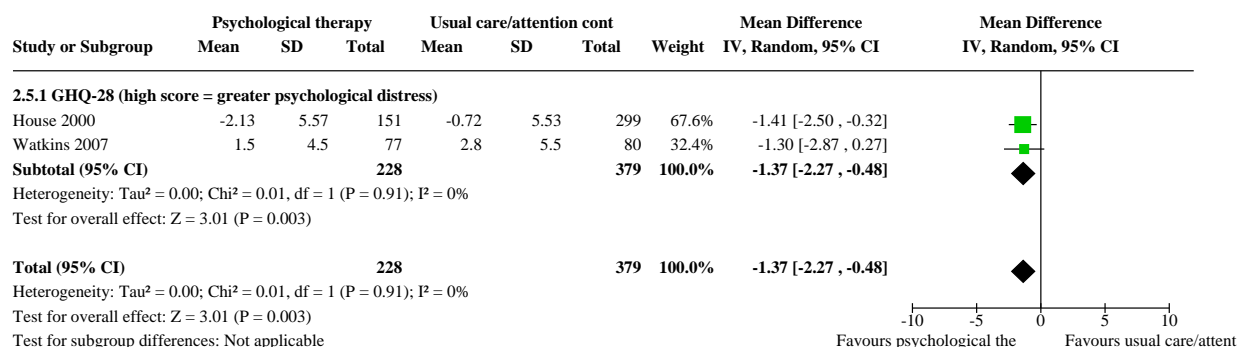
Analysis 2.3. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 3: Depression: mean scores at end of treatment



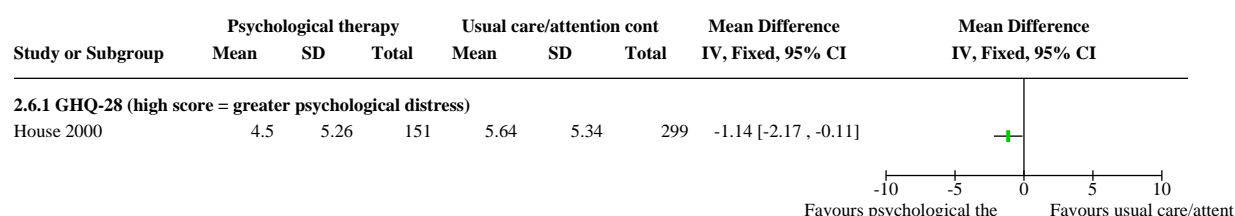
Analysis 2.4. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 4: Depression: mean scores at end of follow-up



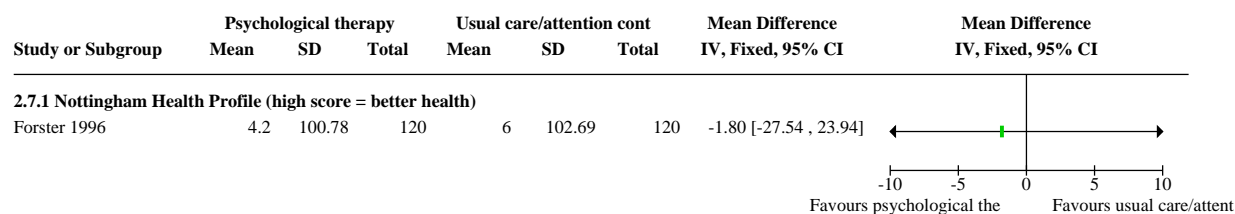
Analysis 2.5. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 5: Psychological distress: average change in scores between baseline and end of treatment



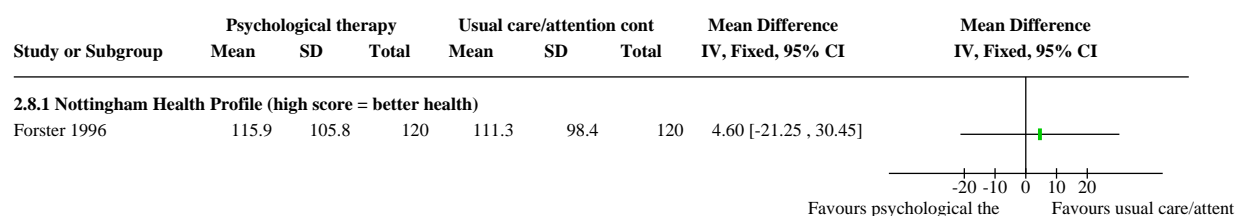
Analysis 2.6. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 6: Psychological distress: mean scores at end of treatment



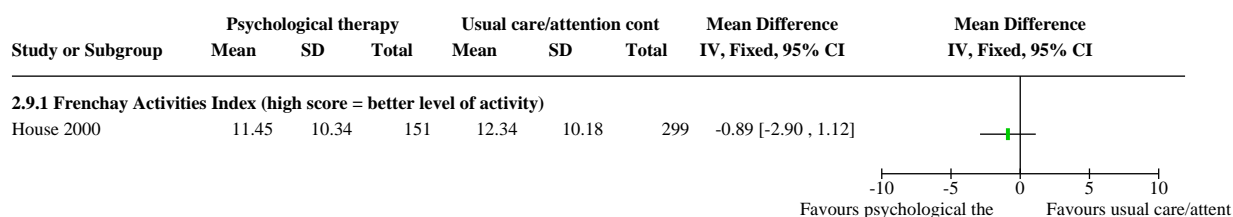
Analysis 2.7. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 7: General Health: average change in scores between baseline and end of treatment



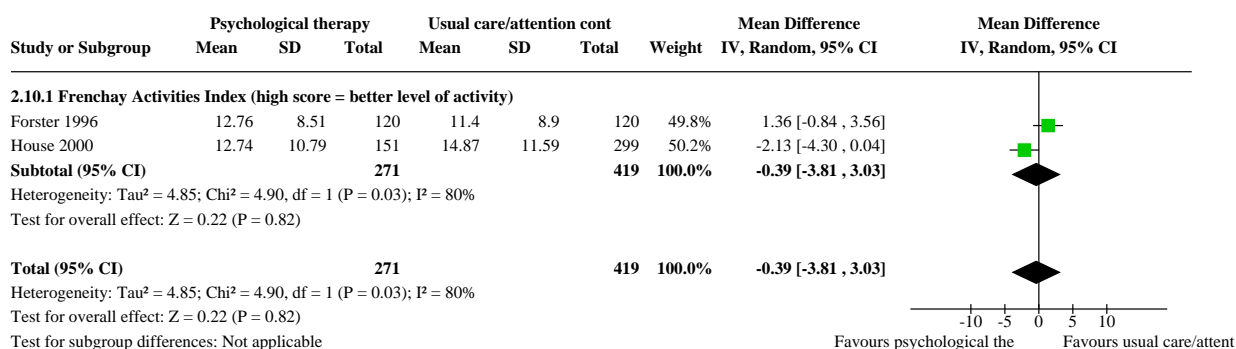
Analysis 2.8. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 8: General Health: Mean scores at end of treatment



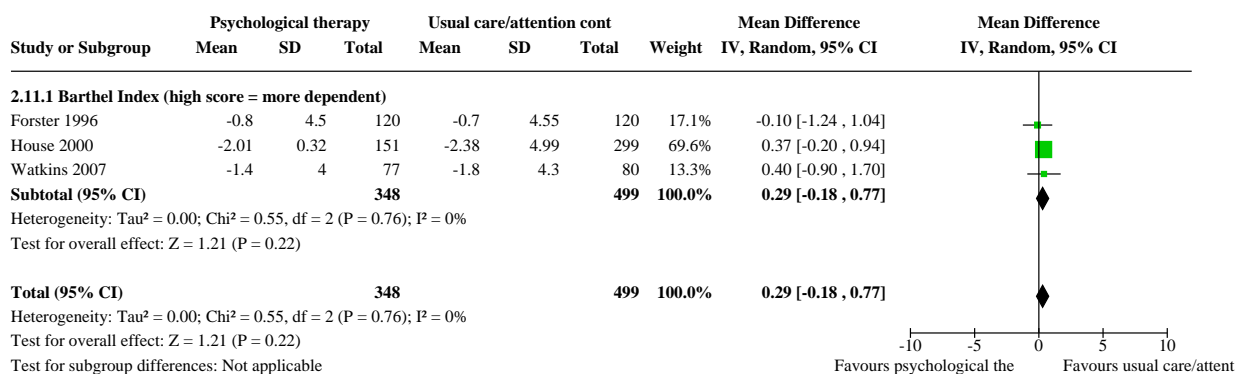
Analysis 2.9. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 9: Social activities: average change in scores between baseline and end of treatment



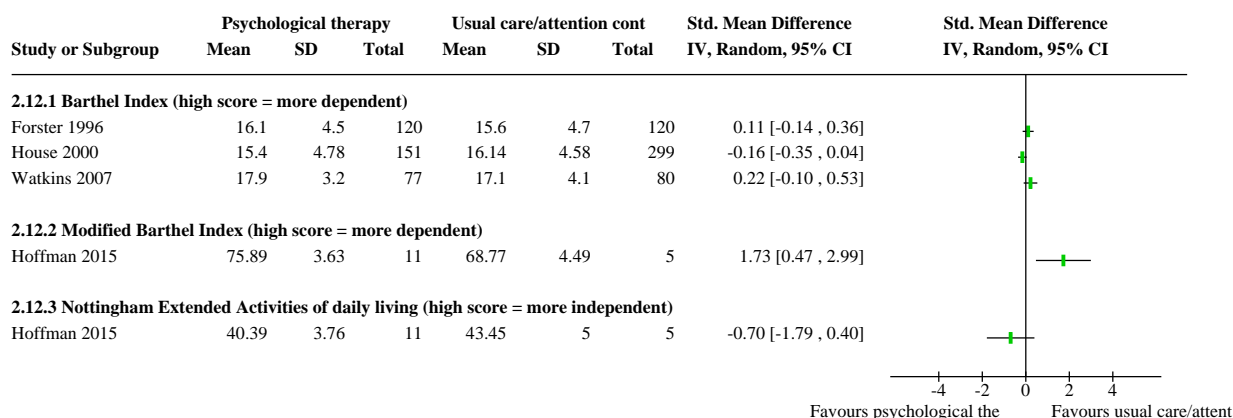
Analysis 2.10. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 10: Social activities: mean scores at end of treatment



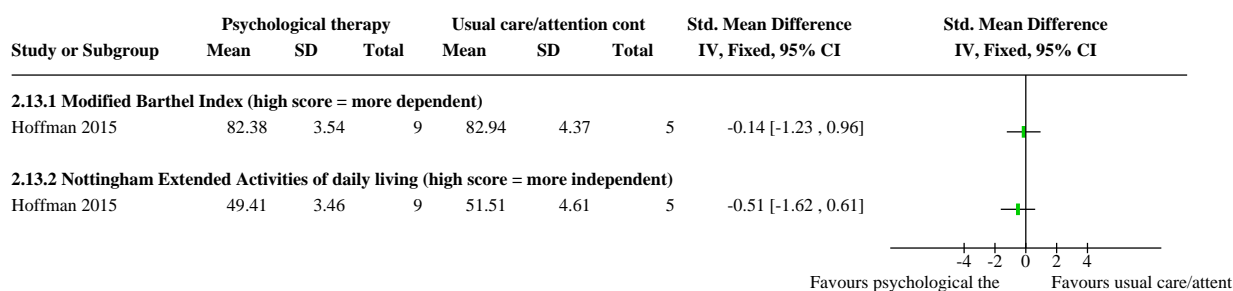
Analysis 2.11. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 11: Activities of daily living: Average change in scores between baseline and end of treatment



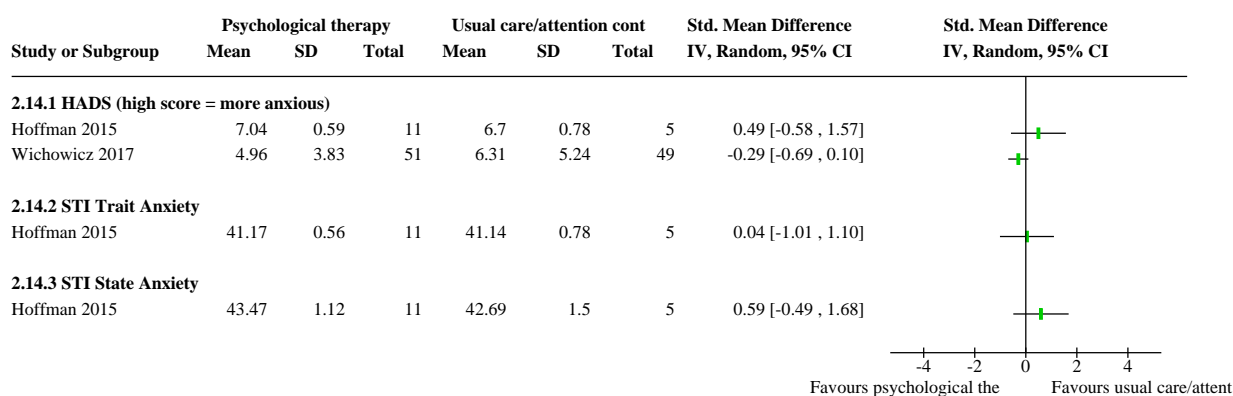
Analysis 2.12. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 12: Activities of daily living: mean scores at end of treatment



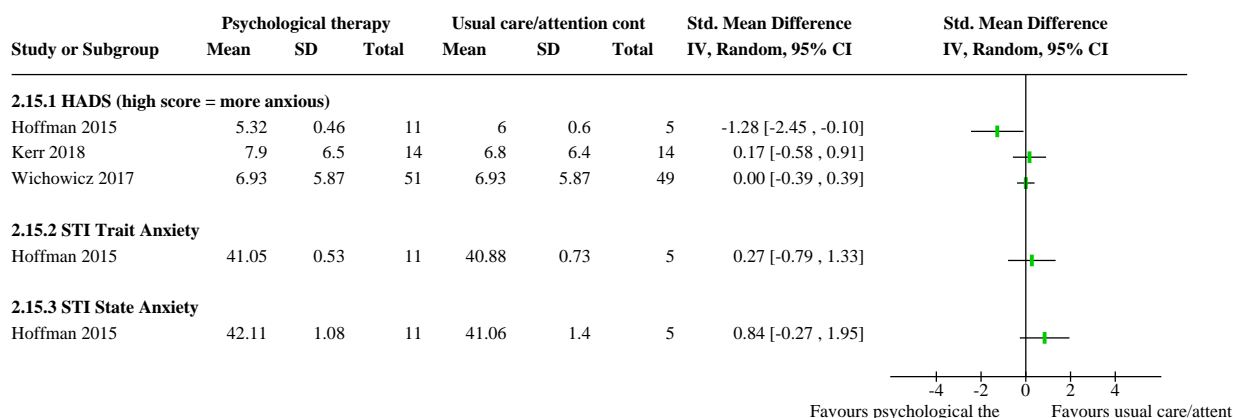
Analysis 2.13. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 13: Activities of daily living: mean scores at end of follow-up



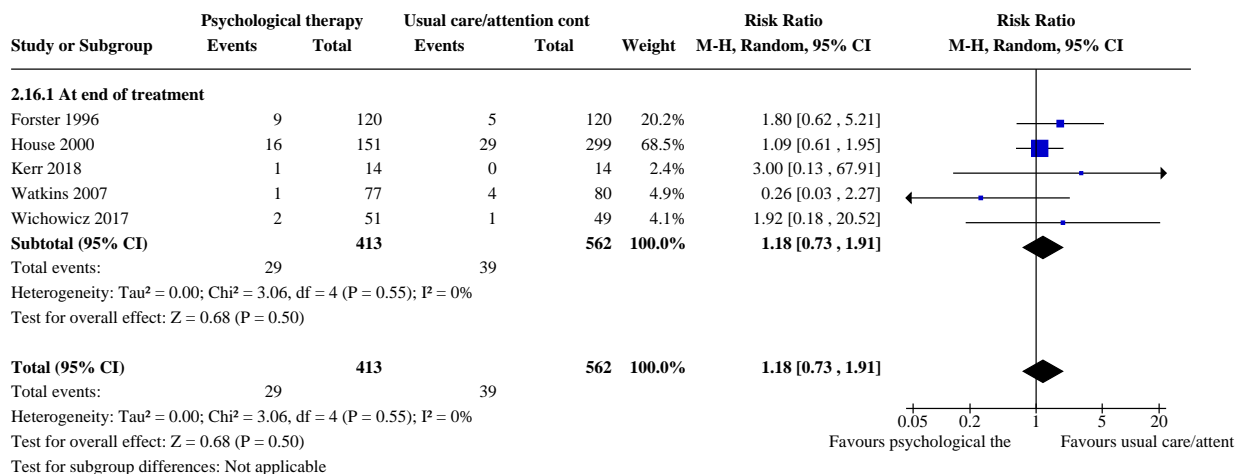
Analysis 2.14. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 14: Anxiety: mean scores at end of treatment



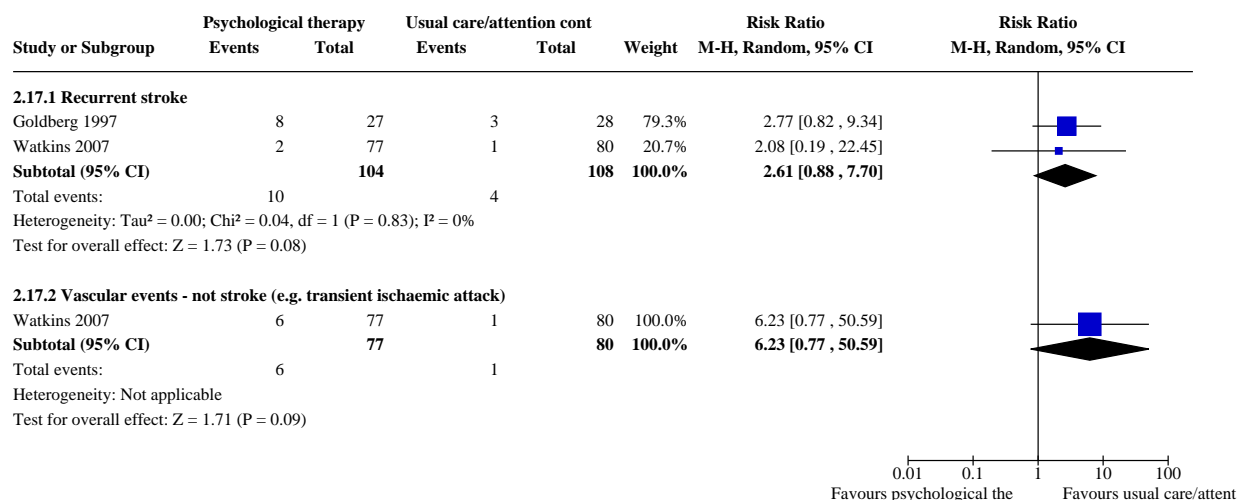
Analysis 2.15. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 15: Anxiety: mean scores at end of follow-up



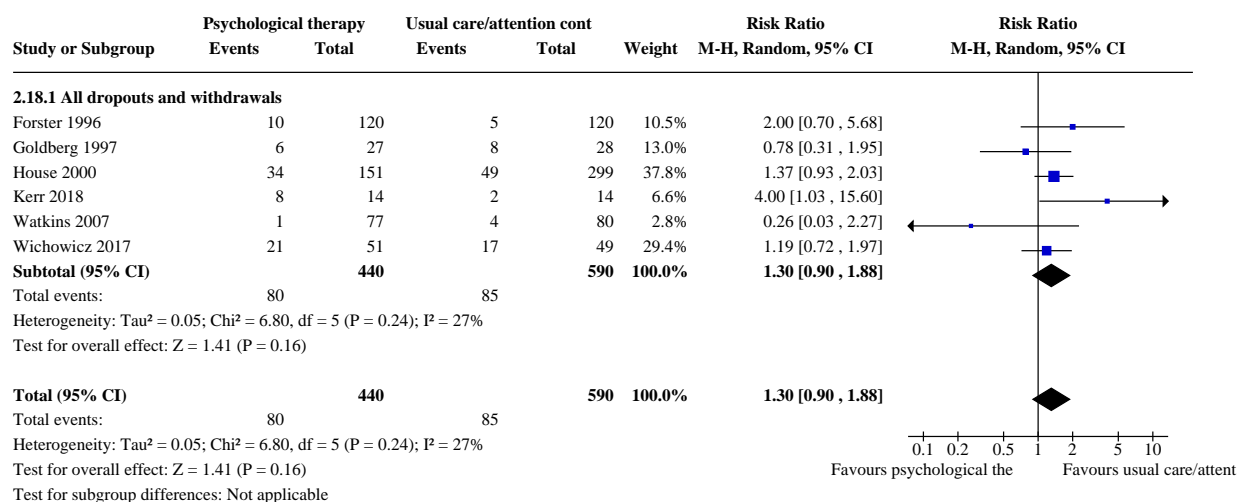
Analysis 2.16. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 16: Adverse events: death



Analysis 2.17. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 17: Adverse events: all



Analysis 2.18. Comparison 2: Psychological therapy versus standard care and/or attention control, Outcome 18: Adverse events: leaving the study early (including death)

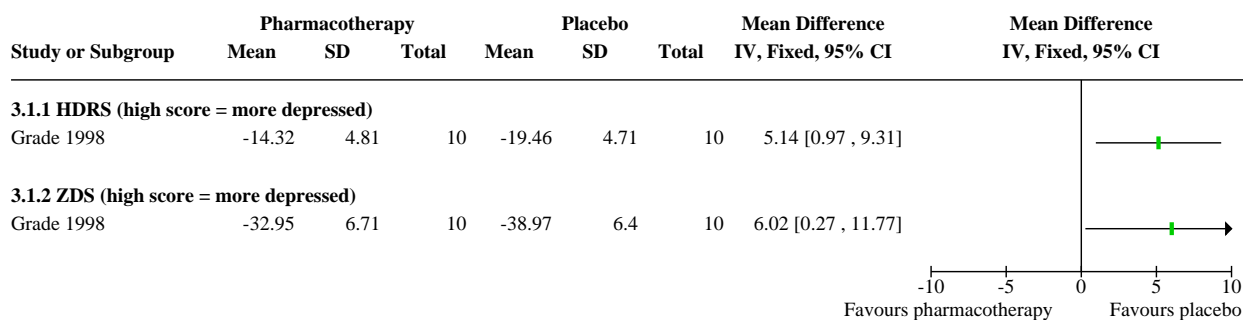


Comparison 3. Pharmacological interventions (psychostimulants) versus placebo

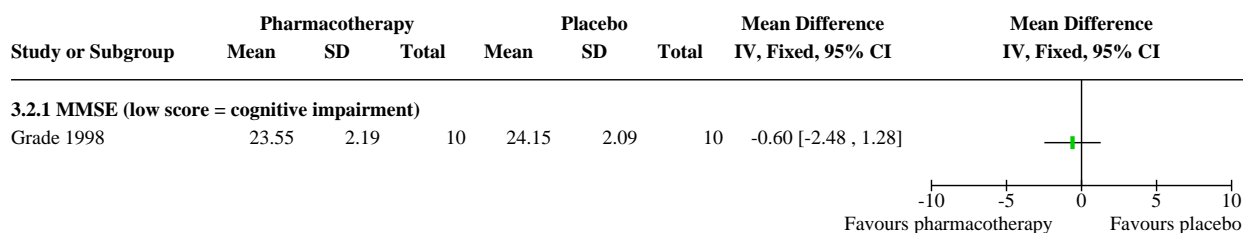
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3.1 Depression: average change in scores between baseline and end of treatment	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
3.1.1 HDRS (high score = more depressed)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
3.1.2 ZDS (high score = more depressed)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3.2 Cognition: average change in scores between baseline and end of treatment	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
3.2.1 MMSE (low score = cognitive impairment)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
3.3 Disability: average change in scores between baseline and end of treatment	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
3.3.1 Fugl-Meyer Scale (high score = better function)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
3.3.2 Functional Independence Measure (high score = independence)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
3.4 Adverse events: death	1		Risk Ratio (M-H, Fixed, 95% CI)	Subtotals only
3.4.1 At end of treatment	1	21	Risk Ratio (M-H, Fixed, 95% CI)	Not estimable
3.5 Adverse events: leaving the study early (including death)	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
3.5.1 All dropouts and withdrawals	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

Analysis 3.1. Comparison 3: Pharmacological interventions (psychostimulants) versus placebo, Outcome 1: Depression: average change in scores between baseline and end of treatment



Analysis 3.2. Comparison 3: Pharmacological interventions (psychostimulants) versus placebo, Outcome 2: Cognition: average change in scores between baseline and end of treatment



Analysis 3.3. Comparison 3: Pharmacological interventions (psychostimulants) versus placebo, Outcome 3: Disability: average change in scores between baseline and end of treatment

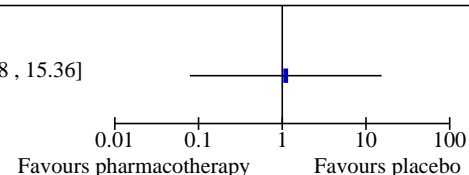
Study or Subgroup	Pharmacotherapy			Placebo			Mean Difference IV, Fixed, 95% CI	Mean Difference IV, Fixed, 95% CI
	Mean	SD	Total	Mean	SD	Total		
3.3.1 Fugl-Meyer Scale (high score = better function)								
Grade 1998	55.26	22.37	10	37.78	15.76	10	17.48 [0.52 , 34.44]	
3.3.2 Functional Independence Measure (high score = independence)								
Grade 1998	116.46	11.29	10	104.95	10.75	10	11.51 [1.85 , 21.17]	

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Analysis 3.4. Comparison 3: Pharmacological interventions (psychostimulants) versus placebo, Outcome 4: Adverse events: death

Study or Subgroup	Pharmacotherapy		Placebo		Weight	Risk Ratio	Risk Ratio
	Events	Total	Events	Total		M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
3.4.1 At end of treatment							
Grade 1998	0	10	0	11		Not estimable	
Subtotal (95% CI)		10		11		Not estimable	
Total events:	0		0				
Heterogeneity: Not applicable							
Test for overall effect: Not applicable							
						0.010.1110100	
						Favours pharmacotherapy	Favours placebo

Analysis 3.5. Comparison 3: Pharmacological interventions (psychostimulants) versus placebo, Outcome 5: Adverse events: leaving the study early (including death)

Study or Subgroup	Pharmacotherapy		Placebo		Risk Ratio	Risk Ratio
	Events	Total	Events	Total	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
3.5.1 All dropouts and withdrawals						
Grade 1998	1	10	1	11	1.10 [0.08 , 15.36]	

ADDITIONAL TABLES

Table 1. Characteristics of dropout studies

Study ID	Methods	Participants	Interventions	Out-comes	Notes
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Table 1. Characteristics of dropout studies (Continued)

Bramanti 1989	Study design: parallel design Number of arms: 2 Experimental arm: protirelin tartrate (TRH-T) Control arm: placebo	Geographical location: Italy Setting: unclear Number of participants: 30 Stroke criteria: acute stroke Method of stroke diagnosis: not reported Inclusion criteria: not reported Exclusion criteria: not reported Depression criteria: not reported Number included in treatment group: unclear (63% male, mean age 72.2, SD not reported of the overall cohort) Number included in control group: unclear (63% men, mean age 72.2, SD not reported of the overall cohort)	Treatment: protirelin tartrate (TRHT) 2 mg/day Control: placebo Duration: 2 weeks Follow-up: none	<ul style="list-style-type: none"> • Depression measured using the HDRS 	Results not available in format suitable for the review
Downes 1995	Study design: parallel design Number of arms: 3 Experimental arm 1: information + counselling Experimental arm 2: information pack Control arm: usual care	Geographical location: UK Setting: outpatient Number of participants: 62 Stroke criteria: not reported Method of stroke diagnosis: not reported Inclusion criteria: 1) lived at home; 2) had an informal carer; 3) stroke increase mRS; 4) post-stroke mRS score of 2 to 5 Exclusion criteria: 1) not living at home; 2) not having an informal carer; 3) having no increase in disability or change in lifestyle/dependency Depression criteria: HADS score > 11 Number included in treatment group 1: 22 (50% men, age not reported) Number included in treatment group 2: 22 (55% men, age not reported) Number included in control group: 18 (44% men, age not reported)	Treatment 1: information plus counselling. Egan's problem-solving approach, individual is helped to explore concerns, clarify problems, set goals, and take appropriate action. Protocol discussed first and formulated into a counsellor/client contract. Information pack containing information on physical, cognitive, behavioural and emotional effects of stroke, carer well-being, and local services. Treatment 2: information only: information pack containing information on physical, cognitive, behavioural, and emotional effects of stroke, carer well-being, and local services. Control: usual care, no visit(s) or information pack provided Duration: information session consisted of 1 visit and provision of the information pack. Counselling consisted of up to 8 counselling sessions over 4 to 6 months Administered by: nurse counsellor Supervision: unclear Follow-up: none	<ul style="list-style-type: none"> • Depression measured using the HADS-Depression • Anxiety measured using the HADS-Anxiety 	Unable to isolate outcome data for non-depressed participants at randomisation
Friedland 1992	Study design: parallel design Number of arms: 2 Experimental arm: psychoeducational support	Geographical location: Canada Setting: outpatient Number of participants: 88 Stroke criteria: all subtypes Method of stroke diagnosis: via clinical signs Inclusion criteria: 1) completed formal inpatient rehabilitation and a period of	Treatment: psychoeducational, with participant and members of their support team; work to improve social support, establish new supports, emotional support offered Control: usual care, no visits Duration: treatment continued for 6 to 12 sessions over approximately 3 months	<ul style="list-style-type: none"> • Depression (difference in scores at end of treatment) measured 	Results not available

Table 1. Characteristics of dropout studies (Continued)

	Control arm:	rehabilitation provided by a home care programme	Administered by: specially trained social support intervention therapist	using the GHQ-28	
	usual care	Exclusion criteria: 1) history of psychiatric admission, 2) previously on antidepressant medication, 3) aphasia with limited ability to communicate verbally Depression criteria: unclear Number included in treatment group: 48 (44% men, mean age 69 years, SD 11) Number included in control group: 40 (44% men, mean age 69 years, SD 11)	Supervision: unclear Follow-up: 6 months (3 months post intervention)		
Graffingo 2003	Study design:	Geographical location: unclear Setting: unclear	Treatment: sertraline (SSRI) Control: matched placebo Duration: unclear	<ul style="list-style-type: none"> Depression: unclear what measure was used 	Results not available
	parallel design	Number of participants: unclear Stroke criteria: unclear	Follow-up: unclear		
	Number of arms: 2	Method of stroke diagnosis: unclear			
	Experimental arm: sertraline (SSRI)	Inclusion criteria: unclear Exclusion criteria: unclear Depression criteria: unclear			
	Control arm:	Number included in treatment group: unclear			
	matched placebo	Number included in control group: unclear			
Hadidi 2014	Study design: parallel design	Geographical location: USA	Treatment: one-on-one problem solving therapy sessions lasting 1-2 hours. Therapy entails providing patient information on impact and guidance to enable the patient to: identify and define the problem; brainstorm all potential solutions; select the most appropriate and feasible solution; create and implement a SMART (Specific, Measureable, Achievable, Realistic and Timely) goal; evaluate and re-view progress in follow-up sessions	<ul style="list-style-type: none"> Depression measured using the CES-D Impairment measured using the FIM Leaving the trial early 	Unable to isolate outcome data for non-depressed participants at randomisation
	Number of arms: 2	Setting: inpatient Number of participants: 22 Stroke criteria: first time diagnosis of ischaemic stroke < 48 hours Method of stroke diagnosis: not reported	Administered by: a doctoral nursing student who received PST training through a 13- module online program adapted from a standard 3-day in person training		
	Experimental arm: problem-solving therapy (PST) Control arm: weekly telephone calls	Inclusion criteria: 1) Mini-Cog score of 3; ≥ 50 years of age; 2) able to read and write in English Exclusion criteria: 1) previous history of mental health problems; 2) diagnosis of severe aphasia as identified by a speech pathologist; 3) haemorrhagic stroke or transient ischaemic attack; 4) medical instability requiring transfer to critical care Depression criteria: CES-D score measured at baseline but patients recruited regardless of their CES-D score. If CES-D score > 10, or suicidal ideation the primary physician was notified	Supervision: principal investigator who had undergone in person PST training Intervention fidelity: not reported		

Table 1. Characteristics of dropout studies (Continued)

		Number included in treatment group: 11 (18% men, mean age 73) Number included in control group: 11 (45% men, mean age 69)	Control: weekly telephone calls to assess CES-D and FIM scores Duration: once per week for 10 weeks Follow-up: 3 months		
Kim 2017	Study design: parallel design Number of arms: 2 Experimental arm: escitalopram (SSRI) Control arm: placebo	Geographical location: South Korea Setting: inpatient Number of participants: 478 Stroke criteria: ischaemic stroke or intracerebral haemorrhage Method of stroke diagnosis: confirmed by MRI or CT Inclusion criteria: 1) > 20 years, 2) had an acute ischaemic stroke or intracerebral haemorrhage within the previous 21 days, 3) mRS score of 2 or greater at the time of screening, 4) agreed to participate Exclusion criteria: 1) history of diagnosed depression or other psychiatric diseases before the index stroke, 2) severe dementia, 3) cognitive dysfunction (stages 5-7 of the Global Deterioration Scale), 4) aphasia, 5) on antiemigraine or antiepileptic medication, 6) suicidal thoughts (a combined MADRS score > 8, 7) pregnant or lactating, 8) participation in another clinical trial Depression criteria: MADRS Number included in treatment group: 241 Number included in control group: 237	Treatment: oral escitalopram (SSRI) 10 mg/day Control: placebo Duration: 3 months Follow-up: 6 months	<ul style="list-style-type: none"> Depression (frequency of moderate or severe depressive symptoms) measured using the (MADRS) Impairment measured using the NIHSS Functional capacity measured using the mRS Activities of daily living measured using the BI Adverse events 	Unable to isolate outcome data for non-depressed participants at randomisation
Leathley 2003	Study design: parallel design	Geographical location: UK Setting: outpatient Number of participants: unclear Stroke criteria: unclear	Treatment 1: social support (information, practical advice, service liaison) Treatment 2: psychological support (cognitive therapy based problem solving)	<ul style="list-style-type: none"> Depression (difference between 	Results not available in format suitable for this review

Table 1. Characteristics of dropout studies (Continued)

	Number of arms: 4	Method of stroke diagnosis: unclear Inclusion criteria: unclear	Treatment 3: social support and psychological support Control: usual care, no visits Duration: unclear Administered by: unclear Supervision: unclear Follow-up: unclear	groups at end of treatment) measured using the GHQ-12 total score
	Experimental arm 1: social support	Exclusion criteria: unclear Number included in treatment group 1: unclear Number included in treatment group 2: unclear		
	Experimental arm 2: psychological support (cognitive therapy based problem solving)	Number included in treatment group 3: unclear Number included in control group: unclear		
	Experimental arm 3: social support and psychological support			
	Control arm: usual care			
McCafferty 2000	Study design: parallel design Number of arms: 2 Experimental arm: psychosocial intervention Control arm: usual care	Geographical location: USA Setting: inpatient Number of participants: 40 Stroke criteria: unclear Method of stroke diagnosis: unclear Inclusion criteria: unclear Exclusion criteria: unclear Number included in treatment group: 20 Number included in control group: 20	Treatment: psychosocial, addresses cognitive, behavioural and family factors associated with post stroke depression Control: usual care, no visits Duration: treatment continued for 6 weeks Administered by: unclear Supervision: unclear Follow-up: unclear	• Depression measured using the GDS
Ohtomo 1985	Study design: parallel design Number of arms: 2 Experimental arm: tiapride Control arm: placebo	Geographical location: Japan Setting: unclear Number of participants: 188 Stroke criteria: all subtypes Method of stroke diagnosis: diagnosis via clinical signs and CT Inclusion criteria: 1) > 40 years of age, high blood pressure (> 160/90 mmHg) and hypertensive changes on fundoscopy changes; 2) stable neuroleptic, minor tranquilliser, antidepressant, brain metabolic activators, cerebrovasodilators washed out for 3 to 7 days prior to randomisation	Treatment: tiapride, 75 mg daily for 1 week, dose escalation to 150 mg to 225 mg daily for 5 weeks according to clinical response Control: matched placebo Duration: 6 weeks	• Depression-unclear what measure was used

Table 1. Characteristics of dropout studies (Continued)

		<p>Exclusion criteria: 1) severe aphasia; 2) severe dementia; 3) drug dependence; 4) inadequate conditions for the study</p> <p>Depression criteria: not reported</p> <p>Number included in treatment group: 141 (54% men, mean age not reported)</p> <p>Number included in control group: 147 (61% men, mean age not reported)</p>			
Ostwald 2014	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Experimental arm: home-based psychoeducational programme</p> <p>Control arm: monthly mailed letter</p>	<p>Geographical location: USA</p> <p>Setting: outpatient</p> <p>Number of participants: 159</p> <p>Stroke criteria: stroke <12 months ago, subtype unclear</p> <p>Method of stroke diagnosis: unclear</p> <p>Inclusion criteria: 1) > 50 years of age</p> <p>Exclusion criteria: 1) global aphasia, 2) patient or carer had comorbidity that took priority, 3) < 6 months life expectancy</p> <p>Depression criteria: none</p> <p>Number included in treatment group: 79 (69% men, mean age 67 years)</p> <p>Number included in control group: 80 (81% men, mean age 66 years)</p>	<p>Treatment: home-based psychoeducational programme for stroke-care-giving dyads post-discharge. The intervention involved home visits by advance practice nurses, occupational and physical therapists</p> <p>Administered by: advance practice nurses, occupational and physical therapists</p> <p>Supervision: not reported</p> <p>Control: 1 letter a month for 12 months</p> <p>Duration: 6 months</p> <p>Follow-up: 6 months</p>	<ul style="list-style-type: none"> Depression measured using the 15-item GDS Quality of life measured using the SF-36 Functional capacity measured using the FIM physical and cognitive subscales 	<p>Unable to isolate outcome data for non-depressed participants at randomisation</p>
Raffaele 1996	<p>Study design: parallel design</p> <p>Number of arms: 2</p> <p>Experimental arm: trazodone</p> <p>Control arm: placebo</p>	<p>Geographical location: Italy</p> <p>Setting: outpatient</p> <p>Number of participants: 22</p> <p>Stroke criteria: unclear</p> <p>Method of stroke diagnosis: not reported</p> <p>Inclusion criteria: not reported</p> <p>Exclusion criteria: not reported</p> <p>Depression criteria: ZDS</p> <p>Number included in treatment group: 11 (45.4% men, mean age 69.5, SD 2.3)</p> <p>Number included in control group: 11 (72.7% men, mean age 70.4, SD 3.0)</p>	<p>Treatment: trazodone 300 mg/day</p> <p>Control: placebo</p> <p>Duration: 30-45 days</p> <p>Follow-up: unclear</p>	<ul style="list-style-type: none"> Depression measured using the ZDS Activities of daily living measured using the BI 	<p>Unable to isolate outcome data for non-depressed participants at randomisation.</p>

BI: Barthel Index

CES-D: Center for Epidemiological Studies- Depression

CT: computed tomography
FIM: Functional Independence Measure
GDS: 15-item Geriatric Depression Scale
GHQ-12: 12 item General Health Questionnaire
GHQ-28: 28 item General Health Questionnaire
HADS: Hospital Anxiety and Depression Scale
HDRS: Hamilton Depression Rating Scale
MADRS: Montgomery-Asberg Depression Rating Scale
MRI: magnetic resonance imaging
mRS: modified Rankin Scale
NIHSS: National Institutes of Health Stroke Scale
SD: Standard Deviation
SF-36: 36-item Short Form Questionnaire
SSRI: selective serotonin reuptake inhibitors
ZDS: Zund Depression Scale

APPENDICES

Appendix 1. Search Review: 2008

Electronic searches

Cochrane Stroke trial register searched October 2007; Cochrane Anxiety and Neurosis trial register searched February 2008.

We searched the remaining databases in May 2006:

- Cochrane Central Register of Controlled Trials (CENTRAL)
- MEDLINE
- EMBASE
- CINAHL
- PsycINFO
- Applied Science and Technology Plus
- Arts and Humanities Index
- Biological Abstracts
- BIOSIS Previews
- General Science Plus
- Science Citation Index
- Social Sciences Citation Index
- ISI Web of Science
- Dissertations and Theses

The following search strategy with a combination of controlled vocabulary and free text terms for MEDLINE and CINAHL (Ovid), and modified it to suit the other databases.

1. exp cerebrovascular disorders/
2. (stroke\$ or poststroke\$ or cva\$).tw.
3. (cerebrovascular\$ or cerebral vascular).tw.
4. (cerebral or cerebellar or brain\$ or vertebrobasilar).tw.
5. (infarct\$ or isch?emi\$ or thrombo\$ or emboli\$ or apoplexy).tw.
6. (cerebral or intracerebral or intracranial or brain\$).tw.
7. (haemorrhage or hemorrhage or bleed\$).tw.
8. 4 and 5
9. 6 and 7
10. 1 or 2 or 3 or 8 or 9
11. Depression/
12. Depression, involuntal/ or Depressive disorder/ or Dysthymic disorder/
13. (depress\$ or dysthymi\$).tw.

14.11 or 12 or 13
 15.10 and 14
 16.randomized controlled trial.pt.
 17.randomized controlled trials/
 18.controlled clinical trial.pt.
 19.controlled clinical trials/
 20.random allocation/
 21.double-blind method/
 22.single-blind method/
 23.clinical trial.pt.
 24.exp clinical trials/
 25.(clin\$ adj25 trial\$).tw.
 26.((singl\$ or doubl\$ or tripl\$ or trebl\$) adj25 (blind\$ or mask\$)).tw.
 27.placebos/
 28.placebo\$.tw.
 29.random\$.tw.
 30.research design/
 31.clinical trial phase ii.pt.
 32.clinical trial phase iii.pt.
 33.clinical trial phase iv.pt.
 34.meta analysis.pt.
 35.multicenter study.pt.
 36.intervention studies/
 37.cross-over studies/
 38.meta-analysis/
 39.control\$.tw.
 40.alternate treatment.tw.
 41."comparative study"/
 42.exp evaluation studies/
 43.Follow-up studies/
 44.Pro prospective studies/
 45.prospective.tw.
 46.(versus or sham or intervention group or comparative stud\$).tw.
 47.or/16-46
 48.15 and 47
 49.limit 48 to human

Additional searches

We searched the following conference abstracts and proceedings:

- European Stroke Conferences (2000 to 2007)
- Stroke Society of Australasia Annual Scientific Meetings (1999 to 2007)

We also searched the following online clinical trials and research registries in August 2007:

- www.strokecenter.org/trials
- www.ClinicalTrials.gov
- www.Clinicalstudyresults.org
- www.anzctr.org.au

Reference lists

We searched reference lists of relevant studies to identify studies not already included.

Personal communication

We contacted professional bodies, authors of included studies, and pharmaceutical companies for information on published and unpublished information.

Appendix 2. Search Review 2018: CENTRAL

Search strategy for CENTRAL, August 2018

#	Query
#1	[mh ^“cerebrovascular disorders”] or [mh “basal ganglia cerebrovascular disease”] or [mh “brain ischemia”] or [mh “carotid artery diseases”] or [mh “intracranial arterial diseases”] or [mh “intracranial embolism and thrombosis”] or [mh “intracranial hemorrhages”] or [mh ^stroke] or [mh “brain infarction”] or [mh ^“stroke, lacunar”] or [mh ^“vasospasm, intracranial”] or [mh ^“vertebral artery dissection”]
#2	stroke or poststroke or “post-stroke” or cerebrovasc* or brain next vasc* or cerebral next vasc* or cva* or apoplex* or SAH:ti,ab,kw (Word variations have been searched)
#3	(brain* or cerebr* or cerebell* or intracran* or intracerebral) near/5 (isch*emi* or infarct* or thrombo* or emboli* or occlus*) :ti,ab,kw (Word variations have been searched)
#4	(brain* or cerebr* or cerebell* or intracerebral or intracranial or subarachnoid) near/5 (haemorrhage* or hemorrhage* or haematoma* or hematoma* or bleed*):ti,ab,kw (Word variations have been searched)
#5	[mh hemiplegia] or [mh paresis]
#6	hemipleg* or hemipar* or paresis or paretic:ti,ab,kw (Word variations have been searched)
#7	#1 or #2 or #3 or #4 or #5 or #6
#8	[mh ^“depressive disorder”] or [mh ^“depressive disorder, major”] or [mh ^“depressive disorder, treatment-resistant”] or [mh ^“dysthymic disorder”] or [mh ^depression] or [mh “antidepressive agents”]
#9	depress* or dysthymi* or dysphor* or antidepress* or anti-depress*:ti,ab,kw (Word variations have been searched)
#10	#8 or #9
#11	#7 and #10

Appendix 3. Search Review 2018: MEDLINE

Search strategy for MEDLINE, August 2018

1. cerebrovascular disorders/ or exp basal ganglia cerebrovascular disease/ or exp brain ischemia/ or exp carotid artery diseases/ or exp intracranial arterial diseases/ or exp “intracranial embolism and thrombosis”/ or exp intracranial hemorrhages/ or stroke/ or exp brain infarction/ or stroke, lacunar/ or vasospasm, intracranial/ or vertebral artery dissection/
2. stroke or poststroke or post-stroke or cerebrovasc\$ or brain vasc\$ or cerebral vasc\$ or cva\$ or apoplex\$ or SAH).tw.
3. ((brain\$ or cerebr\$ or cerebell\$ or intracran\$ or intracerebral) adj5 (isch?emi\$ or infarct\$ or thrombo\$ or emboli\$ or occlus\$)).tw.

4. ((brain\$ or cerebr\$ or cerebell\$ or intracerebral or intracranial or subarachnoid) adj5 (haemorrhage\$ or hemorrhage\$ or haematoma\$ or hematoma\$ or bleed\$)).tw.
5. hemiplegia/ or exp paresis/
6. (hemipleg\$ or hemipar\$ or paresis or paretic).tw.
7. 1 or 2 or 3 or 4 or 5 or 6
8. depressive disorder/ or depressive disorder, major/ or depressive disorder, treatment-resistant/ or dysthymic disorder/ or Depression/ or exp Antidepressive Agents/
9. (depress\$ or dysthymi\$ or dysphor\$ or antidepress\$ or anti-depress\$).tw.
- 10.8 or 9
- 11.Randomized Controlled Trials as Topic/
- 12.random allocation/
- 13.Controlled Clinical Trials as Topic/
- 14.control groups/
- 15.clinical trials as topic/ or clinical trials, phase i as topic/ or clinical trials, phase ii as topic/ or clinical trials, phase iii as topic/ or clinical trials, phase iv as topic/
- 16.double-blind method/
- 17.single-blind method/
- 18.Placebos/
- 19.placebo effect/
- 20.cross-over studies/
- 21.Therapies, Investigational/
- 22.Drug Evaluation/
- 23.Research Design/
- 24.randomized controlled trial.pt.
- 25.controlled clinical trial.pt.
- 26.(clinical trial or clinical trial phase i or clinical trial phase ii or clinical trial phase iii or clinical trial phase iv).pt.
- 27.(random\$ or RCT or RCTs).tw.
- 28.(controlled adj5 (trial\$ or stud\$)).tw.
- 29.(clinical\$ adj5 trial\$).tw.
- 30.((control or treatment or experiment\$ or intervention) adj5 (group\$ or subject\$ or patient\$)).tw.
- 31.(quasi-random\$ or quasi random\$ or pseudo-random\$ or pseudo random\$).tw.
- 32.((control or experiment\$ or conservative) adj5 (treatment or therapy or procedure or manage\$)).tw.
- 33.((singl\$ or doubl\$ or tripl\$ or trebl\$) adj5 (blind\$ or mask\$)).tw.
- 34.(cross-over or cross over or crossover).tw.
- 35.(placebo\$ or sham).tw.
- 36.trial.ti.
- 37.(assign\$ or allocat\$).tw.
- 38.or/11-37
- 39.7 and 10 and 38
- 40.exp animals/ not humans.sh.
- 41.39 not 40
- 42.limit 41 to yr="2014 -Current"

Appendix 4. Search Review 2018: Embase

Search strategy for Embase, August 2018

1. cerebrovascular disease/ or basal ganglion hemorrhage/ or exp brain hematoma/ or exp brain hemorrhage/ or exp brain infarction/ or exp brain ischemia/ or exp carotid artery disease/ or cerebral artery disease/ or exp cerebrovascular accident/ or exp intracranial aneurysm/ or exp occlusive cerebrovascular disease/
2. stroke patient/ or stroke unit/
3. (stroke or poststroke or post-stroke or cerebrovasc\$ or brain vasc\$ or cerebral vasc\$ or cva\$ or apoplex\$ or SAH).tw.
4. ((brain\$ or cerebr\$ or cerebell\$ or intracran\$ or intracerebral) adj5 (isch?emi\$ or infarct\$ or thrombo\$ or emboli\$ or occlus\$)).tw.
5. ((brain\$ or cerebr\$ or cerebell\$ or intracerebral or intracranial or subarachnoid) adj5 (haemorrhage\$ or hemorrhage\$ or haematoma\$ or hematoma\$ or bleed\$)).tw.

6. hemiparesis/ or hemiplegia/
7. (hemipleg\$ or hemipar\$ or paresis or paretic).tw.
8. 1 or 2 or 3 or 4 or 5 or 6 or 7
9. depression/ or agitated depression/ or atypical depression/ or dysphoria/ or dysthymia/ or endogenous depression/ or involuntional
10. depression/ or late life depression/ or major depression/ or masked depression/ or reactive depression/ or recurrent brief depression/ or treatment resistant depression/ exp antidepressant agent/
11. (depress\$ or dysthymi\$ or dysphor\$ or antidepress\$ or anti-depress\$).tw.
12. 9 or 10 or 11
13. Randomized Controlled Trial/ or "randomized controlled trial (topic)"/
14. Randomization/
15. Controlled clinical trial/ or "controlled clinical trial (topic)"/
16. control group/ or controlled study/
17. clinical trial/ or "clinical trial (topic)"/ or phase 1 clinical trial/ or phase 2 clinical trial/ or phase 3 clinical trial/ or phase 4 clinical trial/
18. Crossover Procedure/
19. Double Blind Procedure/
20. Single Blind Procedure/ or triple blind procedure/
21. placebo/ or placebo effect/
22. (random\$ or RCT or RCTs).tw.
23. (controlled adj5 (trial\$ or stud\$)).tw.
24. (clinical\$ adj5 trial\$).tw.
25. ((control or treatment or experiment\$ or intervention) adj5 (group\$ or subject\$ or patient\$)).tw.
26. (quasi-random\$ or quasi random\$ or pseudo-random\$ or pseudo random\$).tw.
27. ((control or experiment\$ or conservative) adj5 (treatment or therapy or procedure or manage\$)).tw.
28. ((singl\$ or doubl\$ or tripl\$ or trebl\$) adj5 (blind\$ or mask\$)).tw.
29. (cross-over or cross over or crossover).tw.
30. (placebo\$ or sham).tw.
31. trial.ti.
32. (assign\$ or allocat\$).tw.
33. or/13-32
34. 8 and 12 and 33
35. (exp animals/ or exp invertebrate/ or animal experiment/ or animal model/ or animal tissue/ or animal cell/ or nonhuman/) not
36. (human/ or normal human/ or human cell/)
37. 34 not 35

Appendix 5. Search Review 2018: PsycINFO

Search strategy for PsycINFO, August 2018

1. cerebrovascular disorders/ or cerebral hemorrhage/ or exp cerebral ischemia/ or cerebral small vessel disease/ or cerebrovascular accidents/ or subarachnoid hemorrhage/
2. (stroke or poststroke or post-stroke or cerebrovasc\$ or brain vasc\$ or cerebral vasc\$ or cva\$ or apoplex\$ or SAH).tw.
3. ((brain\$ or cerebr\$ or cerebell\$ or intracran\$ or intracerebral) adj5 (isch?emi\$ or infarct\$ or thrombo\$ or emboli\$ or occlus\$)).tw.
4. ((brain\$ or cerebr\$ or cerebell\$ or intracerebral or intracranial or subarachnoid) adj5 (haemorrhage\$ or hemorrhage\$ or haematoma\$ or hematoma\$ or bleed\$)).tw.
5. hemiparesis/ or hemiplegia/
6. (hemipleg\$ or hemipar\$ or paresis or paretic).tw.
7. 1 or 2 or 3 or 4 or 5 or 6
8. major depression/ or dysthymic disorder/ or endogenous depression/ or reactive depression/ or recurrent depression/ or treatment resistant depression/ or atypical depression/ or "depression (emotion)"/
9. exp antidepressant drugs/
10. (depress\$ or dysthymi\$ or dysphor\$ or antidepress\$ or anti-depress\$).tw.
11. 8 or 9 or 10
12. clinical trials/ or treatment effectiveness evaluation/ or placebo/
13. treatment outcome clinical trial.md.

- 14.(random\$ or RCT or RCTs).tw.
- 15.(controlled adj5 (trial\$ or stud\$)).tw.
- 16.(clinical\$ adj5 trial\$).tw.
- 17.((control or treatment or experiment\$ or intervention) adj5 (group\$ or subject\$ or patient\$)).tw.
- 18.(quasi-random\$ or quasi random\$ or pseudo-random\$ or pseudo random\$).tw.
- 19.((control or experiment\$ or conservative) adj5 (treatment or therapy or procedure or manage\$)).tw.
- 20.((singl\$ or doubl\$ or tripl\$ or trebl\$) adj5 (blind\$ or mask\$)).tw.
- 21.(cross-over or cross over or crossover).tw.
- 22.(placebo\$ or sham).tw.
- 23.trial.ti.
- 24.(assign\$ or allocat\$).tw.
- 25.or/12-24
- 26.7 and 11 and 25

Appendix 6. Search Review 2018: CINAHL

Search strategy for CINAHL, August 2018

#	Query
S1	(MH“CerebrovascularDisorders”)OR (MH“Basal Ganglia CerebrovascularDisease+”) OR (MH“Carotid ArteryDiseases+”) OR (MH “Cerebral Ischemia+”) OR (MH “Cerebral Vasospasm”) OR (MH “Intracranial Arterial Dis-eases+”) OR (MH “Intracranial Embolism and Thrombosis”) OR (MH “Intracranial Hemorrhage+”) OR (MH “Stroke”) OR (MH “Vertebral Artery Dissections”)
S2	(MH “Stroke Patients”) OR (MH “Stroke Units”)
S3	TI (stroke or poststroke or post-stroke or cerebrovasc* or brain vas* or cerebral vas* or cva or apoplex or SAH) or AB (stroke or poststroke or post-stroke or cerebrovasc* or brain vas* or cerebral vas* or cva or apoplex or SAH)
S4	TI (brain* or cerebr* or cerebell* or intracran* or intracerebral) or AB (brain* or cerebr* or cerebell* or intracran* or intracerebral)
S5	TI (ischemi* or ischaemi* or infarct* or thrombo* or emboli* or occlus*) or AB (ischemi* or ischae-mi* or infarct* or thrombo* or emboli* or occlus*)
S6	S4 and S5
S7	TI (brain* or cerebr* or cerebell* or intracerebral or intracranial or subarachnoid) or AB (brain* or cerebr* or cerebell* or intracerebral or intracranial or subarachnoid)
S8	TI (haemorrhage* or hemorrhage* or haematoma* or hematoma* or bleed*) or AB (haemorrhage* or hemorrhage* or haematoma* or hematoma* or bleed*)
S9	S7 and S8
S10	(MH “Hemiplegia”)

(Continued)

S11	TI (hemipleg* or hemipar* or paresis or paretic) or AB (hemipleg* or hemipar* or paresis or paretic)
S12	S1 or S2 or S3 or S6 or S9 or S10 or S11
S13	(MH "Depression") OR (MH "Depression, Reactive") OR (MH "Dysthymic Disorder")
S14	(MH "Antidepressive Agents+")
S15	TI (depress* or dysthymi* or dysphor* or antidepress* or anti-depress*) OR AB (depress* or dysthymi* or dysphor* or antidepress* or anti-depress*)
S16	S13 OR S14 OR S15
S17	(MH "Randomized Controlled Trials") or (MH "Random Assignment") or (MH "Random Sample+")
S18	(MH "Clinical Trials") or (MH "Intervention Trials") or (MH "Therapeutic Trials")
S19	(MH "Double-blind Studies") or (MH "Single-Blind Studies") or (MH "Triple-Blind Studies")
S20	(MH "Control (Research)") or (MH "Control Group") or (MH "Placebos") or (MH "Placebo Effect")
S21	(MH "Crossover Design") OR (MH "Quasi-Experimental Studies")
S22	PT (clinical trial or randomized controlled trial)
S23	TI (random* or RCT or RCTs) or AB (random* or RCT or RCTs)
S24	TI (controlled N5 (trial* or stud*)) or AB (controlled N5 (trial* or stud*))
S25	TI (clinical* N5 trial*) or AB (clinical* N5 trial*)
S26	TI ((control or treatment or experiment* or intervention) N5 (group* or subject* or patient*)) or AB ((control or treatment or experiment* or intervention) N5 (group* or subject* or patient*))
S27	TI ((control or experiment* or conservative) N5 (treatment or therapy or procedure or manage*)) or AB((control or experiment* or conservative) N5 (treatment or therapy or procedure or manage*))
S28	TI ((singl* or doubl* or tripl* or trebl*) N5 (blind* or mask*)) or AB ((singl* or doubl* or tripl* or trebl*) N5 (blind* or mask*))
S29	TI (cross-over or cross over or crossover) or AB (cross-over or cross over or crossover)
S30	TI (placebo* or sham) or AB (placebo* or sham)
S31	TI trial
S32	TI (assign* or allocat*) or AB (assign* or allocat*)
S33	TI controls or AB controls
S34	TI (quasi-random* or quasi random* or pseudo-random* or pseudo random*) or AB (quasi-random* or quasi random* or pseudo-random* or pseudo random*)

(Continued)

S35	S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30 OR S31 OR S32 OR S33 OR S34 S36.S12 AND S16 AND S35
S36	S6 AND S16 AND S35

Appendix 7. Search Review 2018: Web of Science

Search strategy for Web of Science, August 2018

We searched the following indexes Science Citation Index Expanded (SCI-EXPANDED), Social Sciences Citation Index (SSCI), and Arts & Humanities Citation Index (A&HCI) within Web of Science, from January 2002 to August 2018.

#	Query
#1	TS=(stroke or post-stroke or post-stroke or cerebrovasc* or brain vasc* or cerebral vasc* or cva* or apoplex* or SAH)
#2	TS=((brain* or cerebr* or cerebell* or intracran* or intracerebral) NEAR/5 (isch\$emi* or infarct* or thrombo* or emboli* or occlus*))
#3	TS=((brain* or cerebr* or cerebell* or intracerebral or intracranial or subarachnoid) NEAR/5 (haemorrhage* or hemorrhage* or haematoma* or hematoma* or bleed*))
#4	TS=(hemipleg* or hemipar* or paresis or paretic or hemineglect or hemi-neglect)
#5	TS=((unilateral or spatial or hemi\$spatial or visual) NEAR/5 neglect)
#6	#5 OR #4 OR #3 OR #2 OR #1
#7	TS=(depress* or dysthymi* or dysphor* or antidepress* or anti-depress*)
#8	TS=(random* or RCT or RCTs)
#9	TS=(controlled NEAR/5 (trial* or stud*))
#10	TS=(clinical* NEAR/5 trial*)
#11	TS=((control or treatment or experiment* or intervention) NEAR/5 (group* or subject* or patient*))
#12	TS=(quasi-random* or quasi random* or pseudo-random* or pseudo random*)
#13	TS=((control or experiment* or conservative) NEAR/5 (treatment or therapy or procedure or manage*))
#14	TS=((singl* or doubl* or tripl* or trebl*) NEAR/5 (blind* or mask*))
#15	TS=(cross-over or cross over or crossover)
#16	TS=(placebo* or sham)
#17	TI=trial

(Continued)

#18	TS=(assign* or allocat*)
#19	TS=controls
#20	#8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 or #19
#21	#6 AND #7 AND #20

Appendix 8. Search Review 2018: Other sources

Additional searches

We searched the following conference abstracts and proceedings:

- European Stroke Conference (2011 to 2018)
- Stroke Society of Australasia Annual Scientific Meetings (2011 to 2017)
- World Stroke Congress (2000 to 2016)
- Asia Pacific Stroke Conference (2011 to 2017)

We also searched online clinical trials and research registers in August 2018

- www.ClinicalTrials.gov (<https://clinicaltrials.gov/>)

(depression OR low mood) AND (Brain Infarction OR Intracranial Hemorrhages OR Carotid Artery Diseases OR Brain Ischemia

OR Cerebral Hemorrhage OR Cerebrovascular Disorders OR Stroke)

- WHO International Clinical Trials Registry Platform (<https://www.who.int/ictrp/search/en/>)

Condition: stroke AND depression OR low mood

Recruitment status is: ALL

Phases are: ALL

Hide synonyms

- 9-52 DEPRESSIVE DISORDERS, BEREAVEMENT, DEPRESSED, DEPRESSED - SYMPTOM, DEPRESSED MOOD, DEPRESSED MOOD (FINDING), DEPRESSED MOOD (PHYSICAL FINDING), DEPRESSED STATE, DEPRESSIVE DIS, DEPRESSIVE DISORDER, DEPRESSIVE DISORDER (DISORDER), DEPRESSIVE DISORDER [DISEASE/FINDING], DEPRESSIVE DISORDER NOS, DEPRESSIVE DISORDER, NOS, DEPRESSIVE DISORDERS, DEPRESSIVE DISORDERS NOS, DEPRESSIVE ILLNESS, DEPRESSIVE NEUROSES, DEPRESSIVE NEUROSIS, DEPRESSIVE STATE, DEPRESSIVE STATENOS,DEPRESSIVE;DISORDER,DEPRESSIVE;NEUROSIS,DEPRESSIVE; STATE,DISORDER,DEPRESSIVE,DISORDER; DEPRESSIVE,DISORDERS,DEPRESSIVE,DYSTHYMIC DISORDER, FEELINGBLUE, FEELINGDOWN, FEELING; DOWN, LOW MOOD, MELANCHOLY, MISERABLE, MOOD DEPRESSED, MOOD DISORDER OF DEPRESSED TYPE, MOOD DISORDER OF DEPRESSED TYPE (DISORDER), MOROSE MOOD, NEUROSES, DEPRESSIVE, NEUROSIS, DEPRESSIVE, NEUROSIS; DEPRESSIVE, PUSH DOWN OR DEPRESS, STATE; DEPRESSIVE, depression - DEPRESSED, DEPRESSED MOOD, DEPRESSED MOOD (FINDING), DEPRESSED MOOD (PHYSICAL FINDING), FEELING BLUE, FEELING DOWN, FEELING;DOWN, MELANCHOLY, MOOD DEPRESSED, MOOD DEPRESSION, MOOD DEPRESSIONS,MOROSEMOOD, low mood - ACCIDENT CEREBROVASCULAR, ACCIDENT; CEREBRAL, ACCIDENT; CEREBROVASCULAR, APOPLEXY, APOPLEXY, CEREBROVASCULAR, APOPLEXY; CEREBRAL, BRAIN ATTACK, BRAIN VASCULAR ACCIDENT, BRAIN VASCULAR ACCIDENTS, CEREBRAL VASCULAR ACCIDENT, CEREBRAL VASCULAR EVENTS, CEREBRAL; ACCIDENT, CEREBRAL; APOPLEXY, CEREBROVASCULAR ACCIDENT, CEREBROVASCULAR ACCIDENT (DISORDER), CEREBROVASCULAR ACCIDENTNOS,CEREBROVASCULAR ACCIDENT, NOS, CEREBROVASCULAR ACCIDENTS, CEREBROVASCULAR APOPLEXY, CEREBROVASCULAR; ACCIDENT, CVA, CVA (CEREBRAL VASCULAR ACCIDENT), CVA (CEREBROVASCULARACCIDENT),CVANOS,CVAS (CEREBROVASCULAR ACCIDENT), NEURO: CEREBROVASCULAR ACCIDENT, VASCULAR ACCIDENT, BRAIN, VASCULAR ACCIDENTS, BRAIN, stroke

WHAT'S NEW

Date	Event	Description
13 August 2018	New citation required and conclusions have changed	There is very low-certainty evidence that pharmacological interventions may prevent depression and improve mood after stroke compared to placebo.
13 August 2018	New search has been performed	<p>New co-authors: SA, KC & C-FH</p> <p>New interventions included: combination psychological and pharmacological interventions versus a single intervention, and non-invasive brain stimulation interventions and the review title has been updated accordingly.</p> <p>The following additional outcomes: health-related quality of life (HRQoL), as measured on scales such as the 36-item short form questionnaire (SF-36, Ware 1993), proportion reporting dependence in self-care activities of daily living (ADL) on the Modified Rankin Scale (mRS, Rankin 1957) and principal caregiver HRQoL and stress have been removed in this update.</p> <p>Six new trials, with 417 participants included in the review. A total of 19 trials (21 interventions), with 1771 participants, are included in the review. Data were available for 12 pharmacological trials (14 interventions) and seven psychological therapy trials.</p> <p>Covidence was used to collate and screen identified titles and abstracts.</p> <p>MH extracted additional data from previously included trials.</p> <p>The searches for the review were completed to 13 August 2018.</p>

HISTORY

Protocol first published: Issue 3, 2002

Review first published: Issue 2, 2004

Date	Event	Description
18 March 2008	Amended	Converted to new review format.
30 January 2008	New citation required and conclusions have changed	Substantive amendment.
30 January 2008	New search has been performed	Two new trials have been added: one pharmacological intervention making a total of 10 pharmacological trials (12 comparisons), and one psychological intervention making a total of four trials. Seven trials require more information before they can be assessed for inclusion in the review (down from 14 in the previous version). Seven trials appear to meet review inclusion criteria but information is not available in a format suitable for pooling. Four trials are ongoing (up from two in the previous version).

CONTRIBUTIONS OF AUTHORS

SA: contributed to writing the review, completed title screening and inclusion/exclusion review, extracted data, performed the meta-analyses and GRADE assessment.

KC: completed title screening and inclusion/exclusion review and data extraction.

CFH: assisted with obtaining, translating and extracting data from Chinese language studies for the current updated review.

AH: conceived the idea for the review, contributed to the development, writing, and editing of the protocol, and undertook the work necessary to complete the 2004 and 2008 versions of the review, and edited this update.

MH: contributed to the development, writing, and editing of the protocol and undertook the work necessary to complete the 2004 and 2008 version of the review, and edited each review update.

DECLARATIONS OF INTEREST

SA: none known

KC: none known

C-FH: none known

AH: none known

MH: none known

SOURCES OF SUPPORT

Internal sources

- The George Institute for International Health, Australia

External sources

- Stroke Society of Australasia, Overseas Study Scholarship, Australia
- Academic Unit of Psychiatry, University of Leeds, UK
- Department of Clinical Neurosciences, University of Edinburgh, UK
- Clinical Trials Research Unit, University of Auckland, New Zealand

DIFFERENCES BETWEEN PROTOCOL AND REVIEW

In this update, we expanded the review to include non-invasive brain stimulation such as 1) transcranial magnetic stimulation or repetitive transcranial magnetic stimulation (TMS or rTMS, where a magnetic 'coil' is placed near the head of the person receiving the treatment without making physical contact); 2) transcranial direct current stimulation (tDCS, where a constant, low current is delivered directly to the brain area of interest via small electrodes); 3) cranial electrotherapy stimulation (CES, where a small, pulsed electric current is applied across a person's head); and 4) magnetic seizure therapy (MST), a type of convulsive therapy that involves replacing the electrical stimulation used in electroconvulsive therapy (ECT) with a rapidly alternating strong magnetic stimulation. We also expanded it to include combination interventions with single interventions.

We have removed the following additional outcomes from this update: health-related quality of life (HRQoL), as measured on scales such as the 36-item short form questionnaire (SF-36); proportion reporting dependence in self-care activities of daily living (ADL) on the Modified Rankin Scale (mRS); and principal caregiver HRQoL and stress, as few trials included these data. Trials with these endpoints are included in other Cochrane Reviews.

INDEX TERMS

Medical Subject Headings (MeSH)

Affect; Depression [*prevention & control]; Depressive Disorder [*prevention & control]; *Psychotherapy; Randomized Controlled Trials as Topic; Stroke [*psychology]

MeSH check words

Humans